

Monica K. Esquivel
College of Tropical Agriculture and Human Resources
 Department of Human Nutrition, Food and Animal Sciences
 FTE Distribution: 70% Instruction*; 0% Research; 30% Extension
**Includes 35% time for role as Dietetics Program Director*

Education

<u>Degree</u>	<u>University</u>	<u>Major</u>
Bachelors	San Diego State University	Foods and Nutrition
Masters	California State University Northridge	Nutrition, Dietetics and Food Science
PhD	University of Hawaii at Manoa	Nutrition

Professional Appointments

<u>Title</u>	<u>Employer</u>	<u>Dates Employed</u>
Associate Professor	University of Hawaii at Manoa	August 2022-Present
Assistant Professor	University of Hawaii at Manoa	July 2017 - August 2022
Dietetics Program Director	University of Hawaii at Manoa	July 2017 - Present
Nutrition Instructor	University of Hawaii at Manoa	Fall 2015 - June 2017
Junior Researcher, Department of Human Nutrition, Food and Animal Sciences	University of Hawaii at Manoa	February 2016 - June 2016
Junior Researcher, Children's Healthy Living Program	University of Hawaii at Manoa	May 2015 - February 2016
Nutrition Instructor, Children's Healthy Living Summer Institute	University of Hawaii at Manoa	Summer 2015 - Present
Undergraduate Student Fellow Mentor, Child Health Assessment in the Pacific Undergraduate Summer Fellowship Program	University of Hawaii at Manoa	Summer 2016
Graduate Research Assistant, University of Hawaii at Manoa Children's Healthy Living Program		August 2012 - May 2015

Courses Taught

- FSHN 185 - The Science of Human Nutrition (3 credit hours)
- FSHN 467 - Medical Nutrition Therapy I (3 credit hours)
- FSHN 468 - Medical Nutrition Therapy II (3 credit hours)

- FSHN 492 - Field Experience (4 credit hours)
- FSHN 667- Dietetics Supervised practice (5 credit hours)
- FSHN 699 – Directed Reading and Research (credit hours varies)

Publications (reverse chronological order)

Refereed Journal Publications (Since appointment)

Hovmand PS, Franck K, Butel J, Galbreath J, Esquivel M, Coleman P, Aflague T, Shallcross L, Ogland-Hand C, Oshiro J, Belyeu-Camacho T, Sikes A, Novotny R. Developing Group Model-Building Workshops for Children’s Healthy Living Food Systems. *Current Developments in Nutrition*. 2025;9(4):104583. doi:10.1016/j.cdnut.2025.104583

Esquivel MK, Lozano CP. An Overview of Traditional and Novel Tools to Assess Diet. *Am J Lifestyle Med*. 2024 Jul-Aug;18(4):475-478. doi: 10.1177/15598276241240690. eCollection 2024 Jul-Aug. Review.

Esquivel MK, Ghosn B. Current Evidence on Common Dietary Supplements for Sleep Quality. *Am J Lifestyle Med*. 2024 May-Jun;18(3):323-327. doi: 10.1177/15598276241227915. eCollection 2024 May-Jun. Review.

Tatum JL, Van Hoose DE, Esquivel MK, McFall PM. Pilot study of interprofessional learning and engagement in culturally responsive nutrition simulations. *Teaching and Learning in Nursing*. 2024;19(3):269-274. doi:10.1016/j.teln.2024.04.005

Fialkowski MK, Aflague TF, Esquivel MK. A Reminder to Nutrition Researchers: Disaggregate Data on Native Hawaiians and Other Pacific Islanders From Asian Americans. *Journal of Nutrition Education and Behavior*. 2023;55(9):691-692. doi:10.1016/j.jneb.2023.06.008

Aflague TF, Hammond K, Delos Reyes B, Rios D, Leon Guerrero RT, Esquivel M. Barriers, Facilitators, and Strategies for Developing a Culturally Informed Lifestyle Intervention for Native Hawaiian, CHamoru, and Filipino Breast Cancer Survivors: Mixed-Methods Findings from Focus Group Participants. *International Journal of Environmental Research and Public Health*. 2023;20(12):6075. doi:10.3390/ijerph20126075

