

**Heather Greenwood**  
**College of Tropical Agriculture and Human Resources**  
**Department of Family and Consumer Sciences**  
**FTE Distribution: 100% Extension**

**Education**

<u>Degree</u>	<u>University</u>	<u>Major</u>
B.S.	Utah State University	Family and Consumer Science
M.S.G.	Virginia Commonwealth University	Gerontology

**Lifetime and Fellow Achievement Awards**

Maui County Administrator’s Award for Mentoring. Recipient: Heather Greenwood. 2016

Na Lima Kokua Award, Research/Teaching. Recipient: Heather Greenwood. Award Sponsor: Hawaii Pacific Gerontological Society. 2014

Elderhood Project Award, Education Category. Recipient: Hi`i Na Kupuna Coalition. Award Sponsor KHON2. December 2011

Elderhood Project Award, Support Category. Recipient: ‘Ohana Caregivers Team. Award Sponsor: KHON2. December 2011

Southern Region Internet Education Technology, 1<sup>st</sup> place. Recipients: Heather Greenwood and Jennifer Abel. Award Sponsor: National Extension Association of Family and Consumer Science, Southern Region. 2005

National Internet Education Technology, 3<sup>rd</sup> place. Recipients: Heather Greenwood and Jennifer Abel. Award Sponsor: National Extension Association of Family and Consumer Science. 2005

**Professional Appointments**

<u>Title</u>	<u>Employer</u>	<u>Dates Employed</u>
Associate Extension Agent	University of Hawaii at Manoa	2013-Present
Visiting Extension Associate	Penn State University	2014-2015
Assistant Extension Agent	University of Hawaii at Manoa	2008-2013
Extension Agent	Virginia Tech	2008
Associate Extension Agent	Virginia Tech	2001-2008
National Program Director	Financial Literacy 2001	2000-2001
Extension Educator	Utah State University	1999-2000

**Courses Taught**

Note: Extension Agent Faculty teaching responsibilities include informal or community-based education and does not include course instruction time. UHM Criteria and Guidelines for Tenure/Promotion, Appendix B, Supplemental Guidelines for Librarians, Specialists, or Extension Agents outlines teaching responsibilities as “developing effective teaching tools, learning aids, teaching materials, simulations, etc., to be used in teaching, presentations, and workshops.” As such, “UHM Courses Taught” section excludes Extension faculty teaching responsibilities and contributions.

**Publications**

**Book Chapters**

Yancura, L. A., & Greenwood, H., (2013). Raising grandchildren as an expression of Native Hawaiian Cultural Values. In B. Hayslip and G. Smith (Eds.), Resilient Grandparent Caregivers: A Strengths-Based Perspective. Routledge.

**Conference Proceedings**

Yancura, L. A., Riggs, N., Fruhauf, C., Greenwood, H., Ooki, N., & Fox, A. Preliminary Results from a Program Designed to Foster Resilience Skills in Youth Raised By Their Grandparents. In Society for Prevention Research 28th Annual Meeting. SPR.

Lown, J.M., Low, R., Greenwood, H. (1999). Bankruptcy Education in Utah. Proceedings of Association for Financial Counseling and Planning Education.

#### Refereed Journal Publications

Eng, S., Sustarsic, M., Ooki, N., Greenwood, H., & Hanakawa, C. (2023). Maximizing the First-Year Planning Period for Scholarly Publications: Implications for Prospective CYFAR Grant Recipients. *The Journal of Extension*, 61(1), Article 4. <https://doi.org/10.34068/joe.61.01.04>

Fruhauf, C. A., Yancura, L. A., Greenwood-Junkermeier, H., Riggs, N. R., Fox, A. L., Mendoza, A. N., & Ooki, N. (2022). Lessons from the Field. Community-based participatory research: The important role of university–community partnerships to support grandfamilies. *Family Relations*.

Fruhauf, C. A., Mendoza, A. N., Fox, A. L., Greenwood-Junkermeier, H., Riggs, N. R., & Yancura, L. A. (2022). Positive Health Behavior Changes in Custodial Grandparents and Grandchildren Following an Intervention. *International Journal of Environmental Research and Public Health*, 19(7), 4027.

Fruhauf, C. A., Mendoza, A. N., Fox, A. L., Greenwood-Junkermeier, H., Riggs, N. R., & Yancura, L. A. (2022). Positive Health Behavior Changes in Custodial Grandparents and Grandchildren Following an Intervention. *International Journal of Environmental Research and Public Health*, 19(7), 4027.

Fruhauf, C. A., Yancura, L. A., Greenwood, H., Riggs, N. R., Fox, A. L., Mendoza, A. N., & Ooki, N. (2020). The importance of family-focused and strengths-based approaches to interventions for grandfamilies. *Journal of Family Theory & Review*, 12(4), 478-491.

Kaplan, M., Greenwood, H., Bradley, L. (2019). Unlocking the potential of older adult volunteers: The Intergenerational Leadership Institute Model as a resource for bolstering Extension. *Journal of Extension*, 57(5). <https://joe.org/joe/2019october/a3.php>

Yancura, L., Greenwood, H., & Fruhauf, C. A. (2017). “These classes have been my happy place”: Feasibility study of a self-care program in Native Hawaiian custodial grandparents. *Asian/Pacific Island Nursing Journal*, 2(3), 103-109. <https://doi.org/10.9741/23736658.1062>

Yancura, L., Fruhauf, C. A., & Greenwood, H. (2016). Recognizing Microaggressions: A Framework for Helping Grandfamilies. *GrandFamilies: The Contemporary Journal of Research, Practice and Policy*, 3 (1). Available at: <http://scholarworks.wmich.edu/grandfamilies/vol3/iss1/6>

Greenwood, H. (2013). Building an Intergenerational Workforce on Maui. *Journal for Intergenerational Relationships*. Community Profile.

Mendelsen, M., Larson, C.E., & Greenwood, H. (2011). Intergenerational Shared Sites in Hawaii. *Journal for Intergenerational Relationships*, 9(4), 445-451.

#### Extension Publications

Greenwood, H. (Present-2013). Maui News, Monthly Aging Matters Column.

- October 21, 2023, Prevention is key as we enter flu season, <https://www.mauinews.com/news/community-news/2023/10/prevention-is-the-key-as-we-enter-flu-season-2/>
- August 19, 2023, Crisis management resources for Maui caregivers <https://www.mauinews.com/news/community-news/2023/08/crisis-management-resources-for-maui-caregivers/>
- June 17, 2023, Keep foods outside the temperature danger zone,

