

JINAN BANNA

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University of Hawaii at Manoa, Honolulu, HI 96822
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EDUCATION

- 2009 **PhD, University of California, Davis**
Major: Nutritional Biology
Minors: Epidemiology and Statistics, International and Community Nutrition
Dissertation: "Food Behaviors and Physical Activity in Spanish-speaking Women in California" Advisor: Dr. Marilyn Townsend
- 2005 **BA, University of California, Santa Barbara** (*magna cum laude*)
Major: Psychology
Minor: Health/Exercise Science

LICENSE

- 2010-present Registered Dietitian, License No. 1011678
Dietetic internship completed at New York Presbyterian Hospital in 2009

AREAS OF EXPERTISE

Nutrition education, community nutrition, nutritional epidemiology, dietetics, program evaluation

PROFESSIONAL POSITIONS

- 2020-present **Founder**, Jinan Banna LLC. Provide nutrition consulting.
- 2023-present **Professor**, Department of Human Nutrition, Food and Animal Sciences, University of Hawaii at Manoa, Honolulu, Hawaii. 70% teaching, 30% research in human nutrition. Courses taught: The Science of Human Nutrition, Community Nutrition, Nutrition Education, Nutritional Epidemiology, Topics in Food Science and Human Nutrition, Advanced Child and Adolescent Nutrition
- 2017-2023 **Associate Professor**, Department of Human Nutrition, Food and Animal Sciences, University of Hawaii at Manoa, Honolulu, Hawaii.

2012-2017 **Assistant Professor**, Department of Human Nutrition, Food and Animal Sciences, University of Hawaii at Manoa, Honolulu, Hawaii.

2012 **Outpatient Dietitian**, Bronx Lebanon Hospital, Bronx, New York.

2010-2012 **Adjunct Professor**, South University (Online Program), Savannah, Georgia.

2011 **Research Scientist**, Instituto de Investigación Nutricional, Lima, Peru.

2009-2010 **Dietetic Intern**, Department of Food and Nutrition, New York Presbyterian Hospital, New York, New York.

2008 **Adjunct Professor**, Los Rios Community College District, Sacramento, California.

2008 **Instructor**, Department of Nutrition, University of California, Davis, Davis, California.

2008 **Project Assistant**, California Center for Physical Activity, California Department of Public Health, Sacramento, California.

2008 **Intern**, Kids in the Garden Program, Ecological Garden at the Student Farm, University of California, Davis, Davis, California.

2007-2008 **Community Health Representative**, Western Human Nutrition Research Center, Metabolic Kitchen, University of California, Davis, Davis, California.

2004-2008 **Graduate Student Researcher**, Department of Nutrition, University of California, Davis, Davis, California.

2005-2008 **Teaching Assistant**, Department of Nutrition & Department of Psychological and Brain Sciences, University of California, Davis, Davis, California.

2007 **Instructor**, Department of Nutrition, University of California, Davis, Davis, California.

2006-2007 **Local Study Coordinator**, Children's Hospital, Los Angeles, Los Angeles, California.

2003-2004 **Research Assistant**, Psychophysiology Lab, University of California, Santa Barbara, Santa Barbara, California.

2003-2004 **Co-coordinator**, Healthy Eating and Living Intern Group, University of California, Santa Barbara, Santa Barbara, California.

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES (*STUDENT PARTICIPATION)

1. Johnson B, Chadwick P, Pryde S [and 66 others, including **Banna JC**]. Behavioural components and delivery features of early childhood obesity prevention interventions: intervention coding of studies in the TOPCHILD Collaboration systematic review. *International Journal of Behavioral Nutrition and Physical Activity*. 2025;22:14.
2. *Kilgrow J, *Gamble E, *Meier A, *Lyman K, *Barney A, *Kartchner C, *Martinez P, *Lee K, *Mathusek C, *Ang K, *Greene B, **Banna J**, Eggett D, Grutzmacher S, Jackson J, Oonorasak K, Stokes N. Development, validation, and reliability testing of the College Perspectives Around Food Insecurity survey. *PLoS ONE*. 2025;20(1): e0317444.
3. Kojo Anderson A, Gunther C, Jones B, Lora K, Reicks M, Richards R, Shearrer G, Wong SS, **Banna J**, Hopkins L, Monroe-Lord L, Topham G. Associations between sociodemographic factors and adolescent food consumption during independent eating occasions. *Ecology of Food and Nutrition*. 2024; 15:1-16..
4. Sparks KS, Fialkowski MK, Dela Cruz R, Gradinetti A, Wilkens L, **Banna JC**, Bersamin A, Paulino Y, *Aflague T, Coleman P, Deenik J, Fleming T, Novotny R. Acculturation and health status in the Children's Healthy Living Program (CHL) in the Pacific Region. *International Journal of Environmental Research and Public Health*. 2024; 21(4):448.
5. Hopkins LC, Webster A, Kennel J, **Banna J**, *Bearden D, *Finn J, Gunther C. Plate Waste in USDA Summer Food Service Program Open Sites: Results from the Project SWEAT Sub-study. *Journal of Hunger & Environmental Nutrition*. 2023;18:5, 699-712.
6. Reicks M, Lora K, Jin Y, Kojo Anderson A, Monroe-Lord L, Jones B, Topham G, **Banna J**, Gunther C, Hopkins L, Richards R, Wong SS. Parenting practices are associated with adolescent food choices during independent eating occasions. *Journal of the Academy of Nutrition and Dietetics*. 2023;S2212-2672(23)00276-9.
7. Yoder A, Proano G, Kelley K, Wu Y, **Banna J**. Perspectives of food as medicine concept: report of an online convenience sample survey of registered dietitian nutritionists. *Journal of the Academy of Nutrition and Dietetics*. 2023;S2212-2672(23)00240-X.
8. Gunther C, **Banna J**, Jones B, Park C, Reicks M, Richards R, Schier H, Topham G, Wong SS, Anderson A, Ballejos M, Hopkins L, Lora K, Monroe-Lord L. Adolescent independent eating occasions, dietary intake, and parenting practices during the COVID-19 pandemic: a qualitative study of parents and adolescents from low-income households. *Journal of Nutrition Education and Behavior*. 2023:S1499-4046(23)00122-7. doi: 10.1016/j.jneb.2023.05.001. Epub ahead of print. PMID: 37422758.
9. *Macchi A, **Banna JC**, *Moreira S, Campos M, Palacios C. Effect of a Short Messaging Service (SMS) intervention delivered to caregivers on energy, nutrients, and food group

intake of infant participants of the WIC program. *Frontiers in Public Health*. 2022; 10:986330.