Esquivel MK, Aflague TF, Yamanaka AB, et al. Children’s Dietary Intake by Early Care and Education Setting in the US Affiliated Pacific. *Journal of Nutrition Education and Behavior*. 2023;0(0). doi:10.1016/j.jneb.2023.03.002

Aflague TF, Esquivel MK, Hammond K, Delos Reyes B, Kaholokula JK. Traditional and new lifestyle interventions to prevent breast cancer recurrence (TANICA): a qualitative study. *Support Care Cancer*. 2023;31(4):218. doi:10.1007/s00520-023-07663-0

Esquivel M, Higa A, Guidry A, Shelton C, Okihiro M. A Qualitative Study on the Motivators, Barriers and Supports to Participation in a Pediatric Produce Prescription Program in Hawai‘i. *International Journal of Environmental Research and Public Health*. 2022;19(24):16682. doi:10.3390/ijerph192416682

Esquivel MK. Nutritional Status and Nutrients Related to Pre-Eclampsia Risk. *American Journal of Lifestyle Medicine*. 2022;0(0). doi:10.1177/15598276221129841

Novotny, R., Yamanaka, A. B., Dela Cruz, R., Strasburger, S., Boushey, C. J., Butel, J., Esquivel, M., Aflague, T. F., Fleming, T., Coleman, P., Deenik, J., Shallcross, L., & Wilkens, L. R. (2022). Food group, macronutrient intake and metabolic status in the US-Affiliated Pacific's Children's Healthy Living (CHL) Program. *The Journal of Nutrition*, nxac173. <https://doi.org/10.1093/jn/nxac173>

Fialkowski, M. K., Sandlin, M. R., Kai, J., Ng-Osorio, J., Custodio, R. C., Odom, S. K., Boyd, J. K., Medina, C., Takahashi, D., & Esquivel, M. K. (2022). An Exploratory Mixed Method Cross-sectional Study to Identify Opportunities to Increase Enrollment and Retention of Native Hawaiian Students in an Undergraduate Dietetic Program. *Journal of the Academy of Nutrition and Dietetics*, 0(0). <https://doi.org/10.1016/j.jand.2022.08.127>

Joo, K. A., Fialkowski, M. K., Esquivel, M., & Haumea, S. L. (2022). Hawai'i Registered Dietitian Nutritionist 2019-2020 Workforce Assessment. *Hawai'i Journal of Health & Social Welfare*, 81(4 Suppl 2), 31–38.

Esquivel, M. K. (2022). Nutrition Benefits and Considerations for Whole Foods Plant-Based Eating Patterns. *American Journal of Lifestyle Medicine*, 16(3), 284–290. <https://doi.org/10.1177/15598276221075992> April 2022

Esquivel, M. K. (2022). Addressing Food Insecurity to Optimize Nutritional Status. *American Journal of Lifestyle Medicine*, 16(2), 173–175. <https://doi.org/10.1177/15598276211062886>

Esquivel, M. K. (2022). Probiotics for Mental Health: A Review of Recent Clinical Trials. *American Journal of Lifestyle Medicine*, 16(1), 21–27. <https://doi.org/10.1177/15598276211049178>

Eng S, Khun T, Esquivel M, Ooki N, Bloese J, Sand S, Lincoln NE. Farmers' perceived needs of extension's support during COVID-19 in Hawaii. *Journal of Extension*. 2021; 59 (2).

Esquivel MK. Nutrition for Pregnant and Lactating Women: The Latest Recommendations from the Dietary Guidelines for Americans 2020-2025 and Practice Implications. March 2021.

Hagedorn RL, Olfert MD, MacNell L, Houghtaling B, Hood LB, Savoie Roskos MR, Goetz JR, Kerns-Lyons V, Knol LL, Mann GR, Esquivel MK, Hege A, Walsh J, Person K, Berner M, Soldavini J, Anderson-Reeves E, Spence M, Paul C, Waity JF, Wall-Bassett ED, Hingle MD, Kelly EB, Lillis JP, Coleman P, Fontenot, M. (2021). College Student Sleep Quality and Mental and Physical Health are Associated with Food Insecurity in a Multi-Campus Study. *Public Health Nutrition*, 1-23. doi:10.1017/S1368980021001191

Esquivel MK. Energy Balance Dynamics: Exercise, Appetite, Diet and Weight Control. *Am J Lifestyle Medicine*. 4 Feb 2021.