- <https://www.mauinews.com/news/community-news/2023/06/keep-foods-outside-the-temperature-danger-zone/>
- May 20, 2023, Managing caregiver stress, <https://www.mauinews.com/news/local-news/2023/05/managing-caregiver-stress/>
  - February 18, 2023, Seasoning foods without added salt, <https://www.mauinews.com/news/community-news/2023/02/seasoning-foods-without-added-salt/>
  - January 2023
  - December 17, 2022, The relationship between daily steps and dementia risk, <https://www.mauinews.com/news/community-news/2022/12/the-relationship-between-daily-steps-and-dementia-risk/>
  - November 19, 2022, Finding your identity beyond caregiving, <https://www.mauinews.com/news/community-news/2022/11/finding-your-identity-beyond-caregiving/>, coauthored with Chad Junkermeier, UHMC/STEM Dept
  - September 17, 2022, Prevention is the key as we enter flu season, <https://www.mauinews.com/news/community-news/2022/09/prevention-is-the-key-as-we-enter-flu-season/>
  - August 20, 2022, Vaccine news and recommendations for adults, <https://www.mauinews.com/news/community-news/2022/08/vaccine-news-and-recommendations-for-adults/>, coauthored with Brooke Dollin
  - July 16, 2022, Reading brings benefits for all adults, <https://www.mauinews.com/news/community-news/2022/07/reading-brings-benefits-for-all-ages/>
  - June 18, 2022, Organizing, reviewing important documents, <https://www.mauinews.com/news/community-news/2022/06/organizing-reviewing-important-documents/>
  - April 16, 2022, Reconnect with others through exercise, <https://www.mauinews.com/news/community-news/2022/04/reconnect-with-others-through-exercise/>
  - February 19, 2022, Grow your own superfood, <https://www.mauinews.com/news/community-news/2022/02/grow-your-own-superfood/>, coauthored with Rosemary Guitierrez-Coarite, CTAHR/TPSS
  - January 15, 2022, Begin the new year with gardening, <https://www.mauinews.com/news/community-news/2022/01/begin-the-new-year-with-gardening/>, coauthored with Christine Bradish, CTAHR-DHHL faculty
  - December 18, 2021, Agriculture, stress, and age, <https://www.mauinews.com/news/community-news/2021/12/agriculture-stress-and-age/>
  - November 20, 2021, Supporting caregivers during the holidays, <https://www.mauinews.com/news/community-news/2021/11/supporting-caregivers-during-the-holidays/>
  - October 16, 2021, What bright spots have you found during the pandemic? <https://www.mauinews.com/news/community-news/2021/10/what-bright-spots-have-you-found-during-the-pandemic/>
  - September 18, 2021, How can technology be used to preserve your family’s stories? <https://www.mauinews.com/news/community-news/2021/09/how-can-technology-be-used-to-preserve-your-familys-stories/>
  - August 21, 2021, Who was part of your village?, <https://www.mauinews.com/opinion/columns/2021/08/who-was-part-of-your-village/>
  - July 17, 2021, How to prevent health care fraud, <https://www.mauinews.com/news/community-news/2021/07/how-to-prevent-health-care-fraud/>
  - June 19, 2021, Start now to stop strokes, <https://www.mauinews.com/news/community-news/2021/06/start-now-to-stop-strokes/>
  - May 15, 2021, Universal design for kupuna and keiki, <https://www.mauinews.com/news/community-news/2021/05/universal-design-for-kupuna-and-keiki/>
  - April 17, 2021, Combating a double pandemic of loneliness, <https://www.mauinews.com/news/community-news/2021/04/combating-a-double-pandemic-of-loneliness/>
  - March 20, 2021, Clinical research – What is it and how does it benefit older adults? <https://www.mauinews.com/news/community-news/2021/03/clinical-research-what-is-it-and-how-does-it-benefit-older-adults/>
  - February 20, 2021, Turmeric – Have we struck gold? [HDFS Student News Article], <https://www.mauinews.com/news/community-news/2021/02/turmeric-have-we-struck-gold/>, co-written

- with Tara Salima, UH Manoa student
- January 16, 2021, Are crosswords good for brain health? <https://www.mauinews.com/news/community-news/2021/01/are-crosswords-good-for-brain-health/>
  - December 19, 2020, How does resilience impact well-being as people age?, <https://www.mauinews.com/news/community-news/2020/12/how-does-resilience-impact-well-being-as-people-age/>
  - November 21, 2020, Make gardening an intergenerational affair, <https://www.mauinews.com/news/community-news/2020/11/make-gardening-an-intergenerational-affair/>, coauthored with Jennifer Hawkins, UH-CTAHR/TPSS
  - October 17, 2020, Ulu connects young and old in tale about Pele [HDFS Student News Article], <https://www.mauinews.com/news/community-news/2020/10/ulu-connects-young-and-old-in-tale-about-pele/>, co-authored with Christina Kaleiwahea, UH Manoa student
  - September 19, 2020, Agencies tackling changing needs of caregivers, <https://www.mauinews.com/news/community-news/2020/09/agencies-tackling-changing-needs-of-caregivers/>
  - August 15, 2020, Consider credible sources for information about vaccines, <https://www.mauinews.com/news/community-news/2020/08/consider-credible-sources-for-information-about-vaccines/>
  - July 18, 2020, 10 steps to hurricane season preparedness, <https://www.mauinews.com/news/community-news/2020/07/10-steps-to-hurricane-season-preparedness/>
  - June 20, 2020, Hula is truly for the heart, <https://www.mauinews.com/news/community-news/2020/06/hula-is-truly-for-the-heart/>, co-authored with Lindsay Saito, UH Manoa student
  - May 16, 2020, Virtual village supports Maui's caregivers, <https://www.mauinews.com/news/community-news/2020/05/virtual-village-supports-mauis-caregivers/>
  - April 18, 2020, Laughter is not just nice; it's necessary for health, <https://www.mauinews.com/life/pau-hana/2020/01/workshop-series-for-those-on-lifelong-quest-for-strong-brains/>
  - March 21, 2020, Social distancing: the who, what, when, where and why, <https://www.mauinews.com/life/pau-hana/2020/03/social-distancing-the-who-what-when-where-and-why/>
  - February 15, 2020, Importance of hand-washing: a tale of two diseases, <https://www.mauinews.com/life/pau-hana/2020/02/importance-of-hand-washing-a-tale-of-two-diseases/>
  - January 18, 2020, Workshop series for those on lifelong quest for strong brains, <https://www.mauinews.com/life/pau-hana/2020/01/workshop-series-for-those-on-lifelong-quest-for-strong-brains/>
  - December 21, 2019, Positive thinking can be a learning process, <https://www.mauinews.com/life/pau-hana/2019/12/positive-thinking-can-be-a-learning-process/>
  - November 16, 2019, Keeping foods safe for all ages this holiday season, <https://www.mauinews.com/life/pau-hana/2019/11/keeping-foods-safe-for-all-ages-this-holiday-season/>
  - October 19, 2019, Maui's Annual Family Caregivers Conference fast approaching, <https://www.mauinews.com/life/pau-hana/2019/10/mauis-annual-family-caregivers-conference-fast-approaching/>, co-authored with Heavenly Quintero, UHMC student intern
  - September 21, 2019, International day of older persons is celebrated on Oct 1., <https://www.mauinews.com/news/community-news/2019/09/international-day-of-older-persons-is-celebrated-on-oct-1/>
  - July 20, 2019, Savor time with grandchildren before the start of school year, <https://www.mauinews.com/news/community-news/2019/07/savor-time-with-grandchildren-before-the-start-of-school-year/>, co-authored with Nancy Ooki, UH-CTAHR
  - June 16, 2019, Challenge your brain to help ward off dementia, <https://www.mauinews.com/news/community-news/2019/06/challenge-your-brain-to-help-ward-off-dementia/>
  - May 19, 2019, Conversations to have when determining one's ability to drive, <https://www.mauinews.com/news/community-news/2019/05/conversations-to-have-when-determining-ones-ability-to-drive/>
  - April 21, 2019, Volunteer work can be fulfilling and healthful, <https://www.mauinews.com/news/community-news/2019/04/volunteer-work-can-be-fulfilling-and-healthful/>