10. Richards R, Stokes N, **Banna JC**, Cluskey M, Bergen M, *Thomas V, *Bushnell M, *Christensen R. A comparison of experiences with factors related to food insecurity between food secure and food insecure college students: a qualitative study. *Journal of the Academy of Nutrition and Dietetics*. 2022; S2212-2672(22)00729-8.
11. Jaafar Z, Ayoub J, Hamadeh R, Baydoun S, Honein-AbouHaidar G, **Banna J**, Alameddine M, Naja F. A triangulated perspective for understanding CAM use in Lebanon: a qualitative study. *BMC Complement Med Ther*. 2022; 22(1):204.
12. Monroe-Lord L, Anderson A, Jones B, Richards R, Reicks M, Gunther C, **Banna J**, Topham G, Lora K, Wong SS, Ballejos M, Hopkins L, Ardakani A. Relationship between family racial/ethnic backgrounds, parenting practices and styles, and adolescent eating behaviors. *Int. J. Environ. Res. Public Health*. 2022;19:7388.
13. *Odegard B, *Ferguson MR, Naja F, Ayoub J, **Banna JC**. A qualitative investigation of the perceptions of complementary and alternative medicine among adults in Hawai'i. *BMC Complementary Medicine and Therapies*. 2022;22:128.
14. Hunter K, Johnson B, Askie L [and 57 others, including **Banna JC**]. Transforming Obesity Prevention for CHILDren (TOPCHILD) Collaboration: protocol for a systematic review with individual participant data meta-analysis of behavioural interventions for the prevention of early childhood obesity. *BMJ Open*. 2022;12(1):e048166.
15. Johnson B, Hunter K, Golley R [and 57 others, including **Banna JC**]. Unpacking the behavioural components and delivery features of early childhood obesity prevention interventions in the TOPCHILD Collaboration: a systematic review and intervention coding protocol. *BMJ Open*. 2022;12(1):e048165.
16. Monroe-Lord L, Jones B, Richards R, Reicks M, Gunther C, **Banna J**, Topham G, Anderson A, Lora K, Wong SS, Ballejos M, Hopkins L, Ardakani A. Parenting practices and adolescent eating behaviors in African American families. *International Journal of Environmental Research and Public Health*. 2022;19, 110.
17. *Danible K, Panizza C, Boushey CJ, Kerr DA, Zhu F, **Banna JC**. A novel tool for measuring food waste: the mobile food record. *Journal of Extension*. 2021;59(3), Article 1.
18. *Huwaiken M, Palacios C, **Banna JC**. Effect of a text intervention during pregnancy on birth weight in participants of the WIC program in Hawaii. *Curr Dev Nutr*. 2020; 4(Suppl 2):1009.

19. Garner JA, Proaño GV, Kelley K, **Banna JC**, Emenaker NJ, Sauer K. Revising the Academy's research priorities: methods of the Research Priorities and Strategies Development Taskforce, 2017-2019. *Journal of the Academy of Nutrition and Dietetics*. 2020;S2212-2672(20)31384-8.
20. Fialkowski MK, *Calabrese A, *Dirige B, **Banna JC**, *Yiu E, *Gibson J, Stewart M, Lin G, Novotny R. Student perception of a placed-based online introductory nutrition course for the Pacific. *North American Colleges and Teachers of Agriculture Journal*. 2020;64:50-57.
21. *Webster A, **Banna JC**, Lim E, *Gibby CK, *Rose A, Hopkins LC, Kennel JA, Orchard T, Bomser JA, Gunther C. Knowledge, attitudes, and practices regarding dietary sodium in college students: a pilot test. *Journal of Nutrition Education and Behavior*. 2020;52(12):1139-1147.
22. *Holmes H, Palacios C, Wu Y, **Banna JC**. Effect of a short message service intervention on excessive gestational weight gain in a low-income population: a randomized controlled trial. *Nutrients*. 2020;12(5):1428.
23. Buchthal OV, Nelson-Hurwitz D, Hsu LJ, Byers M, **Banna JC**. Identifying urban immigrant food-cultivation practices for culturally-tailored garden-based nutrition programs. *Journal of Immigrant and Minority Health*. 2020;22(4):778-785.
24. Reicks M, **Banna J**, Anderson A, Da Silva V, Gunther C, Hongu N, Jones C, Lora K, Richards R, Topham G, Wong SS. Development of parent and adolescent questionnaires to assess food parenting practices that address adolescent consumption during independent eating occasions. *Journal of Nutrition Education and Behavior*. 2020;52(3):307-313.
25. Fialkowski MK, *Calabrese A, Tillinghast B, Titchenal A, Meinke W, **Banna JC**, Draper J. Open educational resource textbook impact on students in an introductory nutrition course. *Journal of Nutrition Education and Behavior*. 2020;52(4):359-368.
26. **Banna JC**, Richards R, Jones B, Anderson A, Reicks M, Cluskey M, Gunther C, Hongu N, Lora K, Misner S, Monroe-Lord L, Topham G, Wong SS, Lim E. Describing independent eating occasions among low-income adolescents. *International Journal of Environmental Research and Public Health*. 2020;17(3):E981.
27. *Gibby C, Palacios C, Campos M, *Graulau R, **Banna JC**. Acceptability of a text message-based intervention for obesity prevention in infants from Hawaii and Puerto Rico WIC. *BMC Pregnancy and Childbirth*. 2019;19(1):291.
28. Gunther C, Reicks M, **Banna J**, *Suzuki A, Topham G, Richards R, Lora K, Anderson A, da Silva V, Penicka C, Hopkins LC, Cluskey M, Hongu N, Jones C, Monroe-Lord L, Wong SS. Food parenting practices that influence early adolescents' food choices during

independent eating occasions. *Journal of Nutrition Education and Behavior*. 2019;51(8):993-1002.

29. *Zhao C, *Panizza C, *Fox K, Boushey C, Shanks C, Ahmed S, Chen S, Serrano E, Zee J, Fialkowski M, **Banna JC**. Plate waste in school lunch: barriers, motivators and perspectives of SNAP-eligible early adolescents in the US. *Journal of Nutrition Education and Behavior*. 2019;51(8):967-975.
30. *Graulau R, **Banna JC**, Campos M, *Gibby C, Palacios C. Amount, preparation and type of formula consumed and its association with weight gain in infants participating in the WIC Program in Hawaii and Puerto Rico. *Nutrients*. 2019;11(3):695.
31. Reicks M, Davey C, Anderson A, **Banna JC**, Cluskey M, Gunther C, Jones B, Richards R, Topham G, Wong SS. Frequency of eating alone among adolescents is associated with adolescent dietary intake, perceived food-related parenting practices and weight status: cross-sectional Family Life, Activity, Sun, Health, and Eating (FLASHE) Study results. *Public Health Nutrition*. 2019;22(9):1555-1566.
32. *Amore L, Buchthal OV, **Banna JC**. Identifying perceived barriers and enablers of healthy eating in college students in Hawai'i: a qualitative study using focus groups. *BMC Nutrition*. 2019;5:16.
33. *Gibby C, Palacios C, Campos M, Lim E, **Banna J**. Breastfeeding discontinuation not associated with maternal pregravid BMI but associated with Native Hawaiian or Other Pacific Islander race in Hawaii and Puerto Rico WIC participants. *Maternal and Child Health Journal*. 2019;23:19.
34. **Banna JC**, O'Driscoll J, Boushey CJ, Auld G, Olson B, Cluskey M, Edlefsen Ballejos M, Bruhn C, Misner S, Reicks M, Wong SS, Zaghoul S. Parent and household influences on calcium intake among early adolescents. *BMC Public Health*. 2018;18(1):1390.
35. *Gibby C, Palacios C, Lim E, **Banna JC**. Associations between gestational weight gain and rate of infancy weight gain in Hawaii and Puerto Rico WIC participants. *BMC Obesity*. 2018;5:41.
36. **Banna JC**, Bersamin A. Community involvement in design, implementation, and evaluation of interventions to reduce chronic diseases in indigenous populations in the US: a systematic review. *International Journal for Equity in Health*. 2018; 17(1):116.
37. Palacios C, Campos M, *Gibby C, Melendez M, Lee J, **Banna J**. Effect of a multi-site trial using short message service (SMS) on infant feeding practices and weight gain in low-income minorities. *Journal of the American College of Nutrition*. 2018;37(7):605-613.