Esquivel MK. Nutrition Strategies for Reducing Risk of Burnout Among Physicians and Health Care Professionals. Am J Lifestyle Medicine. 2 Dec 2020.

Greenberg JA, Luick B, Alfred JM, Barber LR, Bersamin A, Coleman P, Esquivel M, Fleming T, Leon Guerrero RT, Hollyer J, Lorrington Johnson E, Novotny R, Remengesau S, Yamanaka A. The affordability of a thrifty food plan-based market basket in the United States-affiliated Pacific Region. Hawaii Journal of Health and Social Welfare. 2020 79(7).

Esquivel MK, Higa A, Hitchens M, Shelton C, Okihiro M. Keiki produce prescription (KPRx) program feasibility study to reduce food insecurity and obesity risk. Hawaii Journal of Health and Social Welfare. 2020; 79(5).

McElfish PA, Purvis RS, Esquivel MK, Sinclair KA, Townsend Ing C, Hawley NL, Haggard-Duff LK, Kaholokula JK. Diabetes disparities and promising interventions to address diabetes in Native Hawaiian and Pacific Islander populations. Curr Diab Rep. 2019 Mar 18;19(5):19. doi: 10.1007/s11892-019-1138-1.

McElfish PA, Yeary K, Sinclair KA, Steelman, S Esquivel M, Aitaoto N, Kaholokula K, Purvis RS, Ayers BL. Best practices for community-engaged research with Pacific Islander communities in the US and USAPI: A scoping review. J of Health Care for Poor and Underserved. 2019: 30(4).

McElfish PA, Ayers B, Purvis R, Long CR, Sinclair K, Esquivel M, Steelman S. Best practices for community-engaged participatory research with Pacific Islander communities in the USA and USAPI: protocol for a scoping review. BMJ Open. 2018; 8 (1).

Esquivel M. Nutritional Assessment and Intervention to Prevent and Treat Malnutrition for Fall Risk Reduction in Elderly Populations. American Journal of Lifestyle Medicine. 2018: 12 (2).

Refereed Journal Publications (Prior to appointment)

Esquivel MK, Nigg C, Fialkowski MK, Braun K, Li F, Novotny R. Head Start Wellness Policy Intervention in Hawai'i: A project of the Children's Healthy Living Program (CHL). *Childhood Obesity*. 2016; 12 (1).

Esquivel MK, Nigg C, Fialkowski JK, Braun K, Li F, Novotny R. Influence of teachers' personal health behaviors on operationalizing obesity prevention policy in Head Start preschools: A project of the Children's Healthy Living Program (CHL). *Journal for Nutrition Education and Behavior*. 2016; 48 (5).

Extension Publications (Peer Reviewed) (Since appointment)

Accreditation Council for Education in Nutrition and Dietetics Noteworthy Nutrition and Dietetics Education Practices- Curriculum Honoree, 2020
(<https://www.eatrightpro.org/acend/public-notice-and-announcements/noteworthy-practices>)

Creative Works (Since appointment)

Hawai'i Nutrition Center Website
UH Manoa Sports Nutrition Website
Grow Eat Think Local Contributions Website

Published Abstracts (Since appointment)

Esquivel M. Innovating Clinical Dietetics Instructional Methods: Placed-Based Case Studies for Teaching Clinical Nutrition. *Journal of Nutrition Education and Behavior*. 2023;55(7):82. doi:[10.1016/j.jneb.2023.05.178](https://doi.org/10.1016/j.jneb.2023.05.178)

Esquivel M, Shelton C, Paresa K, Higa A, Okihiro M, Cuevas A. Household Size, Food Insecurity and Fruit and Vegetable Intake of Keiki Produce Prescription (Kprx) Program Participants. *Journal of Nutrition Education and Behavior*. 2023;55(7):53. doi:[10.1016/j.jneb.2023.05.119](https://doi.org/10.1016/j.jneb.2023.05.119)