- March 17, 2019, Eyesight is related to cognitive health, <https://www.mauinews.com/opinion/columns/2019/03/eyesight-is-related-to-cognitive-health/>
- February 17, 2019, Healthy habits can lower the risk of heart disease, <https://www.mauinews.com/news/community-news/2019/02/healthy-habits-can-lower-the-risk-of-heart-disease/>
- January 20, 2019, Seven-part series on brain health will begin on Thursday, <https://www.mauinews.com/news/community-news/2019/01/seven-part-series-on-brain-health-will-begin-on-thursday/>, co-authored with Christine Spencer, Alzheimer’s Association
- December 16, 2018, Hand washing, eating right among steps to help prevent flu, <https://www.mauinews.com/news/community-news/2018/12/hand-washing-eating-right-among-steps-to-help-prevent-flu/>
- November 18, 2018, Advance directives communicate important health care wishes, <https://www.mauinews.com/news/community-news/2018/11/advance-directives-communicate-important-health-care-wishes/>
- October 21, 2018, Conference provides caregivers with information and tools, <https://www.mauinews.com/news/community-news/2018/10/conference-provides-caregivers-with-information-and-tools/>
- September 16, 2018, Include advance directives as part of preparedness plan, <https://www.mauinews.com/news/community-news/2018/09/include-advance-directives-as-part-of-preparedness-plan/>
- August 19, 2018, Universal design makes homes easier for all ages, <https://www.mauinews.com/news/community-news/2018/08/universal-design-makes-homes-easier-for-all-ages/>
- July 15, 2018, Reduce the risk of heat-related problems this summer, <https://www.mauinews.com/news/community-news/2018/07/reduce-the-risk-of-heat-related-problems-this-summer/>
- June 17, 2018, Bicycling an excellent form of exercise, <https://www.mauinews.com/news/community-news/2018/06/bicycling-an-excellent-form-of-exercise/>
- May 20, 2018, The word “FAST” used to recognize stroke and how to react, <https://www.mauinews.com/news/community-news/2018/05/the-word-fast-used-to-recognize-stroke-and-how-to-react/>
- April 15, 2018, Osteoporosis affects both genders, <https://www.mauinews.com/news/community-news/2018/04/osteoporosis-affects-both-genders/>
- March 18, 2018, Program to introduce GRANDcares Youth Club on April 5, <https://www.mauinews.com/news/community-news/2018/03/program-to-introduce-grandcares-youth-club-on-april-5/>
- February 18, 2018, These steps can help protect a person’s heart, <https://www.mauinews.com/news/community-news/2018/02/these-steps-can-help-protect-a-persons-heart/>
- January 21, 2018, Feeling out of joint? Resources may help, <https://www.mauinews.com/news/community-news/2018/01/feeling-out-of-joint-resources-may-help/>
- December 17, 2017, Holiday stress management tips for ohana caregivers, <https://www.mauinews.com/news/community-news/2017/12/holiday-stress-management-tips-for-ohana-caregivers/>
- November 19, 2017, Consider promoting brain health when selecting gifts, <http://www.mauinews.com/news/community-news/2017/11/consider-promoting-brain-health-when-selecting-gifts/>
- October 15, 2017, 16<sup>th</sup> Maui Family Caregiver’s Conference set for November 2, <http://www.mauinews.com/news/community-news/2017/10/16th-maui-family-caregivers-conference-set-for-nov-2/>
- September 17, 2017, Safe use of prescription and nonprescription medication, <http://www.mauinews.com/news/community-news/2017/09/safe-use-of-prescription-and-nonprescription-medication/>
- July 16, 2017, Fun, safe and inexpensive activities to enjoy with grandchildren, <http://www.mauinews.com/news/community-news/2017/07/fun-safe-and-inexpensive-activities-to-enjoy-with-grandchildren/>, co-authored with Tara Sabado, Sue Kiang, Frances Yamamoto, County of Maui Parks

- and Recreation Division; I contributed 75% to writing and editing
- May 21, 2017, Is it forgetfulness or something else?, <http://www.mauinews.com/news/community-news/2017/05/is-it-forgetfulness-or-something-else/>
  - April 16, 2017, Food safety: Rat lungworm and beyond, <http://www.mauinews.com/news/community-news/2017/04/food-safety-rat-lungworm-and-beyond/>
  - March 19, 2017, Bridging the technology generation gap can bring families closer, <http://www.mauinews.com/news/community-news/2017/03/bridging-the-technology-generation-gap-can-bring-families-closer/>, co-authored with Nancy Ooki, UH-CTAHR
  - February 19, 2017, Adequate sleep is an important key to brain health, <http://www.mauinews.com/news/community-news/2017/02/adequate-sleep-is-an-important-key-to-brain-health/>, co-authored with Lynsey Capone-Smith, Alzheimer’s Association
  - January 15, 2017, NIA website a ‘one stop shop’ for the science of aging, <http://www.mauinews.com/news/community-news/2017/01/nia-website-a-one-stop-shop-for-the-science-of-aging/>
  - December 18, 2016, Grandparents don’t have to be experts to help students, <http://www.mauinews.com/news/community-news/2016/12/grandparents-dont-have-to-be-experts-to-help-students/>, co-authored with Dr. Chad Junkermeier
  - November 20, 2016, Technology provides more options for caregivers, <http://www.mauinews.com/news/community-news/2016/11/technology-provides-more-options-for-caregivers/>
  - October 16, 2016, Become familiar with caregiver resources at conference, <http://www.mauinews.com/news/community-news/2016/10/become-familiar-with-caregiver-resources-at-conference/>
  - September 18, 2016, Agriculture business succession is multifaceted in Maui County, <http://www.mauinews.com/news/community-news/2016/09/agriculture-business-succession-is-multifaceted-in-maui-county/>, co-authored with Kylie Wong, UH-CTAHR; I contributed 80% to writing and editing
  - August 21, 2016, Gardening enriches us physically, mentally and spiritually, <http://www.mauinews.com/news/community-news/2016/08/gardening-enriches-us-physically-mentally-and-spiritually/>, co-authored with Dr. Cynthia Nazario-Leary, UH-CTAHR
  - July 17, 2016, Getting grandchildren ready for school year, <http://www.mauinews.com/news/community-news/2016/07/getting-grandchildren-ready-for-school-year/>
  - June 19, 2016, What is your Medicare IQ? As of 12/2017, article url was broken
  - May 15, 2016, Managing blood pressure a key to staying healthy, <http://www.mauinews.com/news/community-news/2016/05/managing-blood-pressure-a-key-to-staying-healthy/>
  - April 17, 2016, Record, archive experiences of Pearl Harbor survivors with app, <http://www.mauinews.com/news/community-news/2016/04/record-archive-experiences-of-pearl-harbor-survivors-with-app/>
  - March 20, 2016, Dietary approaches serve to maximize health in later life, <http://www.mauinews.com/news/community-news/2016/03/dietary-approaches-serve-to-maximize-health-in-later-life/>
  - February 21, 2016, Resources for families headed by grandparents, other relatives, <http://www.mauinews.com/news/community-news/2016/02/resources-for-families-headed-by-grandparents-other-relatives/>
  - January 17, 2016, Brown bag lunch series will promote brain health, <http://www.mauinews.com/news/community-news/2016/01/brown-bag-lunch-series-will-promote-brain-health/>, co-authored with Lynsey Capone-Smith, Alzheimer’s Association; I contributed 60% to writing and editing
  - December 20, 2015, Grow your own herbs to flavor food, <http://www.mauinews.com/news/community-news/2015/12/grow-your-own-herbs-to-flavor-food/>, co-authored with Dr. Cynthia Nazario-Leary, UH-CTAHR
  - November 15, 2015, Season without extra sugar, salt, <http://www.mauinews.com/news/community-news/2015/11/season-without-extra-sugar-salt/>
  - October 18, 2015, There’s no place like home: Aging in place can be a reality for many adults