38. **Banna JC**, *Panizza CE, Boushey CJ, Delp EJ, Lim E. Association between cognitive restraint, uncontrolled eating, emotional eating and BMI and the amount of food wasted in early adolescent girls. *Nutrients*. 2018;10(9):1279.
39. *Mosley MA, **Banna JC**, Lim E, Fialkowski MK, Novotny R. Dietary patterns change over two years in female adolescents in Hawai'i. *Asia Pacific Journal of Clinical Nutrition*. 2018; 27(1):238-245.
40. Butel J, **Banna JC**, Novotny R, Franck K, Parker S, and Stephenson L. Validation of a collaboration readiness assessment tool for use by Supplemental Nutrition Assistance Program Education (SNAP-Ed) agencies and partners. *Journal of Nutrition Education and Behavior*. 2018;PubMed PMID: [29246568](#).
41. **Banna JC**, Campos M, *Gibby C, *Graulau R, Melendez M, Reyes A, Lee JE, Palacios C. Multi-site trial using short mobile messages (SMS) to improve infant weight in low-income minorities: Development, implementation, lessons learned and future applications. *Contemporary Clinical Trials*. 2017;62:56-60.
42. Byker CJ, **Banna JC**, Serrano EL. Food waste in the National School Lunch Program: 1978-2015. *Journal of the Academy of Nutrition and Dietetics*. 2017;117(11):1792-1807.
43. **Banna JC**, McCrory M, Fialkowski MK, Boushey CJ. Examining plausibility of self-report energy intake data: considerations for method selection. *Frontiers in Nutrition*. 2017;4:45.
44. *Suzuki A, Choi SY, Lim E, Tauyan S, **Banna JC**. Evaluation of factorial validity and reliability of a food behavior checklist for low-income Filipinos. *Journal of Nutrition Education and Behavior*. 2017;49:593-598.
45. *Panizza C, Boushey CJ, Delp E, Kerr D, Lim E, Gandhi K, **Banna JC**. Characterizing early adolescent food waste using the mobile food record. *Nutrients*. 2017;9(2): 93.
46. **Banna JC**, Richards R, Brown LB. College students' perceived differences between the terms real meal, meal, and snack. *Journal of Nutrition Education and Behavior*. 2017;49:228-235.
47. *Martinez Y, **Banna JC**, Bellajos M, Bruhn C, Cluskey M, Gunther C, Hongu N, Johnston P, Misner S, Reicks M, Richards R, Wong SS. Evaluation of messages to promote intake of calcium-rich foods in early adolescents. *Journal of Community Engagement and Scholarship*. 2016;9(2):110-120.
48. **Banna JC**, Gilliland B, Keefe M, Zheng D. Cross-cultural comparison of perspectives on healthy eating among Chinese and American young adults. *BMC Public Health*. 2016;16:1015.

49. *Mosley MA, Delormier T, **Banna JC**. Food-related beliefs of adolescent girls ages 9-13 and their caregivers on O‘ahu, Hawai‘i. *Hawai‘i Journal of Medicine & Public Health*. 2016; 75(4):101-108.
50. **Banna JC**, Reicks M, Gunther C, Richards R, Bruhn C, Cluskey M, Hongu N, Johnston NP, Misner S, Wong SS. Evaluation of emotion-based messages designed to motivate Hispanic and Asian parents of early adolescents to engage in calcium-rich food and beverage parenting practices. *Nutrition Research and Practice*. 2016;10(4):1-8.
51. **Banna JC**, Buchthal OV, Delormier T, Creed-Kanashiro HM, Penny ME. Influences on eating: a qualitative study of adolescents in a periurban area in Lima, Peru. *BMC Public Health*. 2016;16(1):40.
52. **Banna JC**, Buchthal OV, Tauyan S. Assessing face validity of a food behavior checklist for limited-resource Filipinos. *Hawai‘i Journal of Medicine & Public Health*. 2015;74(10): 334-340.
53. Reicks M, **Banna JC**, Cluskey M, Gunther C, Hongu N, Richards R, Topham G, Wong SS. Influence of parenting practices on eating behaviors of early adolescents during independent eating occasions: implications for obesity prevention. *Nutrients*. 2015;7(10): 8783-8801.
54. **Banna JC**, Lin MF, Stewart MS, Fialkowski MK. Interaction matters: Strategies to promote engaged learning in an online introductory nutrition course. *MERLOT Journal of Online Learning and Teaching*. 2015;11(2):249-261.
55. *Galloway J, Nigg C, Liu M, **Banna JC**. Predictors of change in physical activity and fruit and vegetable intake in a multiethnic population in Hawaii at 6 and 12 months follow-up. *International Journal of Applied Psychology*. 2015;5(2):45-53.
56. **Banna JC**, Fialkowski MK, Townsend MS. Misreporting of dietary intake affects estimated nutrient intakes in low-income Spanish-speaking women. *Journal of the Academy of Nutrition and Dietetics*. 2015;115(7):1124-1133.
57. **Banna JC**, Kaiser LL, Drake C, Townsend MS. Acculturation, physical activity and television viewing in Hispanic women: Findings from the 2005 California Women’s Health Survey. *Public Health Nutrition*. 2012;15(2):198-207.
58. **Banna JC**, Townsend MS. Assessing factorial and convergent validity and reliability of a food behaviour checklist for Spanish-speaking participants in U.S. Department of Agriculture nutrition education programmes. *Public Health Nutrition*. 2011;14(7):1165-1176.
59. **Banna JC**, Keim NL, Townsend MS. Assessing face validity of a physical activity questionnaire for Spanish-speaking women in California. *Journal of Extension*. 2011;vol 49 (5):5FEA6. Available at <http://www.joe.org/joe/2011october/a6.php>

60. **Banna JC**, Vera Becerra LE, Kaiser LL, Townsend MS. Using qualitative methods to improve questionnaires for Spanish speakers: Assessing face validity of a food behavior checklist. *Journal of the American Dietetic Association*. 2010;110:80-90.

OTHER JOURNAL ARTICLES (*STUDENT PARTICIPATION)

1. Bersamin A, Hernandez-Garbanzo Y, Atoloye A, Gonzalez J, Rios-Castillo I, May Oo T, **Banna JC**, El Shikieri A, Bonsi E. Growing our commitment to promoting fruits and vegetables: looking beyond the international year of fruits and vegetables 2021. *Journal of Nutrition Education and Behavior*. 2021; 53(11):909-910.
2. *Suzuki A, **Banna JC**. Improving diet quality for chronic disease prevention with okara “food waste.” *American Journal of Lifestyle Medicine*. 2021;15(1):14-18.
3. *Araujo Almeida V, Seto T, **Banna JC**. Considerations for measurement of sodium intake. *American Journal of Lifestyle Medicine*. 2020;14(6):585-588.
4. *Bennett J, *Deslippe A, *Crosby C, Belles S, **Banna J**. Electrolytes and cardiovascular disease risk. *American Journal of Lifestyle Medicine*. 2020;14(4):361-365.
5. *Holmes H, *Araujo Almeida V, Boushey C, **Banna JC**. Use of technology for dietary assessment in immigrant populations. *American Journal of Lifestyle Medicine*. 2019;14(2):118-121.
6. McGlone K, **Banna JC**. A unique, innovative, easy-to-use program to improve young children’s attitudes about and consumption of fruits and vegetables. *American Journal of Lifestyle Medicine*. 2019;14(1):24-27.
7. *Keaulana S, Antonio M, *Schoch H, **Banna JC**. A literature review of the role of mindfulness practices in nutrition for mothers and their children. *American Journal of Lifestyle Medicine*. 2019;13(6):533-536.
8. **Banna JC**. Obesity prevention in children in Latin America through interventions using technology. *American Journal of Lifestyle Medicine*. 2019;13(2):138–141.
9. **Banna JC**. Considerations for evaluation of fruit and vegetable intake in low-literate Spanish-speaking participants in USDA food and nutrition education programs. *American Journal of Lifestyle Medicine*. 2019;13(3):235–238.
10. **Banna JC**. Awareness of cancer risk: variation in measurement approaches. *American Journal of Lifestyle Medicine*. 2018;12(3):211-214.
11. **Banna JC**. Considerations for evaluation of diabetes prevention programs in Hispanic adults in the US. *American Journal of Lifestyle Medicine*. 2018;12(1):21-24.

