Monica K. Esquivel

**College of Tropical Agriculture and Human Resources**

Department of Human Nutrition, Food and Animal Sciences

FTE Distribution: 35% I; 0% R; 30% E; 35%A

**Education**

**Degree University Major**

Bachelors San Diego State University Foods and Nutrition

Masters California State University Northridge Nutrition, Dietetics and Food

Science

PhD University of Hawaii at Manoa Nutrition

**Professional Appointments**

**Title Employer Dates Employed**

Assistant Professor University of Hawaii at Manoa July 2017 - Present

Dietetics Program Director University of Hawaii at Manoa July 2017 - Present

Nutrition Instructor University of Hawaii at Manoa Fall 2015 - June 2017

Junior Researcher, University of Hawaii at Mano a February 2016 - June 2016

Department of Human Nutrition, Food and Animal Sciences

Junior Researcher, University of Hawaii at Manoa May 2015 - February 2016

Children’s Healthy Living Program

Nutrition Instructor, University of Hawaii at Manoa Summer 2015 - Present

Children’s Healthy Living Summer Institute

Undergraduate Student University of Hawaii at Manoa Summer 2016

Fellow Mentor,

Child Health Assessment in the Pacific Undergraduate Summer Fellowship Program

Graduate Research Assistant, University of Hawaii at Manoa August 2012 - May 2015

Children’s Healthy Living Program

**Courses Taught**

* FSHN 185 - The Science of Human Nutrition (3 credit hours)
* FSHN 467 - Medical Nutrition Therapy I
* FSHN 468 - Medical Nutrition Therapy II
* FSHN 492 - Field Experience

**Publications (reverse chronological order)**

**Refereed Journal Publications**

McElfish PA, Ayers B, Purvis R, Long CR, Sinclair K, Esquivel M, Steelman S. Best practices for community-engaged participatory research with Pacific Islander communities in the USA and USAPI: protocol for a scoping review. BMJ Open. 2018; 8 (1).

Esquivel MK, Fialkowski MK, Aflague T, Novotny R. Engaging Head Start Teachers on Wellness Policy Implementation to Improve the Nutrition and Physical Activity Environment in Head Start Classrooms: A Qualitative Study of the Children’s Healthy Living Program (CHL) in Hawai‘i. *Journal of Family Medicine and Community Health.* 2016.

Esquivel M. Nutritional Assessment and Intervention to Prevent and Treat Malnutrition for Fall Risk Reduction in Elderly Populations. American Journal of Lifestyle Medicine. 2018: 12 (2).

Esquivel MK, Nigg C, Fialkowski MK, Braun K, Li F, Novotny R. Head Start Wellness Policy Intervention in Hawai‘i: A project of the Children’s Healthy Living Program (CHL). *Childhood Obesity*. 2016; 12 (1).

Esquivel MK, Nigg C, Fialkowski JK, Braun K, Li F, Novotny R. Influence of teachers’ personal health behaviors on operationalizing obesity prevention policy in Head Start preschools: A project of the Children’s Healthy Living Program (CHL). *Journal for Nutrition Education and Behavior.* 2016; 48 (5).

McElfish PA, Purvis RS, Esquivel MK, Sinclair KA, Townsend Ing C, Hawley NL, Haggard-Duff LK, Kaholokula JK. Diabetes disparities and promising interventions to address diabetes in Native Hawaiian and Pacific Islander populations. [Under Review]

Esquivel MK, Aflague T, Yamanaka A, Leon Guerrero R, Coleman P, Fleming T, Shallcross L, Fialkowski M, Davis J, Boushey C, Wilkens L, Novotny R. AFRI Diet Quality and Overweight or Obesity Status of Children in Preschool Settings in the US Affiliated Pacific Region- Children’s Healthy Living Program. Childhood Obesity. [Under Review]

**Published Abstracts**

Experimental Biology (San Diego, California) 2016

Poster Presentation: *Validity of Head Start teacher height and weight measurements, BMI and child growth assessments: training needs for longitudinal tracking.*

Experimental Biology (Boston, Massachusetts) 2015

Oral Presentation: *Comparing growth assessments using CDC and WHO reference data in Native Hawaiian Pacific Islander children: baseline data from the Children’s Healthy Living Program (CHL) in Hawaiʻi*

Poster Presentation: *Wellness policy and the Head Start environment: the moderating role of Head Start teachers in the Children’s Healthy Living (CHL) program in Hawai‘i.*

Society for Nutrition Education and Behavior Annual Conference (Milwaukee, Wisconsin) 2014

Poster Presentation: *Head Start teachers & wellness policy: Children’s Healthy Living in Remote Underserved Minority Populations of the Pacific.*

**Unpublished Abstracts**

Oceania Foods Conference (Auckland, New Zealand) 2019

Featured International Guest Speaker: Children’s Healthy Living Program Efforts in the North Pacific to enhance Food Composition and Dietary Data

National Health Outreach Conference (Ft. Worth, Texas) 2019

Oral Presentation: Farmacy Produce Rx Pilot: Community Health Center, Farmer’s Market, and University Collaboration to Promote Local Produce Consumption in Children.

Hawai‘i Agriculture Conference 2017

Poster Presentation: A Community Health Center Approach to Support Local Agriculture.