- September 20, 2015, Two laws help grandfamilies at school and doctor’s office, <http://www.mauinews.com/news/community-news/2015/09/two-laws-help-grandfamilies-at-school-and-doctor-s-office/>
- August 16, 2015, Exploring long-term care options in Maui County, <http://www.mauinews.com/news/community-news/2015/08/exploring-long-term-care-options-in-maui-county/>
- July 19, 2015, Keep your smile! Dental health matters, <http://www.mauinews.com/news/community-news/2015/07/keep-your-smile-dental-health-matters/>, co-written with Joyce Yamada
- June 21, 2015, Are you a caregiver?, As of 12/2017, the url was broken for this article
- May 17, 2015, Proper eye care is important as people age, <http://www.mauinews.com/news/community-news/2015/05/proper-eye-care-is-important-as-people-age/>
- April 19, 2015, Happiness linked with health, longevity, <http://www.mauinews.com/news/community-news/2015/04/happiness-linked-with-health-longevity/>
- February 15, 2015, Organizing important documents, <http://www.mauinews.com/news/community-news/2015/02/organizing-important-documents-significant-task-for-all-adults/>
- January 18, 2015, Creating a health history, <http://www.mauinews.com/news/community-news/2015/01/creating-a-health-history/>
- December 21, 2014, Reduce caregiver-related stress during the holidays, <http://www.mauinews.com/news/community-news/2014/12/reduce-caregiver-related-stress-during-the-holidays/>
- November 16, 2014, Lifestyle changes can reduce the risk of diabetes, <http://www.mauinews.com/news/community-news/2014/11/lifestyle-changes-can-help-reduce-the-risk-of-diabetes/>
- October 19, 2014, Oral history: Bringing the generations together, <http://www.mauinews.com/news/community-news/2014/10/oral-history-bringing-the-generations-together/>
- September 21, 2014, Doctor-patient collaboration important, <http://www.mauinews.com/news/community-news/2014/09/doctor-patient-collaboration-important/>
- August 17, 2014, Safety and side effects a concern with dietary supplements, <http://www.mauinews.com/news/community-news/2014/08/safety-and-side-effects-a-concern-with-dietary-supplements/>
- July 20, 2014, Changes in skin naturally occur with age, <http://www.mauinews.com/news/community-news/2014/07/changes-in-the-skin-naturally-occur-with-age/>
- June 15, 2014, Quiz answers questions about aging process, <http://www.mauinews.com/news/community-news/2014/06/quiz-answers-questions-about-aging-process/>
- May 18, 2014, Include bone-healthy activities in everyday life, <http://www.mauinews.com/news/community-news/2014/05/include-bone-healthy-activities-in-everyday-life/>
- April 20, 2014, Seniors can combat fraud with prevention strategies, <http://www.mauinews.com/news/community-news/2014/04/seniors-can-combat-fraud-with-prevention-strategies/>
- March 16, 2014, Community resources can improve our quality of life, <http://www.mauinews.com/news/community-news/2014/03/community-resources-can-improve-our-quality-of-life/>
- February 16, 2014, Identify behaviors linked with lower heart disease risks, <http://www.mauinews.com/news/community-news/2014/02/identify-behaviors-linked-with-lower-heart-disease-risks/>
- January 19, 2014, Advance directives: Communicating health care wishes, <http://www.mauinews.com/news/community-news/2014/01/advance-directives-communicating-health-care-wishes/>
- December 15, 2013, Staying healthy during the flu season and beyond, <http://www.mauinews.com/news/community-news/2013/12/staying-healthy-during-the-flu-season-and-beyond/>
- November 17, 2013, Recognizing and taking action on signs of a stroke, <http://www.mauinews.com/news/community-news/2013/11/recognizing-and-taking-action-on-signs-of-a->

- [stroke/](#)
- October 20, 2013, Devices make aging in place more possible, <http://www.mauinews.com/news/community-news/2013/10/devices-make-aging-in-place-more-possible/>
- September 15, 2013, Training program focuses on caregiver’s needs, <http://www.mauinews.com/news/community-news/2013/09/training-program-focuses-on-the-caregiver-s-needs/>
- August 18, 2013, Post-retirement volunteering benefits everyone in community, <http://www.mauinews.com/news/community-news/2013/08/post-retirement-volunteering-benefits-everyone-in-community/>
- July 21, 2013, The changing face of the sandwich generation, <http://www.mauinews.com/news/community-news/2013/07/aging-matters-the-changing-face-of-the-sandwich-generation/>
- May 19, 2013, Exercise isn’t just for youth, <http://www.mauinews.com/news/community-news/2013/05/aging-matters-exercise-isn-t-just-for-youth/>
- April 21, 2013, Fall risks can be reduced with good planning and communication, <http://www.mauinews.com/news/community-news/2013/04/aging-matters-fall-risks-can-be-reduced-with-good-planning-communication/>
- March 16, 2013, Strategies for caregivers to manage and relieve stress, <http://www.mauinews.com/news/community-news/2013/03/aging-matters-strategies-for-caregivers-to-manage-relieve-stress/>
- February 17, 2013, Increased life expectancy brings challenges and opportunities, <http://www.mauinews.com/news/community-news/2013/02/aging-matters-increased-life-expectancy-brings-challenges-and-opportunities/>

Hampton, M., Greenwood, H., and Cristobal, H. 2023. *2020-2021 Hawai‘i Intergenerational Extension Programs Needs Assessment Report*. University of Hawaii Cooperative Extension Service. [Bulletin] <https://www.ctahr.hawaii.edu/oc/freepubs/pdf/CF-16.pdf>

Greenwood, H., Hawkins, J., Akahoshi, K., Cristobal, H., Hampton, M., Keach, J., Kirk, E., & Ooki, N. (2023). *‘Ohana Garden & Grindz: Garden Guide. 3rd Edition*. University of Hawai‘i at Mānoa. [Teaching Curriculum]

Greenwood, H., Hawkins, J., Kirk, E., Keach, J., Cristobal, H., Hampton, M., Akahoshi, K., & Ooki, N. 2023. *‘Ohana Garden Guide: ‘Ohana Garden & Grindz Participant Manual*. University of Hawai‘i at Mānoa. Ho`olehua, HI. [Participant workbook]

Greenwood, H., Hawkins, J., Kirk, E., Keach, J., Cristobal, H., Hampton, M., Akahoshi, K., & Ooki, N. 2023. *‘Ohana Kitchen Companion: ‘Ohana Garden & Grindz Participant Manual*. University of Hawai‘i at Mānoa. Ho`olehua, HI. [Participant workbook]

Fujita, L.A. & Greenwood, H. (2022). Covid 19 Vaccine for Children. [Vaccine resource article]

Fujita, L.A. & Greenwood, H. (2022). Long-term health effects of COVID 19 in Children [Vaccine resource article]

Fujita, L.A. & Greenwood, H. (2022). Myocarditis and pericarditis after COVID-19 vaccination [Vaccine resource article]

Fujita, L.A. & Greenwood, H. (2022). Combination COVID-19 & flu? [Vaccine resource article]

Greenwood, H., Hawkins, J., Akahoshi, K., Cristobal, H., Hampton, M., Keach, J., Kirk, E., & Ooki, N. (2022). *‘Ohana Garden & Grindz: Virtual family-based garden to table curriculum, 2<sup>nd</sup> Edition*. University of Hawai‘i at Mānoa. Ho`olehua, HI. [Teaching Curriculum]

Greenwood, H., & Hawkins, J. (2020). *‘Ohana Garden & Grindz: Virtual, 1<sup>st</sup> Edition*. University of Hawai‘i at Mānoa. Ho`olehua, HI. [Teaching Curriculum]