PEER-REVIEWED CONFERENCE PROCEEDING PAPERS

1. **Banna JC**, Lin MF, Stewart MS, Fialkowski MK. Fostering Interaction in an Online Introductory Nutrition Course. Proceedings of the Education and E-learning Conference, Bangkok, Thailand. 2014.

BOOKS

1. **Banna JC**. The 28-Day Liver Health Weight Loss Solution. Rockridge Press; 2022.

ABSTRACTS PRESENTED (*PRESENTER)

1. Bascom A,* Lucero S, Wilson K, Miller E, Weaver B, Snow G, Banna J, Grutzmacher S, Jackson J, OoNorasak K, Stokes N, Richards R. Current and past use of food assistance resources among college students. 2025 Utah Academy of Nutrition and Dietetics Annual Conference, South Jordan, UT.
2. Lora KR, * Reicks M, Shearrer G, Wong SS, Hopkins L, Anderson AK, **Banna J**, Gunther C, Jones B, Monroe-Lord L, Richards R, Topham G. Food parenting practices mediate relationships between parent sex and adolescent food intake during independent eating occasions [poster presentation]. American Society for Nutrition. Nutrition 2024, Chicago, IL.
3. Kaplan L, * Seto T, **Banna J**. Development and validation of a novel tool to assess sodium intake for heart disease prevention in a multiethnic population [oral presentation]. 2023 Annual Conference & Exhibition Functional Foods, Nutraceuticals, Natural Health Products and Dietary Supplements. Honolulu, HI.
4. Fung J, * **Banna J**, Wu Y, Pignotti G, Chen S. Development of a food waste knowledge, attitudes, and motivations questionnaire for adolescents [poster presentation]. California Academy of Nutrition and Dietetics Annual Conference, 2023, April 27-29. Long Beach, CA, USA.
5. Fung J, * **Banna J**, Wu Y, Pignotti G, Chen S. Development of a food waste knowledge, attitudes, and motivations questionnaire for adolescents [poster presentation]. Society of Nutrition Education and Behavior Annual Conference, 2023, July 20-23. Washington, DC, USA.
6. Ang K, * Lucero S, Lee K, Barney A, Mathusek C, Thomas V, **Banna J**, Jackson J, Grutzmacher S, OoNorasak K, Stokes N, Richards R. Food Insecurity in the U.S.: An International Student Perspective. Society for Nutrition Education and Behavior Annual Conference, Washington, DC, July 20-24, 2023.
7. Kilgrew J,* Lee K, Mathusek C, Ang K, **Banna J**, Grutzmacher S, Jackson J, OoNorasak K, Stokes N, Richards R. Developing a reliable survey to assess personal, behavioral, and environmental factors associated with food insecurity in a college student population

[poster presentation]. Utah Academy of Nutrition and Dietetics Annual Conference, 2023, West Jordan, UT.

8. **Banna JC**, * Bersamin A, Brown B, Miles A. Mapping community assets to establish a local coordinated system of care to prevent childhood obesity [poster presentation]. Hawaii Agriculture Conference 2022, Honolulu, Hawai'i.
9. Brenner NY,* Opal-Buchthal V, **Banna JC**. Effects of food insecurity on mental health and academic performance of college students [poster presentation]. John A. Burns School of Medicine Biomedical Sciences and Health Disparities Symposium 2022, Honolulu, Hawai'i.
10. Brenner NY,* Opal-Buchthal V, **Banna JC**. Effects of food insecurity on mental health and academic performance of college students [poster presentation]. University of Hawai'i at Manoa Undergraduate Showcase 2022, online.
11. Brenner NY,* Opal-Buchthal V, **Banna JC**. Effects of food insecurity on mental health and academic performance of college students [oral presentation]. University of Hawai'i at Manoa Undergraduate Showcase 2022, online.
12. Reicks M,* Anderson AK, Ballejos M, **Banna J**, Jones BL, Gunther C, Hopkins L, Lora K, Monroe-Lord L, Richards R, Topham G, Wong SS. Adolescent independent eating occasions and dietary intake during independent eating occasions by personal and household characteristics. J Nutr Educ Behav. SNEB Annual Conference Atlanta GA, July 29-Aug 1, 2022 (0063).
13. Munger B,* Warrick J, Musich A, Reeves B, Grutzmacher S, Richards R, Stokes N, **Banna J**, OoNorasak K, Varnon J, Wolcott A, Kartchner C, Lee K, Jackson J. Adaptation of the USDA Food Security Survey Module for the college student population [poster presentation]. Oregon and Washington State Academies of Nutrition and Dietetics Annual Conference. Vancouver, WA, April 2022.
14. Gamble E,* Meier A, Lee K, Mathusek C, Stokes N, Jackson J, **Banna J**, Grutzmaker S, OoNorasak K, Reeves B, Barney A, Kartchner C, Kilgrow J, Martinez P, Richards R. Establishing Content and Face Validity of a Theoretically-Based Survey about Factors Related to Food Insecurity and College Students [poster presentation]. Utah Academy of Nutrition and Dietetics Annual Conference, West Jordan, UT, March 2022 (Accepted March 12, 2022).
15. Suzuki A,* **Banna JC**. Challenging diet-related norms through consumption of okara "food waste" [oral presentation]. Fashion and Freaks and Monsters, online, 2022.
16. **Banna JC**,* Campos M, Latimer S, Santiago E, Palacios C. Use of the infant diet quality index score (DQIS) for the identification of targets for nutritional intervention among infants of 4 to 6 months at risk of childhood obesity [poster presentation]. Nutrition 2021, online.

17. **Banna JC,*** Wu Y, Palacios C. Socio-demographic correlates of pre-pregnancy body mass index and gestational weight gain among low-income women in Hawai'i WIC [poster presentation]. Nutrition 2020, online.
18. Holmes H,* Palacios C, Wu Y, **Banna JC**. Effect of short message service on gestational weight gain in a low-income population [poster presentation]. Nutrition 2020, online.
19. Gibby C,* Palacios, Campos M, Graulau RE, **Banna JC**. Acceptability of a text message-based intervention for obesity prevention in infants from Hawai'i and Puerto Rico WIC [oral presentation]. Annual Meeting of the Japan Society for Developmental Origins of Health and Disease, Tokyo, Japan, 2019.
20. Suzuki A,* Ariga Y, Lim E, Ghorbani R, **Banna JC**. Food involvement and variety seeking tendency in a diverse adult population [poster presentation]. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Prague, Czech Republic, 2019.
21. Valdez D,* Palacios C, **Banna JC**. Determining acceptability of a text-message based intervention to prevent excessive gestational weight gain in low-income women in Hawaii WIC [poster presentation]. Nutrition 2019, Baltimore, Maryland, 2019.
22. Palacios C,* Campos M, **Banna JC**. Resultados de una intervención usando mensajes de textos en las prácticas de alimentación infantil y ganancia de peso en Puerto Rico y Hawái [oral presentation]. Latin American Conference of Nutrition (SLAN), Guadalajara, Mexico, 2018.
23. Campos M,* **Banna JC**, Gibby C, Graulau RE, Palacios C. Acceptability of a text message-based intervention to prevent obesity in WIC infants [poster presentation]. Addressing Health Disparities: The Role of Translational Research, Meharry Translational Research Center (MeTRC), Nashville, Tennessee, 2018.
24. Anderson A,* Richards R, Topham G, **Banna J**, Cluskey M, Gunther C, Hongu N, Jones C, Lora K, Misner S, Monroe-Lord L, Penicks C, Reicks M, Wong SS. Challenges in collecting pictorial data, characterizing quality and identifying foods in dietary assessment of early adolescents. Workshop on Innovative Technologies for Dietary Intakes Measurements. South Kensington, London, United Kingdom, 2018.
25. Suzuki A,* Anderson A, Choi SY, Cluskey M, Gunther C, Hongu N, Jones B, Lora K, Misner S, Monroe-Lord L, Penicka C, Reicks M, Richards R, Topham G, Wong SS, **Banna JC**. Characterizing eating behavior during independent eating occasions among early adolescents in Hawaii [poster presentation]. Nutrition 2018, Boston, Massachusetts, 2018.
26. **Banna JC,*** Richards R, Jones B, Anderson A, Cluskey M, Gunther C, Hongu N, Lora K, Misner S, Monroe-Lord L, Reicks M, Topham G, Wong SS, Lim E. Describing

independent eating occasions among low-income adolescents ages 10-13 in the United States: a multi-state study [poster presentation]. Nutrition 2018, Boston, Massachusetts, 2018.