College of Tropical Agriculture and Human Resources Student Research Symposium

(Honolulu, Hawai‘i) 2015

Poster Presentation: *Wellness policy and the Head Start environment: the moderating role of Head Start teachers in the Children’s Healthy Living (CHL) program in Hawai‘i.*

College of Tropical Agriculture and Human Resources Student Research Symposium

(Honolulu, Hawai‘i) 2014

Oral Presentation: *What fruits and vegetables do preschoolers eat? A project of the Children’s Healthy Living Program (CHL).*

College of Tropical Agriculture and Human Resources Student Research Symposium

(Honolulu, Hawai‘i) 2013

Poster Presentation: *A formative assessment of the development and evaluation of the CHL childcare center wellness policy.*

**Leadership Roles (Committees, Boards, Advisory, etc.)**

HNFAS Department Committees:

- Curriculum Committee

- Scholarship Committee

- Dietetics Advisory Committee

- Assessment Coordinator

- Chair’s Advisory Board

CTAHR College Committees:

- CTAHR Faculty Senate Instructional Committee

- Student Research Symposium Planning Committee

Other Committees:

- Assistant Chair, Nutrition Graduate Programs

- Ola HAWAII Community Engagement Core, John A Burns School of Medicine

Health Professions Education Conference Planning Committee

**Graduate Students**

Category Current Number of Students Number Graduated (Career)

*Chair* of Master’s Committees

*Chair* of PhD Committees 1

Member of Master’s Committees

Member of PhD Committees 1

**Grant Support**

Title of Grant: Grow Eat Think Local: Farm to School (POW 14-243)

Source of Grant: College of Tropical Agriculture and Human Resource Cooperative Extension and Hawaii Department of Health Supplemental Nutrition Assistance Program

Total Dollar Value (Your share of the grant value): $137,500

Dates of Grant: October 1, 2019 - September 30, 2021

Role (PI, CoPI): Investigator

Title of Grant: Interinstitutional Innovative Teaching Award: Innovating clinical nutrition instruction for the Pacific.

Source of Grant: Association of Public and Lan-Grant Universities 2019 Academic Programs Section Innovation in Teaching Award

Total Dollar Value (Your share of the grant value): $5,000 (with additional $2,000 institution match)

Dates of Grant: October 1, 2019 to August 31, 2020

Role (PI, CoPI): Investigator

Title of Grant: Farmacy Produce Prescription Evaluation

Source of Grant: Contract with Waianae Coast Comprehensive Health Center

Total Dollar Value (Your share of the grant value): $21,500

Dates of Grant: September 2018 - September 2019 and October 2019 - February 2020

Role (PI, CoPI): Investigator

**Presentations at Conferences**

Title: Validity of Head Start teacher height and weight measurements, BMI and child growth assessments: training needs for longitudinal tracking.

Authors:

Name of Conference: Experimental Biology

Location: San Diego, California

Date of Presentation: 2016

Title: Comparing growth assessments using CDC and WHO reference data in Native Hawaiian Pacific Islander children:baseline data from the Children’s Healthy Living Program (CHL) in Hawaii

Authors:

Name of Conference: Experimental Biology

Location: Boston, Massachusetts

Date of Presentation: 2015

Title: Wellness policy and the Head Start environment: the moderating role of Head Start teachers in the CHildren’s Healthy Living (CHL) program in Hawaii

Authors:

Name of Conference: Experimental Biology

Location: Boston, Massachusetts

Date of Presentation: 2015

Title: Head Start teachers & wellness policy: Children’s Healthy Living in Remote Underserved Minority Populations of the Pacific

Authors:

Name of Conference: Society for Nutrition Education and Behavior Annual Conference

Location: Milwaukee, Wisconsin

Date of Presentation: 2014

Title: Children’s Healthy Living Program Efforts in the North Pacific to enhance Food Consumption and Dietary Data

Authors:

Name of Conference: Oceania Foods Conference

Location: Aukland, New Zealand

Date of Presentation: 2019

Title: Farmacy Produce Rx Pilot: Community Health Center, Farmer’s Market, and University Collaboration to Promote Local Produce Consumption in Children

Authors:

Name of Conference: National Health Outreach Conference

Location: Ft. Worth, Texas

Date of Presentation: 2019

Title: A Community Health Center Approach to Support Local Agriculture

Authors:

Name of Conference: Hawaii Agriculture Conference

Location:

Date of Presentation: 2017

Title: Wellness Policy and the Head Start environment: the moderating role of Head Start teachers in the Children’s Healthy Living (CHL) program in Hawaii

Authors:

Name of Conference: College of Tropical Agriculture and Human Resources Student Research Symposium

Location: Honolulu, Hawaii

Date of Presentation: 2015

Title: What fruits and vegetables do preschoolers eat? A project of the Children’s Healthy Living Program (CHL)

Authors:

Name of Conference: College of Tropical Agriculture and Human Resources Student Research Symposium

Location: Honolulu, Hawaii

Date of Presentation: 2014

Title: A formative assessment of the development and evaluation of the CHL childcare center wellness policy.

Authors:

Name of Conference: College of Tropical Agriculture and Human Resources Student Research Symposium

Location: Honolulu, Hawaii

Date of Presentation: 2013

***Honors/Awards***

Emerging Dietetic Leader Award 2019

Hawai‘i Academy of Nutrition and Dietetics

Postdoctoral Grant Award, $150,000 2016

United States Department of Agriculture- Agriculture and Food Research Initiative