- Greenwood, H., Capone-Smith, L., Maddan, S., & Spencer, C. (2019, updated). *Brain Health: Research based strategies correlated with lower risk of developing Alzheimer's disease and other dementias*. University of Hawai'i at Mānoa and Alzheimer's Association Aloha Chapter. Kahului, HI. [Train the Trainer Manual]
- Greenwood, H., Junkermeier, C.E., & Nakamura-Tengan, L. (2019). *Science & Math of the Kitchen: A STEM course for new generation students*. University of Hawai'i at Mānoa and University of Hawai'i Maui CollegeTrio Upward Bound. Kahului, HI. [Teaching Curriculum]
- Greenwood, H., & Hawkins, J. (2018). *Gardens & Grindz: An intergenerational approach to developing gardening and culinary skills to improve health*. University of Hawai'i at Mānoa. Ho'olehua, HI. [Teaching Curriculum]
- Greenwood, H., Nazario-Leary, C., Wong, K., Shimabuku, R., Caires, K., Cox, L., Jacintho, W., Wong, W., Russell, S., Bonar, D., Nichols, B., Yamamura, K., Ganske-Cerizo, Watanabe, W., Hashimoto, C. (2017). *Traditions to Transitions: Secure your family farm and agriculture business for the future*. University of Hawai'i at Mānoa. Kahului, HI. [Participant Manual]
- Greenwood, H., Capone-Smith, L., & Maddan, S. (2017). *Brain Health: Research based strategies correlated with lower risk of developing Alzheimer's disease and other dementias*. University of Hawai'i at Mānoa & Alzheimer's Association Aloha Chapter. Kahului, HI. [Train the Trainer Curriculum].
- Greenwood, H. (2017-2015). Maui Family Magazine News, Article in Kupuna Section
- July 2017, Celebrating GRANDparents
  - January 2017, Nurturing relationships when distance separates grandparents and grandchildren
  - July 2016, Laws that help grandfamilies
  - April 2016, What is your Aging IQ?
  - January 2016, Kupuna Brain Power (Brain Health)
  - October 2015, Give the Gift of `Ohana (Oral History)
  - July 2015, Papa and Tutu are Grand!
- Greenwood, H., Nestlerode, R. and Mincemoyer, C. (2015). *Grandparents Raising Grandchildren: Online Professional Development Training for Early Care and Education Professionals* (49 pp). Better Kids Care. Penn State University. State College, PA. Available on the web at <http://extension.psu.edu> [Online Extension Training].
- Kaplan, M., & Greenwood, H. (2015). *The Intergenerational Leadership Institute: Replication Manual*. Penn State Extension. State College, PA. [Extension Curriculum].
- Greenwood, H. & Abel, J. (2015). *Kids Marketplace: An Interactive Simulation-Based Curriculum Based on National Standards for Elementary School Economics Education*. Virginia Cooperative Extension. Blacksburg, VA. [Extension Curriculum].
- Greenwood, H. & HNK Coalition. (2015-2009). Hi'i Na Kupuna Newsletter. <http://www.ctahr.hawaii.edu/maui/IGnews.aspx>. [Extension Newsletter].
- Volume 7, Issues 1 & 2 (2015)
  - Volume 6, Issues 1 (2014)
  - Volume 5, Issues 1 & 2 (2013)
  - Volume 4, Issues 1, 2 & 3 (2012)
  - Volume 3, Issues 1, 2 & 3 (2011)
  - Volume 2, Issues 1, 2 & 3 (2010)
  - Volume 1, Issues 1 & 2 (2009)
- Greenwood, H. & HNK Coalition (2012). Laws that Help Grandfamilies. 'Ohana Caregiver Brochure. <http://www.ctahr.hawaii.edu/ohanacaregivers/downloads/LawsThatHelp.pdf>. [Extension Publication].

- Greenwood, H. & HNK Coalition. (2012). Hi'i Na Kupuna Coalition 2010–2011 Needs Assessment Report. [http://www.ctahr.hawaii.edu/maui/downloads/news/HNK\\_Needs\\_Assessment\\_Report\\_Feb\\_2012.pdf](http://www.ctahr.hawaii.edu/maui/downloads/news/HNK_Needs_Assessment_Report_Feb_2012.pdf). [Extension Report].
- Greenwood, H. (2012). On the Bookshelf Programs: Adapted Intergenerational Financial and Nutritional Literacy Curriculum for Preschools in Hawaii. [Curriculum].
- Chow, P., Cheang, M., & Yancura, L., Greenwood, H. (2011). Home Management Tips for Caregivers. Building Support for Family Caregivers in the Workplace. 'Ohana Caregivers Brochure. <https://www.ctahr.hawaii.edu/ohanacaregivers/downloads/HomeManagement2011.pdf>. [Extension Publication].
- Greenwood, H., Chow, P., Cheang, M., & Yancura, L. (2011). 101 Ideas for Managing Caregiver Stress. Building Support for Family Caregivers in the Workplace. 'Ohana Caregivers Brochure. <http://www.ctahr.hawaii.edu/ohanacaregivers/downloads/101tips2011.pdf>. [Extension Publication].
- Greenwood, H., Chow, P., Cheang, M., & Yancura, L. (2011). Resource Guide for 'Ohana Caregivers Who Care for Older Adults. Building Support for Family Caregivers in the Workplace Project. 'Ohana Caregivers Brochure. <http://www.ctahr.hawaii.edu/ohanacaregivers/downloads/ResourceGuide2011.pdf>. [Extension Publication].
- Greenwood, H., Chow, P., Cheang, M., & Yancura, L. (2011). Caring for the Caregiver. Building Support for Family Caregivers in the Workplace. 'Ohana Caregivers Brochure. <http://www.ctahr.hawaii.edu/ohanacaregivers/downloads/CaringforCaregivers2011.pdf>. [Extension Publication].
- Greenwood, H. (2011). Aging Simulation: An Adaptation of the Texas A&M Simulation Curriculum. [Extension Curriculum].
- Greenwood, H. (2010). Ka Aha: Weaving Generations to Build Healthy Communities. [Extension Publication series].
- IA-1 Connecting Generations Through Intergenerational Programs (<http://www.ctahr.hawaii.edu/oc/freepubs/pdf/IA-1.pdf>)
  - IA-4 Connecting Generations Through Outdoor Activities (<http://www.ctahr.hawaii.edu/oc/freepubs/pdf/IA-4.pdf>)
  - IA-10 Connecting Generations Through Mental Workouts (<http://www.ctahr.hawaii.edu/oc/freepubs/pdf/IA-10.pdf>)
- Greenwood, H. (2010). Kahea Hanauna: Lanai Intergenerational Telephone Reassurance Project Program Manual. [Participant Manual].
- Greenwood, H. (2007). More Than Crosswords: Strategies to Maintain Brain Health in Late Life. [Extension Curriculum].
- Greenwood, H., Forrester, M., Hyland, H., & Jones, L. (2007). Active Aging: Chronic Disease Prevention and Management in Later Life. [Extension Curriculum].
- Greenwood, H. (2004). My Money: 6 Part Newsletter Series for Low Literacy Audience. VCE Publications 354-073 through 354-078. [Extension Publication Series].
- Lesson 1, Where Do I Begin? - <http://www.ext.vt.edu/pubs/family/354-073/354-073.html>
  - Lesson 2, Spending Leaks - <http://www.ext.vt.edu/pubs/family/354-074/354-074.html>
  - Lesson 3, Where Does All The Money Go? - <http://www.ext.vt.edu/pubs/family/354-075/354-075.html>
  - Lesson 4, Credit Reports - <http://www.ext.vt.edu/pubs/family/354-076/354-076.html>
  - Lesson 5, Spending Plans - <http://www.ext.vt.edu/pubs/family/354-077/354-077.html>
  - Lesson 6, Putting It All Together - <http://www.ext.vt.edu/pubs/family/354-078/354-078.html>

Creative Works (i.e., Extension Videos, Websites, Blogs, Creative Designs and Exhibitions, etc.)

Fruhauf, C., Greenwood-Junkermeier, H, Yancura, L., Riggs, N. (2020). Strengths of the GRANDcares Programming – Reflections from the Project Team. [Service Provider Webinar]. Available at: <https://grandcares.colostate.edu/for-service-providers/> or [https://www.youtube.com/watch?v=PhOYAfSXR84&feature=emb\\_logo](https://www.youtube.com/watch?v=PhOYAfSXR84&feature=emb_logo)

Ooki, N., Greenwood-Junkermeier, H., Leary, J., Nagata, N., Nakamura-Tengan, L., Nazario-Leary, C., Shimabuku, R. (2015). Maui Fair Extension presentations. [Video File]. Available at: <http://manoa.hawaii.edu/ctahr/dia/wp-content/uploads/County-Fair-2015.mp4>

GRANDcares Hawaii (previously Hi'i Na Kupuna Coalition), <http://www.facebook.com/grandcareshawaii>

Powerful Tools for Caregivers Hawaii, <http://www.facebook.com/PTCHawaii>

Leadership Roles (Committees, Boards, Advisory, etc.)