27. Zhao C,*Panizza C, Chen S, Fox K, Boushey C, Shanks C, Serrano E, Zee J, Fialkowski M, **Banna JC**. Understanding barriers, motivators and perspectives on reduction of school lunch plate waste of early adolescents in the US [poster presentation]. Nutrition 2018, Boston, Massachusetts, 2018.
28. **Banna JC**,* Gaspar-Oishi M, Valdez D, Palacios C. Development of short mobile messages for an intervention to prevent excessive gestational weight gain in low-income women in Hawai'i WIC [poster presentation]. Nutrition 2018, Boston, Massachusetts, 2018.
29. Reicks M,* Davey C, Anderson A, **Banna JC**, Cluskey M, Gunther C, Jones B, Richards R, Topham G, Wong SS. Frequency of eating alone among adolescents, perceptions of parenting practices, and dietary intake: results from the FLASHE study [poster presentation]. Society for Nutrition Education and Behavior Annual Conference, Minneapolis, MN, 2018.
30. Byker Shanks C,* **Banna J**, Serrano E, Chen S. Assessment of dietary quality through measurement of food waste among students at schools [oral presentation]. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Hong Kong, 2018.
31. Zhao C,*Panizza C, Chen S, Fox K, Boushey C, Shanks C, Serrano E, Zee J, Fialkowski M, **Banna JC**. Reduction of school lunch plate waste of early adolescents in the us: identifying barriers, motivators and perspectives [poster presentation]. University of Hawai'i College of Tropical Agriculture and Human Resources Research Symposium. Honolulu, Hawai'i, 2018.
32. Gibby C,* Palacios, C, Lim, E, **Banna JC**. Association between maternal pregravid body mass index and breastfeeding discontinuation in Hawai'i and Puerto Rico WIC participants [poster presentation]. University of Hawai'i College of Tropical Agriculture and Human Resources Research Symposium. Honolulu, Hawai'i, 2018.
33. Suzuki A,* Anderson A, Choi SY, Cluskey M, Gunther C, Hongu N, Jones B, Lora K, Misner S, Monroe-Lord L, *Penicka C, Reicks M, Richards R, Topham G, Wong SS, **Banna JC**. Characterizing eating behaviors of adolescents ages 10-13 in Hawaii while eating alone [oral presentation]. University of Hawai'i College of Tropical Agriculture and Human Resources Research Symposium. Honolulu, Hawai'i, 2018.
34. Valdez D,* Palacios C, Gaspar-Oishi M, **Banna JC**. Preventing excessive gestational weight gain in low-income women in Hawai'i WIC: Development of short mobile messages for a nutrition education program [poster presentation]. UH Mānoa School of

Nursing & Dental Hygiene Health Sciences Interdisciplinary Poster Festival. Honolulu, Hawai'i, 2018.

35. Suzuki A,* Anderson A, Cluskey M, Ganganna P, Gunther C, Hongu N, Jones B, Litchfield R, Lora K, Misner S, Monroe-Lord L, Penicka C, Reicks M, Richards R, Topham G, Wong SS, **Banna JC**. Characterizing eating behavior during independent eating occasions among early adolescents in Hawaii [oral presentation]. East-West Center International Graduate Student Conference. Honolulu, Hawai'i, 2018.
36. Suzuki A,* Choi SY, Lim E, Tauyan S, **Banna JC**. Evaluation of the factor structure of a food behavior checklist for low-income Filipinos [poster presentation]. International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Victoria, BC, Canada, 2017.
37. Amore L,* Buchthal OV, **Banna JC**. Let's talk food: identifying perceived barriers and enablers of healthy eating in college students in Hawai'i: a qualitative study using focus groups [poster presentation]. Undergraduate Showcase of Research and Creative Projects, Honolulu, Hawai'i, 2017.
38. Panizza C,*Fox K, Boushey C, Shanks C, Serrano E, Zee J, Fialkowski M, **Banna JC**. Barriers, motivators and perspectives on minimizing lunchtime food waste of early adolescents in the National School Lunch Program [oral presentation]. Experimental Biology, Chicago, Illinois, 2017.
39. Suzuki A,* Choi SY, Lim E, Tauyan S, **Banna JC**. Evaluation of internal consistency and test-retest reliability of a food behavior checklist for low-income Filipinos [poster presentation]. Experimental Biology, Chicago, Illinois, 2017.
40. Palacios C,* Campos M, Gibby C, **Banna JC**. Multi-site trial using short mobile messages (SMS) to improve infant feeding practices among participants in the WIC program [poster presentation]. Experimental Biology, Chicago, Illinois, 2017.
41. Amore L,* **Banna JC**. Let's talk food: identifying perceived barriers and enablers of healthy eating in college students in Hawai'i [poster presentation]. Experimental Biology, Chicago, Illinois, 2017.
42. Panizza C,*Fox K, Boushey C, Shanks C, Serrano E, Zee J, Fialkowski M, **Banna JC**. Barriers, motivators and perspectives on minimizing lunchtime food waste of early adolescents in the National School Lunch Program [oral presentation]. University of Hawai'i College of Tropical Agriculture and Human Resources Research Symposium. Honolulu, Hawai'i, 2017.
43. Amore L,* Buchthal OV, **Banna JC**. Understanding the enablers and barriers of healthy eating in college students in Hawai'i [oral presentation]. University of Hawai'i College of Tropical Agriculture and Human Resources Research Symposium. Honolulu, Hawai'i, 2017.

44. Suzuki A,* Choi SY, Lim E, Tauyan S, **Banna JC**. Evaluation of factorial validity of a food behavior checklist for low-income Filipinos [poster presentation]. University of Hawai'i College of Tropical Agriculture and Human Resources Research Symposium. Honolulu, Hawai'i, 2017.
45. **Banna JC**,*Panizza C, Boushey CJ, Delp E. A novel method to measure food waste: the mobile food record [poster presentation]. National Association of County Agricultural Agents Western Regional Annual Meeting and Professional Improvement Conference. Kailua-Kona, Hawai'i, 2016.
46. Banna JC,* Tauyan S, Lim E. Evaluation of items on a food behavior checklist for low-income Filipinos [oral presentation]. Clinical Translational Research Infrastructure Network Annual Meeting. Las Vegas, Nevada, 2016.
47. Villiger RK,* Boushey CJ, Yonemori K, RD, Novotny R, Fialkowski MK, Esquivel M, **Banna J**. How does Hawai'i stack up: Comparing nutrient intake in 2-8 year old participants in the Children's Healthy Living (CHL) program in Hawai'i to National Health and Nutrition Examination Survey (NHANES) [poster presentation]. University of Hawaii College of Tropical Agriculture and Human Resources Research Symposium. Honolulu, Hawaii, 2016.
48. **Banna JC**,*Panizza C, Boushey CJ, Delp E, Lim E. Characterizing early adolescent food waste using the mobile food record [poster presentation]. Experimental Biology Conference. San Diego, California, 2016.
49. Panizza C,* Boushey CJ, Delp E, Lim E, **Banna JC**. Examination of sociodemographic correlates of plate waste in early adolescent girls [poster presentation]. Experimental Biology Conference. San Diego, California, 2016.
50. Webster A,*Gibby C, Gunther C, Lim E, Rose A, **Banna JC**. Assessing knowledge, attitudes, and practices concerning sodium intake in college students [poster presentation]. Experimental Biology Conference. San Diego, California, 2016.
51. Fialkowski MK,*Gibson WJ, **Banna JC**, Stewart M, Lin G, Leon Guerrero R, Novotny R. Using YouTube to foster asynchronous interaction in an online introductory nutrition course adapted for the Pacific region [poster presentation]. North American College and Teachers of Agriculture (NACTA) Conference. Athens, Georgia, 2015.
52. Fialkowski MK,*Gibson WJ, Yiu E, **Banna JC**, Lin G, Stewart M, Leon Guerrero R, Novotny R. An online introductory nutrition course adapted for Hawai'i and the Pacific [poster presentation]. Society for Nutrition Education and Behavior. Pittsburgh, Pennsylvania, 2015.
53. **Banna JC**,* Bersamin A. Completing an application for NIH R21 innovative measurement tools for community engaged research efforts [poster presentation]. Clinical