St. Anthony Senior Project Mentor, 2019

Screening Committee Chair, Extension Agent Youth/Intergenerational, West Hawaii, 2019

Co-Chair, FCS Department Personnel Committee, 2019

Hi'i Na Kupuna Coalition for Grandparents Raising Grandchildren in Maui, Member 2008, Chair 2009–Present

Ho‘oikaika Partnership, Member 2019

Member, FCS Department Personnel Committee, Present-2014

Kansha Intergenerational Preschool, Board of Directors, Member 2016–2012, Vice President 2016-2013

Council on Aging, Maui County Office on Aging, Member 2016–2011 term

Na Hoaloha (Faith in Action community agency serving family caregivers), Board of Directors, Member 2014–2009, Secretary 2014–2010

Screening Committee Member, Extension Agent Youth Development, Maui, 2015

Screening Committee Chair, Maui County Administrator, 2014–2013

Screening Committee Member, Volunteer & Youth Development Specialist, 2014–2013

Aging With Aloha Coalition (advocacy organization for improved long term care in Maui County), Core Leadership Team member 2011– 2009

**Graduate Students**

Note: Extension Agent Faculty teaching responsibilities include informal or community-based education and does not include course instruction or graduate student advising. As such, “Graduate Students” section excludes Extension faculty teaching and student mentoring responsibilities.

<u>Category</u>	<u>Current Number of Students</u>	<u>Number Graduated (Career)</u>
<i>Preceptor, Master’s Degree</i>	0	4

**Grant Support**

Title of Grant: Sage Heart: Growing and Using Fresh Culinary Herbs as a Dietary and Lifestyle Approach to Health

for Middle Age and Older Adults in Maui County  
Source of Grant: Maui County Department of Agriculture  
Total Dollar Value: \$29,185  
Dates of Grant: January 1, 2024 – December 31, 2024  
Role (PI, CoPI): Principal Investigator/Project Manager

Title of Grant: S.T.E.A.M. on the Bookshelf: Introducing Maui’s families to Science, Technology, Engineering, Agriculture, and Mathematics through literature and experiential learning.  
Source of Grant: Maui County Office of Economic Development  
Total Dollar Value: \$26,194  
Dates of Grant: January 1, 2023 – December 31, 2023  
Role (PI, CoPI): Principal Investigator/Project Manager

Title of Grant: Multigenerational Gardening Education as a Strategy to Address Self-Sufficiency for Households in Hana, Lanai City, and Kula  
Source of Grant: Maui County Office of Economic Development  
Total Dollar Value: \$19,467  
Dates of Grant: January 1, 2022 – May 30, 2023  
Role (PI, CoPI): Co-Principal Investigator/Project Manager

Title of Grant: Vaccinate with Confidence, Hawaii  
Source of Grant: eXtension Foundation  
Total Dollar Value: \$24,178  
Dates of Grant: May 1, 2021 – October 31, 2022  
Role (PI, CoPI): Principal Investigator

Title of Grant: ‘Ohana Garden & Grindz: Addressing the Spread of SARS-CoV-2 Through Virtual Family-based Agriculture Education Aimed at Decreasing Food Insecurity in Rural Hawai‘i  
Source of Grant: United States Department of Agriculture – National Institute of Food and Agriculture / Rural Health and Safety Education  
Total Dollar Value: \$350,000  
Dates of Grant: 09/01/2021 – 08/31/2023  
Role (PI, CoPI): Principal Investigator

Title of Grant: Agriculture Education as a Tool to Address COVID-19 Food Insecurity of Molokai’s Families  
Source of Grant: Maui County Office of Economic Development  
Total Dollar Value: \$11,114  
Dates of Grant: January 2021-December 2021  
Role (PI, CoPI): Co-Principal Investigator/Project Manager

Title of Grant: Creating a Village for Transition into Adulthood through Youth-Adult Partnerships, Teen Mentoring, and Community Sustainability  
Source of Grant: United States Department of Agriculture - National Institute of Food and Agriculture Children, Youth and Families At Risk (CYFAR)  
Total Dollar Value: \$640,000  
Dates of Grant: September 2019-August 2024  
Role (PI, CoPI): Co-Principal Investigator

Title of Grant: Agriculture Education as a Tool to Mitigate Chronic Disease Risk Factors in Molokai’s Multigenerational Families  
Source of Grant: Maui County Office of Economic Development  
Total Dollar Value: \$15,500  
Dates of Grant: January 2020-December 2020  
Role (PI, CoPI): Co-Principal Investigator/Project Manager

Title of Grant: Responding to the Business Planning Needs of Maui’s Agriculture-Related Business Owners and

Operators

Source of Grant: Maui County Office of Economic Development

Total Dollar Value: \$3,598

Dates of Grant: January 2019-December 2020

Role (PI, CoPI): Co-Principal Investigator/Project Manager

Title of Grant: Perpetuating land stewardship, healthy living, food security and cultural connections with Moloka`i's intergenerational homestead families

Source of Grant: Maui County Office of Economic Development

Total Dollar Value: \$2,729

Dates of Grant: July 2018-December 2018

Role (PI, CoPI): Co-Principal Investigator/Project Manager

Title of Grant: Increasing Extension Outreach Through Volunteer Development

Source of Grant: CTAHR Extension Smith-Lever Funds

Total Dollar Value: \$60,000

Dates of Grant: October 2015-September 2020

Role (PI, CoPI): Principal Investigator

Title of Grant: Succession Planning for Maui's Agriculture-related Businesses

Source of Grant: Maui County Office of Economic Development

Total Dollar Value: \$6,000

Dates of Grant: March 2015-February 2016

Role (PI, CoPI): Principal Investigator

Title of Grant: GRANDcares Program: Colorado State University & University of Hawaii at Manoa

Source of Grant: United States Department of Agriculture - National Institute of Food and Agriculture Children, Youth and Families At Risk (CYFAR)

Total Dollar Value: \$1,300,000

Dates of Grant: July 2015-June 2020

Role (PI, CoPI): Co-Principal Investigator

Title of Grant: Expansion of Foster Grandparent Program & Intergenerational Programs in Maui County

Source of Grant: Hawaii Department of Human Services, Foster Grandparent Program

Total Dollar Value: \$10,000

Dates of Grant: January 2012-December 2012

Role (PI, CoPI): Principal Investigator

Title of Grant: Intergenerational and Aging Programs

Source of Grant: County of Maui, Office of Economic Development

Total Dollar Value: \$6,700

Dates of Grant: October 2010-September 2011

Role (PI, CoPI): Co-Principal Investigator

Title of Grant: Implementation of Foster Grandparent Program on Maui

Source of Grant: Hawaii Department of Human Services, Foster Grandparent Program

Total Dollar Value (Your share of the grant value): \$10,000

Dates of Grant: January 2010-December 2011

Role (PI, CoPI): Principal Investigator

Title of Grant: UH Cares: Building Support for Caregivers in the Workplace

Source of Grant: CTAHR-HATCH funds

Total Dollar Value (Your share of the grant value): \$60,000

Dates of Grant: October 2018-September 2011

Role (PI, CoPI): Co-Principal Investigator

Title of Grant: Intergenerational and Aging Programs  
Source of Grant: County of Maui, Office of Economic Development  
Total Dollar Value: \$6,000  
Dates of Grant: October 2009-September 2010  
Role (PI, CoPI): Co-Principal Investigator

Title of Grant: Grant Writing Workshop Travel Grant  
Source of Grant: USDA/CSREES  
Total Dollar Value: \$1,200  
Dates of Grant: September 2008  
Role (PI, CoPI): Principal Investigator

### **Presentations at Conferences**

Title: Supporting Program Quality: Communicating 24/7 without Working 24/7  
Authors: (presenter noted by \*): \*Ooki, N., \*Greenwood, H., Eng, S. Sustarsic, M., Hanakawa, C., Somilleda, A., Nakao, K.  
Name of Conference: CYFAR Professional Development Event  
Location: Phoenix, AZ  
Date of Presentation: May 23, 2023