Translational Research Infrastructure Network Annual Meeting. Las Vegas, Nevada, 2015.

54. **Banna JC,*** Buchthal OV, Tauyan S. Assessment of face validity of a food behavior checklist for limited-resource Filipinos [oral presentation]. Clinical Translational Research Infrastructure Network Annual Meeting. Las Vegas, Nevada, 2015.
55. **Banna JC,*** Gilliland B, Keefe M. Cross-cultural comparison of perspectives on healthy eating among Chinese and American undergraduate students [oral presentation]. International Society for Behavioral Nutrition and Physical Activity Annual Meeting. Edinburg, Scotland, 2015.
56. Reicks M,* Banna JC, Gunther C, Richards R, Hongu N, Misner S, Cluskey M, Wong SS, Bruhn C. Motivating Hispanic and Asian parents to engage in practices promoting intake of calcium-rich foods and beverages by early adolescents [poster presentation]. Experimental Biology Conference. Boston, Massachusetts, 2015.
57. Mosley MA,* Delormier T, **Banna JC**. Food-related beliefs and practices in adolescent girls ages 9-13 and their caregivers on O‘ahu, Hawai‘i [oral presentation]. University of Hawaii College of Tropical Agriculture and Human Resources Research Symposium. Honolulu, Hawaii, 2015.
58. **Banna JC,*** Buchthal OV, Delormier T, Penny ME, Creed-Kanashiro HM. The use of the pile sort method to understand food beliefs and classification systems in adolescents in peri-urban Lima, Peru [poster presentation]. World Congress of Public Health Nutrition. Las Palmas de Gran Canaria, Spain, 2014.
59. Mosley MA,* Novotny R, **Banna JC**. Eating patterns in adolescent girls on O‘ahu change after one year [oral presentation]. University of Hawaii College of Tropical Agriculture and Human Resources Research Symposium. Honolulu, Hawaii, 2014.
60. Martinez Y,* Bellajos M, Cluskey M, Johnston P, Reicks M, Richards R, Wong SS, Bruhn C, Gunther C, Misner S, **Banna JC**. Evaluation of messages to motivate parents to promote intake of calcium-rich foods in early adolescents [poster presentation]. Experimental Biology. San Diego, California, 2014.
61. **Banna JC,*** Buchthal OV, Delormier T, Creed-Kanashiro HM, Penny ME. Influences on eating and physical activity: a qualitative study in adolescents in a periurban area in Lima, Peru [poster presentation]. Experimental Biology. San Diego, California, 2014.
62. Gunther C,* **Banna JC**, Bruhn C, Cluskey M, Wong S, Richards R, Reicks M. Development and testing of fact- and emotion-based messages to motivate parents to engage in practices that promote intake of calcium among 10-13 year-old children [poster presentation]. Experimental Biology. San Diego, California, 2014.

63. Galloway J,* Nigg C, **Banna JC**. Cost-benefit beliefs as predictors of behavior: a longitudinal study of fruit and vegetable intake and physical activity [poster presentation]. Experimental Biology. San Diego, California, 2014.
64. Gonzalez-Quezada D,* **Banna JC**, Townsend MS. Evaluation of a short fat behavior scale for low-literate Spanish speakers [poster presentation]. International Society of Behavioral Nutrition and Physical Activity Annual Meeting. San Diego, California, 2014.
65. **Banna JC**,* Townsend MS. Assessing fruit and vegetable consumption in limited resource Spanish-speaking audiences: findings from a food behavior checklist validation study [poster presentation]. International Society for Behavioral Nutrition and Physical Activity Annual Meeting. Ghent, Belgium, 2013.
66. Ordonez SS,* Watters CA, Jars M, **Banna JC**, Takahashi I, Hayes D. Cultural influences on infant feeding practices in a low-income multi-ethnic population in Hawaii [poster presentation]. Undergraduate Research Opportunities Program Symposium. Honolulu, Hawaii, 2013.
67. **Banna JC**,* Townsend MS, Kaiser LL, et al. Validation of a food behavior checklist for Spanish speakers [oral presentation]. Society for Nutrition Education Annual Conference. Atlanta, Georgia, 2008.
68. **Banna JC**,* Vera Becerra LE, & Townsend MS. Assessing face validity of a physical activity questionnaire for Spanish speakers in California [poster presentation]. International Society of Behavioral Nutrition & Physical Activity Annual Meeting. Banff, Alberta, Canada, 2008.
69. **Banna JC**,* Kaiser LL, Townsend MS. Physical activity, television watching and acculturation in Hispanic women: findings from the 2005 California Women's Health Survey [poster presentation]. American College of Sports Medicine Annual Meeting. Indianapolis, Indiana, 2008.
70. **Banna JC**,* Kaiser LL, Townsend MS. The association between acculturation and obesity in Hispanic women: findings from the 2005 California Women's Health Survey [oral presentation]. Experimental Biology Conference. San Diego, California, 2008.
71. **Banna JC**,* Kaiser LL, Townsend MS. Acculturation and physical activity levels and barriers in Hispanic women: Findings from the 2005 California Women's Health Survey [poster presentation]. Active Living Research Annual Conference. Washington, DC, 2008.

GRADUATE STUDENTS

Number of students who have graduated under my supervision: 7

GRANTS

RESEARCH GRANTS AWARDED

- 2023-2025 **Development of Hawaiian sea salt color additive petitions**
Hawaii Department of Agriculture
Banna J, PI (\$78,870)
- 2022-2024 **Development and validation of a novel tool to assess sodium intake for heart disease prevention in a multiethnic population**
Hawaii Community Foundation
Banna J, PI (\$59,190)
- 2022-2023 **Mapping Community Assets to Establish a Local Coordinated System of Care to Prevent Childhood Obesity**
Kellogg Foundation
Banna J, Collaborator (PI: Albie Miles) (\$25,000)
- 2021-2022 **Nutrition in Food Retail Program Development**
Academy of Nutrition and Dietetics
Banna J, Mentor (\$3,000)
- 2020-2021 **Testing the effectiveness of a unique, innovative, easy-to-use program on young children's attitudes about and consumption of fruits and vegetables**
United States Department of Agriculture
Banna J, Co-PI (Awardee Organization Katalyst Kreations, LLC) (\$33,299)
- 2019-2020 **How does food insecurity affect mental health and academic performance among college students? Undergraduate Research Opportunities Program**
Banna J, Mentor (Undergraduate PIs: Brenner, Noa & Khattra, Mehak)—\$9,934
- 2018-2019 **Can mHealth an app that measures skin carotenoid work as an optimal biomarker for health and key motivator for F&V intake? Undergraduate Research Opportunities Program**
Banna J, Mentor (Undergraduate PIs: Chowdhury, Nahian & Langfelder, Gemady)—\$9,000
- 2018-2019 **A secondary data analysis of the quality of a unique diet quality index score with infants in Puerto Rico and Hawaii to assess diet quality. Undergraduate Research Opportunities Program**
Banna J, Mentor (Undergraduate PI: Ramirez, Jessica)—\$3,500
- 2018-2019 **Perceptions and use of complementary and alternative medicine in Hawaii and Lebanon. Undergraduate Research Opportunities Program**
Banna J, Mentor (Undergraduate PIs: Odegard, Brittany & Ferguson, Mollie)—\$5,081

- 2016-2019 **Child Health Assessment in the Pacific Summer (CHAPS) Fellowship.** United States Department of Agriculture.
Banna J, Student Mentor (PI: Novotny, Rachel and Fialkowski, Marie)—**\$300,000**
- 2017-2018 **Preventing excessive gestational weight gain via short mobile messages in WIC.** National Institutes of Health.
Banna J, PI (\$66,000)
- 2016-2017 **Let's Talk Food: Identifying Attitudes Toward Healthy Eating in College Students.** Undergraduate Research Opportunities Program
Banna J, Mentor (Undergraduate PI: Amore, Lucia)—**\$3,473**
- 2015-2018 **SNAP and EFNEP Nutrition Education and Obesity Prevention Center of Excellence.** United States Department of Agriculture.
Banna J, Collaborator (PI: Stephenson, Laura)—**\$ 1,640,000**
- 2015-2016 **Evaluation of a food behavior checklist for low-income Filipinos.** National Institutes of Health.
Banna J, PI (\$13,749)
- 2015-2016 **Multi-site trial using short mobile messages (SMS) to improve infant weight in low-income minorities.** National Institutes of Health.
Banna J, PI (\$50,000)
- 2015-2017 **Minimizing Food Waste in Adolescents: Understanding Perspectives to Inform Message Design.** United States Department of Agriculture.
Banna J, PI (\$79,238)
- 2014-2015 **Development of a Food Behavior Checklist for Limited-Resource Filipinos.** National Institutes of Health.
Banna J, PI (\$29,949)
- 2013-2015 **Attitudes on Diet and Physical Activity in Early Adolescents and Influence on Weight and Dietary Intake.** United States Department of Agriculture.
Banna J, PI (\$79,106)
- 2007-2008 **Validation of a Food Behavior Checklist for Low-Income Spanish Speakers.** Public Health Institute.
Banna J, graduate student researcher (PI: Townsend, Marilyn) —**\$96,000**

TRAVEL GRANTS

- 2019 University Research Council, Travel Award, Annual Meeting of the Japan Society for Developmental Origins of Health and Diseases, Tokyo, Japan.

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| 2015 | Federation of American Societies for Experimental Biology (FASEB)/Maximizing Access to Research Careers (MARC) Program, Travel Award for one undergraduate mentee, Experimental Biology, San Diego, California. |
| 2014 | University Research Council, Travel Award, World Congress of Public Health Nutrition, Las Palmas, Gran Canaria. |
| 2014 | Federation of American Societies for Experimental Biology (FASEB)/Maximizing Access to Research Careers (MARC) Program, Travel Award for two undergraduate mentees, Experimental Biology, San Diego, California. |
| 2014 | University Research Council, Travel Award, Experimental Biology, San Diego, California. |
| 2013 | University Research Council, Travel Award, International Society for Behavioral Nutrition and Physical Activity, Ghent, Belgium. |

OTHER GRANTS

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| 2018 | Fulbright Specialist grant, Funding to provide training in instruction to faculty at Universidad Veritas, Costa Rica |
| 2017 | National Research Mentoring Network Proposal Preparation Program (NRMN-P3), Funding to participate in coaching groups at University of Utah |
| 2016 | Mountain West Clinical Translational Research - Infrastructure Network (CTR-IN), Funding to attend CTR-IN Grant Writing Workshop |
| 2015 | Mountain West Clinical Translational Research Infrastructure Network (CTR-IN), Award for Visiting Scholars Program |
| 2013 | Academy of Nutrition and Dietetics, Affiliate Speaker Grant for Hawaii Dietetic Association 2014 Annual Spring Conference |

PROFESSIONAL SERVICE/HONORS (SELECTED)

UNIVERSITY

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|-----------|------------------------------------|
| 2017-2023 | Member, Honors Council |
| 2021-2022 | Mentor, Anuenue Connection Program |
| 2019-2021 | Senator, Manoa Faculty Senate |

- 2017 Judge, UHM Honors Program and Undergraduate Research Opportunities Program Spring Research Symposia Series
- 2016 Judge, UHM Honors Program and Undergraduate Research Opportunities Program Spring Research Symposia Series
- 2015 Volunteer, Weigh the Waste event at Hale Aloha Café
- 2014 Judge, UHM Honors Program and Undergraduate Research Opportunities Program Spring Research Symposia Series
- 2013 Judge, Proposal Conference, Honors Program & Undergraduate Research Opportunities Program.
- 2013 Representative for Food Science and Human Nutrition (FSHN), Manoa Experience new student preview day

COLLEGE

- 2021-2022 Participant, College of Tropical Agricultural and Human Resources (CTAHR) Strategic Positioning
- 2020 Proxy, CTAHR faculty senate meetings
- 2014-2018 CTAHR Faculty Senator, Representing the Department of Human Nutrition, Food and Animal Sciences (HNFAS).
- 2013-2018 Judge, CTAHR Student Research Symposium.
- 2013 Representative, CTAHR New Student Orientation.

DEPARTMENTAL

- 2016-present Member, HNFAS Curriculum Committee.
- 2012-present Member, Department Dietetics Advisory Committee, HNFAS/CTAHR.
- 2012-present Associate Graduate Faculty Member-Nutrition.
- 2021 Interviewer, HNFAS Stakeholders, Strategic Planning
- 2016-2018 Chair, Nutrition PhD Program.
- 2015-2018 Chair, MS Program in Nutritional Sciences.

2015-2018	Assessment Coordinator, MS Program in Nutritional Sciences.
2014-2018	Representative for Graduate Committee on Chair's Advisory Board
2014-2018	Chair, Graduate Committee.
2017	Director, Didactice Program in Dietetics
2016	Representative, MS in Nutritional Sciences program, American Society for Nutrition Reception for the Membership and University Mixer, Experimental Biology Meeting.
2015	Member, Human Nutrition Lecturer Search Committee, FSHN/CTAHR.
2015	Representative for Nutritional Sciences MS and PhD programs at Manoa Career Center's Graduate & Law Schools Fair.
2015	Representative for Nutritional Sciences MS and PhD programs at Grad Fair hosted by Associated Students of the University of Hawai'i.
2012-2015	Member and Chair (9/14-3/15), Department Policies and Procedures Committee, HNFAS/CTAHR.
2013	Member, Human Nutrition Assistant Professor Search Committee, FSHN/CTAHR.