Title: Capitalizing on the past through multigenerational knowledge as a way to sustain the future of food security through the 'Ohana Garden & Grindz Program  
Authors: (presenter noted by \*): \*Kouao, L., \*Greenwood, H., Sustarsic, M., Eng, S., Hawkins, J., Hampton, M., Cristobal, H.  
Name of Conference: Oceania Comparative and International Education Society (OCIES)  
Location: Virtual  
Date of Presentation: November 10, 2022

Title: Youth Development in the Pacific: A Decade in Review  
Authors: (presenter noted by \*): \*Sustarsic, M., Eng, S., Ooki, N., Greenwood, H.  
Name of Conference: Comparative & International Education Society (CIES) conference  
Location: Virtual  
Date of Presentation: April 19, 2022

Title: Extremely Online  
Authors (presenter noted by \*): \*Ooki, N., \*Greenwood-Junkermeier, H.  
Name of Conference: CYFAR PDTA Professional Development Conference  
Location: Virtual (COVID-19)  
Date of Presentation: June 11, 2021

Title: GRANDcares Youth Club Curriculum  
Authors (presenter noted by \*): \*Ooki, N., \*Greenwood-Junkermeier, H., Fruhauf, C. and Yancura, L.  
Name of Conference: NAE4HYDP Annual Conference  
Location: Virtual (COVID19)  
Date of Presentation: October 21, 2020

Title: Maximizing the first year planning opportunity for potential scholarly publications: The evaluation team approach  
Authors (presenter noted by \*): \*Eng, S., \*Sustarsic, M., \*Ooki, N., \*Greenwood, H., and \*Hanakawa, C.  
Name of Conference: CYFAR PDTA Professional Development Conference  
Location: Virtual (COVID19)  
Date of Presentation: October 11, 2020

Title: In Loving Arms: The Protective Role of Grandparents and Other Relatives Raising Grandchildren  
Authors (presenter noted by \*): \*Ooki, N., \*Greenwood-Junkermeier, H., \*Fruhauf, C. and Yancura, L.  
Name of Conference: Generations United International Conference 2019

Location: Portland, OR  
Date of Presentation: June 2019

Title: The GRANDcares Project: Programs for grandparents, grandchildren, and service providers  
Authors (presenter noted by \*): \*Greenwood-Junkermeier, H., & \*Bailey, S, \*Fruhauf, C.A., Yancura, L.  
Name of Conference: Generations United International Conference 2017  
Location: Milwaukee, WI  
Date of Presentation: June 2017

Title: Powerful Tools for Caregivers: An evidence-based program for family caregivers and grandfamily audiences  
Authors (presenter noted by \*): \*Greenwood-Junkermeier, H., \*Bailey, S., Fruhauf, C.A., Yancura, L., Mendoza, A.N., Shannon, K. & Congleton, L.  
Name of Conference: Annual Conference of the National Extension Association for Family and Consumer Science  
Location: Big Sky, MT  
Date of Presentation: September 2016

Title: Intergenerational leadership institute: Training older adult volunteers and building organizational capacity  
Authors (presenter noted by \*): \*Greenwood-Junkermeier, H. & \*Kaplan, M.  
Name of Conference: Generations United International Conference 2015  
Location: Honolulu, HI  
Date of Presentation: July 2015

Title: Intergenerational leadership institute: Advanced training for older adult volunteers  
Authors (presenter noted by \*): \*Kaplan, M. & \*Greenwood-Junkermeier, H.  
Name of Conference: 2015 National Extension Volunteerism Conference  
Location: Portland, ME  
Date of Presentation: March 2015

Title: Better Kid Care: Online Resources to Support Grandparents Raising Grandchildren  
Authors (presenter noted by \*): \*Greenwood-Junkermeier, H. & Mincemoyer, C.  
Name of Conference: Generations United International Conference 2015  
Location: Honolulu, HI  
Date of Presentation: July 2015

Title: Maui's Island-Style Approach to Creating Resources & Support for Grandfamilies  
Authors (presenter noted by \*): \*Circle, N. & \*Greenwood, H.  
Name of Conference: American Society on Aging Annual Conference  
Location: Chicago, IL  
Date of Presentation: March 2013

Title: Hawai'i's Intergenerational Strategies: Meeting Kupuna and Keiki Needs  
Authors (presenter noted by \*): \*Greenwood, H., \*Circle, N., \*Meahl, E., & \*Larson, C.  
Name of Conference: Hawaii Pacific Gerontological Society 17th Biennial Conference  
Location: Honolulu, HI  
Date of Presentation: September 2012

Title: The Foster Grandparent Program: Engaging Minds Preschool to Late Life  
Authors (presenter noted by \*): Greenwood, H.  
Name of Conference: Hawaii Association for the Education of Young Children, 2012 Maui Chapter Conference  
Location: Kahului, HI  
Date of Presentation: March 2012

Title: Building Support for Family Caregivers in the Workplace  
Authors (presenter noted by \*): \*Greenwood, H. & \*Kutara, P.  
Name of Conference: National Extension Association of Family and Consumer Science 2011 Annual Conference  
Location: Albuquerque, NM

Date of Presentation: September 2011

Title: Unique Professional Development Opportunities that Link Agents Across State Lines

Authors (presenter noted by \*): \*Greenwood, H., \*Converse, D., \*Headlee, K., \*Miller, B.M., \*Ross, M., \*Toelle, S.

Name of Conference: National Extension Association of Family and Consumer Science 2011 Annual Conference

Location: Albuquerque, NM

Date of Presentation: September 2011

Title: Promoting Financial Literacy through Intergenerational Programs

Authors (presenter noted by \*): \*Greenwood, H. & \*Abel, J.

Name of Conference: Generations United International Conference 2011

Location: Washington, DC

Date of Presentation: July 2011

Title: Hi'i Na Kupuna: Creating Cultural Competency for Professionals Working with Relative Caregivers

Authors (presenter noted by \*): \*Greenwood, H. & HNK Coalition

Name of Conference: Generations United International Conference 2011

Location: Washington, DC

Date of Presentation: July 2011

Title: Care Coordination and Caregiver Training. Building Hawaii's Rural Healthcare Teams

Authors (presenter noted by \*): \*Greenwood, H., \*Bissell, J., \*Mau, L., \*Circle, N.

Name of Conference: 2011 Hawaii State Rural Health Association Conference

Location: Kahului, HI

Date of Presentation: September 2011

Title: Money & Nutrition on the Bookshelf: A Curriculum That Combines Intergenerational Play and Literacy

Authors (presenter noted by \*): \*Greenwood, H.

Name of Conference: Hawaii Association for the Education of Young Children, 2011 Maui Chapter Conference

Location: Kula, HI

Date of Presentation: March 2011

Title: Building Support for Caregivers in the Workplace

Authors (presenter noted by \*): \*Cheang, M., \*Yancura, L., \*Kutara, P., & \*Greenwood, H.

Name of Conference: Hawaii Pacific Gerontological Society Biennial Conference

Location: Honolulu, HI

Date of Presentation: September 2010

Title: Programs and Resources for Hawaii's Caregivers: Grandparents Raising Grandchildren and Adults Caring for Aging 'Ohana

Authors (presenter noted by \*): \*Greenwood, H., \*Circle, N., \*Fuji-Foo, M., & \*Taylor, V.

Name of Conference: Hawaii Pacific Gerontological Society Biennial Conference

Location: Honolulu, HI

Date of Presentation: September 2010

Title: JumpStarting a Statewide Intergenerational Initiative: Lessons from the Rainbow State of Hawaii

Authors (presenter noted by \*): \*Greenwood, H.

Name of Conference: Generations United International Conference 2009

Location: Washington, DC

Date of Presentation: June 2009

Title: Active Aging: Chronic Disease Prevention and Management in Later Life

Authors (presenter noted by \*): \*Greenwood, H. & \*Forrester, M.

Name of Conference: Virginia Cooperative Extension Winter Conference

Location: Charlottesville, VA



Date of Presentation: January 2007

Title: Northern District Family and Consumer Science Evaluation Project Panel Discussion

Authors (presenter noted by \*): \*Forrester, M., \*Kastan, C., \*Jones, L., \*Samuel, B., \*Stevens, J. & \*Greenwood, H.