COMMUNITY

2023	Presenter, Honolulu Community Wellness Fair, American Diabetes Association
2021	Interviewee, Punahou School Capstone Project
2018	Volunteer, Moisson Montréal
2017	Volunteer, Kokua Market
2014-2016	Secretary, Mid-Pacific Road Runners Club
2013-2016	Judge, Hawaii State Science & Engineering Fair
2013-2015	Judge, Honolulu District Science Fair
2013	Volunteer, advised visiting Japanese students from Ritsumeikan University
2013	Judge, Hawaii Association of Independent Schools (HAIS) District Science Fair

2009 Volunteer, Upper Manhattan Health Fair, Community Association of Progressive Dominicans (ACDP). Presented nutrition information in English and Spanish

PROFESSIONAL SERVICE

2024 **Contributor**, Integrated State Food Policy Framework for Hawaii

2014-2023 **Chair**, Social Media Committee, American Society for Nutrition, Nutrition Education and Behavioral Sciences Research Interest Section

2020-2021 **Past Chair**, Division of International Nutrition Education, Society for Nutrition Education and Behavior

2019-2020 **Chair**, Division of International Nutrition Education, Society for Nutrition Education and Behavior

2015-2017 **Co-chair** (2015-2016) & **Chair** (2016-2017), USDA National Institute of Food and Agriculture Multistate Research Group

2016 **Chair**, Nutrition Education and Behavior Change Mini-Symposium, Nutrition Education and Behavioral Sciences Research Interest Section, Experimental Biology Annual Meeting.

2015-2016 **Reviewer**, Mountain West Clinical and Translational Research –Infrastructure Network (CTR-IN) Pilot Grants

2016 **Reviewer**, Montana State University’s Scholarship and Creativity Grants program

2013-2015 **Co-chair**, Council for Professional Issues (CPI), Hawaii Dietetic Association.

2015 **Reviewer**, Academy of Nutrition and Dietetics Practice Paper: Promoting Ecological Sustainability within Food Systems

2015 **Chair**, Nutrition Education: Developing Healthy Eating and Physical Activity Behaviors Across the Lifespan Mini-Symposium, Nutrition Education and Behavioral Sciences Research Interest Section, Experimental Biology Annual Meeting.

2015 **Organizer and Presenter**, Qualitative Research Methods Workshop Team, American Society for Nutrition, Nutrition Education and Behavioral Sciences Research Interest Section, Experimental Biology Annual Meeting.

2014 **Ad hoc abstract reviewer** for the Experimental Biology 2015 Annual Meeting.

2014 **Ad hoc abstract reviewer** for the International Society for Behavioral Nutrition and Physical Activity 2015 Annual Meeting (ISBNPA).

- 2013 **Advocacy Volunteer**, American Heart Association. Participated in Healthy Communities Hawai'i Planning Meeting addressing obesity-related policy issues.
- 2013 **Ad hoc abstract reviewer** for the International Society for Behavioral Nutrition and Physical Activity 2013 Annual Meeting (ISBNPA).
- 2012 **Contributor**, Spanish Translation Workgroup through the USDA's Food and Nutrition Service (FNS). Reviewed core messages developed by FNS and translation of messages into Spanish, along with EFNEP, SNAP-Ed coordinators.
- 2010 **Contributor**, JO Magazine. Composed article "Eat and Run" on appeal of fast food among university students in Amman, Jordan.
- 2008-2009 **Communications Officer**, Division of International Nutrition Education (DINE), Society for Nutrition Education.

SELECTED HONORS

- 2020 Mid-Career Award, Nutrition Education and Behavioral Science Research Interest Section, American Society for Nutrition
- 2018 Early Career Award, Nutrition Education and Behavioral Science Research Interest Section, American Society for Nutrition
- 2016 Nominee, University of Hawaii Excellence in Teaching Award
- 2015 Nominee, University of Hawaii Frances Davis Award for Excellence in Undergraduate Teaching in the College of Tropical Agriculture and Human Resources
- 2009 New York Presbyterian Hospital Falcon Award for Service Excellence.
- 2008 New York State Dietetic Association Scholarship, American Dietetic Association Foundation.
- 2008 Emerging Investigator Award, Community and Public Health Nutrition Research Interest Section, American Society for Nutrition, Experimental Biology.

SELECTED GUEST LECTURES/PRESENTATIONS

Selected Research Seminars

- 2020 Oregon State University, Research Seminar; Facilitator: Dr. Marie Harvey. Topic: "Results of an intervention using text messages to prevent excessive gestational weight gain in Hawaii WIC."

- 2018 University of Arizona, Guest Lecture; Facilitator: Dr. Kay Hongu. Topic: “Barriers, motivators and perspectives on minimizing lunchtime food waste of early adolescents in the National School Lunch Program.”
- 2015 RCMI Translational Research Network Obesity and Metabolic Syndromes Cluster Webinar, Presentation; Facilitator: Dr. Deborah Juarez. Topic: “Multi-site trial using short mobile messages (SMS) to improve infant weight in low-income minorities.”
- 2015 Leeds Beckett University, Guest Lecture; Facilitator: Dr. Hannah Ensaff. Topic: “Assessing face validity of a food behavior checklist for limited-resource Filipinos.”
- 2015 RMATRIX-II NIH/NIMHD Teleconference, Guest Lecture; Facilitator: Dr. Bruce Shiramizu. Topic: “Development of a food behavior checklist for limited-resource Filipinos.”
- 2014 FSHN 681: Seminar in Nutritional Science, Course instructor: Alan Titchenal. Topic: “Influences on eating and physical activity: a qualitative study in adolescents in a periurban area in Lima, Peru.”
- 2013 Seminar in Nutritional Science; Course instructor: Alan Titchenal. Topic: “Previous Findings and Future Directions Related to Assessment of and Influences on Dietary Intake in Limited-Resource Audiences.”

Selected Presentations for Lay/Public Audiences

- 2024 Department of Homeland Security; Facilitator: CAPT Scott Salvatore. Topic: “Choosing Well While Eating Out”
- 2020 WYAO Hawaii Corporate Wellness, LLC; Facilitator: Terri Dietz. Topic: “The Power of Fruit and Veggies for Health and Beyond!”
- 2017 *Tertulia de Honolulu* Spanish-language conversation group; Facilitator: Enrique Kohl. Topic: “*Comida sana para la buena salud.*”
- 2015 Operating Infinity Non-Profit Organization, Nutrition Workshop; Facilitator: Dr. Xu Di. Topic: “Choosing Wisely: Selecting Food for Health.”
- 2014 Shanghai United Family Hospital and Clinics, Shanghai, China, Continuing Medical Education Lecture; Facilitator: Ann Chiu. Topic: “Using “My Plate” for Dietary Counseling.”
- 2013 Outreach College Seminar for Japanese students from Yamanashi Gakuin University; Facilitator: Michiko Kahmann. Topic: “Nutrition Education: An Introduction to the Field and Design of Nutrition Education Messages.”

- 2013 Outreach College Seminar for Japanese students from Yamanashi Gakuin University; Facilitator: Michiko Kahmann. Topic: “Community Nutrition: Providing Dietary Guidance for the Public.”
- 2013 Food Day; Facilitator: Erika Chinn-Galindo. Topic: “Food Insecurity and Hunger: America’s ‘Hidden Crisis.’”
- 2013 Hawai‘i Extension Nutrition and Health Program Area Professional Development Workshop; Facilitator: Julia Zee. Topic: “Nutrition Education: Messages and Tools for Behavior Change.”
- 2013 Instructional Innovations Brown Bag Lunch Workshop Series; Facilitator: Maria Stewart. Topic: “Teaching Innovations from the Great Teachers Seminar.”
- 2013 Life-II Team Meeting for Expanded Food and Nutrition Education Program Assistants; Facilitator: Carissa Holley. Topic: “Development and Use of the MyPlate Graphic.”
- 2012 The Science of Human Nutrition; Course instructor: Nate Black
Topic: “Digestion: From Meals to Molecules.”

SKILLS

Computing: SAS, Food Processor Nutrition Analysis Software, NVivo.

Languages: Spanish: fluent. *Instituto Intercultural del Caribe*, Santo Domingo, Dominican Republic.