Name of Conference: Virginia Cooperative Extension Winter Conference

Location: Charlottesville, VA

Date of Presentation: January 2007

### **Selected Extension Presentations & Training**

Greenwood-Junkermeier, H. & Spencer, C. (2021, January 27-July 29). Brain Health: Research-based strategies that correlate with lower risk for dementia in later life. Online workshop series. Kahului, HI.

Ooki, N. and Greenwood-Junkermeier, H. (2020, February 8). GRANDcares youth club curriculum facilitator training. Hybrid in-person/online training workshop for curriculum delivery. Honolulu, HI.

Greenwood-Junkermeier, H. & Spencer, C. (2020, January 31-February 1). Powerful Tools for Caregivers Class Leader Training. Train the trainer workshop for PTC class leader facilitators. Pearl City, HI.

Ooki, N. and Greenwood-Junkermeier, H. (2019, March 20-21). GRANDcares youth club curriculum facilitator training supervision. Supervision of training by recently certified master facilitator. Fort Collins, CO.

Ooki, N. and Greenwood-Junkermeier, H. (2019, March 10). GRANDcares youth club master facilitator certification. Train the trainer workshop for curriculum delivery. Fort Collins, CO.

Ooki, N. and Greenwood-Junkermeier, H. (2019, March 18-19). GRANDcares youth club curriculum facilitator training. Training workshop for curriculum delivery. Pearl City, HI.

Greenwood-Junkermeier, H. & Spencer, S. (2019, Mar 15-16). Powerful Tools for Caregivers Class Leader Training. Train the trainer workshop for PTC class leader facilitators. Pearl City, HI.

Ooki, N. and Greenwood-Junkermeier, H. (2018, October 8-9). GRANDcares youth club curriculum facilitator training. Training workshop for curriculum delivery. Waimea, HI.

Greenwood-Junkermeier, H. & Bratton, A. (2018, Aug 16-17). Powerful Tools for Caregivers Class Leader Training. Train the trainer workshop for PTC class leader facilitators. Waimea, HI.

Ooki, N. and Greenwood-Junkermeier, H. (2018, March 6-8). GRANDcares youth club curriculum facilitator training. Training workshop for curriculum delivery. Fort Collins, CO.

Ooki, N. and Greenwood-Junkermeier, H. (2018, February 24-25). GRANDcares youth club curriculum facilitator training. Training workshop for curriculum delivery. Kahului, HI.

Greenwood-Junkermeier, H. & Circle, N. (2017, Aug 25-26). Powerful Tools for Caregivers Class Leader Training. Train the trainer workshop for PTC class leader facilitators. Kahului, HI.

Greenwood-Junkermeier, H. & Murray, R. (2017, June 3 & 10). Powerful Tools for Caregivers Class Leader Training. Train the trainer workshop for PTC class leader facilitators. Kailua-Kona, HI.

Greenwood-Junkermeier, H. & Bell, J. (2016, June 16-17). Powerful Tools for Caregivers Class Leader Training. Train the trainer workshop for PTC class leader facilitators. Kailua-Kona, HI.

Greenwood-Junkermeier, H. & Circle, N. (2016, Feb 4-5). Powerful Tools for Caregivers Class Leader Training. Train the trainer workshop for PTC class leader facilitators. Kahului, HI.

Greenwood, H. & PTC Class Leaders (2014-2009). Powerful Tools for Caregivers: 6-Week Community Education

Series for Family Caregivers. 28 series completed throughout Maui County.

Greenwood, H., Couch, K., Mau, L., Valdez, C. (2010). Powerful Tools for Caregivers. 2010 Annual Maui Caregivers Conference: Caring for Others, Caring for Ourselves.

Greenwood, H., Circle, N., Taylor, V. (2014-2011). Class Leader Certification: Powerful Tools for Caregivers. Six 2-day certification trainings completed on Maui, Molokai, Big Island, and Oahu.

Greenwood, H. (2015-2010). Foster Grandparent Program Inservice Trainings.

- August 14, 2015, Brain Health: Building Cognitive Reserve
- April 25, 2014, Fall Prevention
- February 27, 2014, Stroke Awareness
- January 17, 2014, Five Wishes: Aging with Dignity
- November 15, 2013, Consumer Fraud and Identity Theft
- August 9, 2013, Assistive Technology: Strategies for helping older adults to age in place
- March 22, 2013, Who Gets Grandma's Yellow Pie Plate: The Distribution of Non-Titled Property
- February 28, 2013, Understanding the different generations
- June 15, 2012, Learning Disabilities
- May 28, 2012, Stress Management
- April 20, 2012, First Aid training
- February 17, 2012, Adult Health
- November 18, 2011, Small Steps to Health and Wealth
- October 20, 2011, Building Cognitive Reserve: An Approach to Reducing the Risk of Alzheimer's
- February 18, 2011, Helping Children Gain Positive Self Concept
- January 21, 2011, Media and the Developing Child
- October 20, 2010,
- September 17, 2010, Aging and Disability awareness for children and adults
- July 23, 2010, Brain development across the lifespan
- April 9, 2010, Cultural Competency

Greenwood, H. (2012-2011). Who Gets Grandma's Yellow Pie Plate: Transfer of Non-Titled Property, University of Minnesota Cooperative Extension Curriculum. Six presentations: 3 inservice/professional development training, 3 community workshops.

Ariyoshi, D., Shaneff, I., & Greenwood, H. (2012-2010). Foster Grandparent Program Volunteer Training. October 5-19, 2009, June 13-27, 2011 & May 14-June 4, 2012 in Kahului, HI.

Greenwood, H. & Nakamura-Tengan, L. (2011-2010). Fun Food Fridays: An Intergenerational Approach to Science and Math in the Kitchen. 4 Community Workshop Series in Kahului, HI on Oct 23-Nov 6, 2009, Jan 29-Feb 12, 2010, Nov 1-29, 2010, April 5 – May 6, 2010.

Greenwood, H. (2011). Understanding Sensory Changes with Aging. 4 Community Workshops held in Lahaina, Hana, and Kahului, HI and Kahului, HI on May 18, June 16, June 25, September 16 respectively.

Greenwood, H., Circle, N., & Taylor, V. (2011). Powerful Tools for Caregivers Class Leader Training.

- Honolulu, HI. September 9-10, 2011
- Kahului, HI. June 6-7, 2011

Greenwood, H. (2011). Intergenerational Communication in the Workforce. Two professional development trainings, June 28 & August 9, 2011 in Kahului & Wailuku, HI respectively.

Greenwood, H. (2010). Intergenerational & Aging Programs in Maui County. Study and Learn Intergenerational Tour. Kahului, HI. October 20, 2010.

- Greenwood, H. (2010). Intergenerational Programming: Professional Development Workshop. Nisei Veteran Memorial Center, Wailuku, HI. April 21, 2010.
- Greenwood, H. (2010). Intergenerational Financial Management. Wailuku, HI. January 22, 2010.
- Greenwood, H. (2009). Intergenerational Programs – How Can They Help My School? District PCNC Inservice Training. Kahului, HI. March 19, 2009.
- Greenwood, H. (2009). Grandparent and ‘Ohana Caregivers in Maui County. Maui County Caregivers Conference. Kahului, HI. November 19, 2009.
- Greenwood, H. (2009). Kahea Hanauna: Lanai Intergenerational Telephone Reassurance Project Volunteer Training. 12/11/2009, Lanai City, HI.
- Greenwood, H. & Gachuhi, A. (2009). Intergenerational Gardening: Hale Makua-St Anthony Grade School. Wailuku, HI. May 1–29, 2009.
- Greenwood, H. (2008). Intergenerational Communication: Communicating with Family, Friends, and Others. Maui County Correctional Center. Kahului, HI. August 11-September 22, 2008.