Esquivel M, Higa A, Shelton C, Okhiro M. P118 Leveraging Electronic Medical Records for Produce Prescription Program Referral for Improved Enrollment and Participation. *Journal of Nutrition Education and Behavior*. 2022;54(7):S74. doi:[10.1016/j.jneb.2022.04.159](https://doi.org/10.1016/j.jneb.2022.04.159)

Esquivel M, Yamanaka A, Aflague T, Butel J, Coleman P, Deenik J, Fleming T, Shallcross L, Novotny R. Food insecurity and the food environment in the US Affiliated Pacific. *National Institutes of Health: Food insecurity, neighborhood food environment, and nutrition health disparities: state of the science virtual workshop*. National Virtual Meeting. September 23, 2021.

Wen A, Wong L, Arndt R, Tokumaru S, Katz A, Esquivel M, Miyasaki A, Kawakami C, Masaki K: “The Effectiveness of a Virtual Interprofessional Teamwork Simulation Exercise for Nursing, Pharmacy, Social Work and Medical Students at the University of Hawaii.” Abstract presented (selected for Presidential Poster Session) at the American Geriatrics Society National Virtual Meeting, May 2021. Abstract in *J Am Geriatr Soc* 2021; 69-1(suppl):S199.

Published Abstracts (Prior to appointment)

Experimental Biology (San Diego, California) 2016
Poster Presentation: *Validity of Head Start teacher height and weight measurements, BMI and child growth assessments: training needs for longitudinal tracking*.

Experimental Biology (Boston, Massachusetts) 2015
Oral Presentation: *Comparing growth assessments using CDC and WHO reference data in Native Hawaiian Pacific Islander children: baseline data from the Children's Healthy Living Program (CHL) in Hawai'i*

Poster Presentation: *Wellness policy and the Head Start environment: the moderating role of Head Start teachers in the Children's Healthy Living (CHL) program in Hawai'i*.

Society for Nutrition Education and Behavior Annual Conference (Milwaukee, Wisconsin) 2014
Poster Presentation: *Head Start teachers & wellness policy: Children's Healthy Living in Remote Underserved Minority Populations of the Pacific*.

Unpublished Abstracts (Since appointment)

Bonini C, Esquivel M, Okihiro M, Higa A, Long K. Program Design Insights for Produce Prescription Programs- Community Embedded Approaches. *Nutrition Incentive Hub 2022 National Convening*. Virtual Meeting . 2022.

Esquivel M, Kai J, Sandlin MS, Fialkowski MK. Approaches to enhance diversity in health profession education programs: a case study on opportunities to increase Native Hawaiian student success in dietetics. *Health Professions Education Conference*. Virtual Meeting. 2021.

Esquivel M, Fialkowski MK, Wilkens L, Boushey C, LeonGuerrero R, Coleman P, SHallcross L, Fleming T, Novotny R. Children's Healthy Living Program Efforts in the North Pacific to enhance Food Composition and Dietary Data, oral presentation. *Oceania Foods Conference*. Auckland, New Zealand. 2019.

Esquivel M, Higa A, Hitchens M, Shelton S, Okihiro M. Keiki Farmacy: A feasibility evaluation of a produce prescription program to address food insecurity and health disparities, poster presentation. *Hawaii Agriculture Conference*. Honolulu, Hawaii. 2019.

Esquivel M, Higa A, Hitchens M, Shelton S, Okihiro M. Farmacy Produce Rx Pilot: Community Health Center, Farmer's Market, and University Collaboration to Promote Local Produce Consumption in Children, oral presentation. *National Health Outreach Conference*. Fort Worth, Texas. 2019

Esquivel M, Higa A. A Community Health Center Approach to Support Local Agriculture. *Hawaii Agriculture Conference*. Honolulu, Hawaii. 2017.

Unpublished Abstracts (Prior to appointment)

College of Tropical Agriculture and Human Resources Student Research Symposium
(Honolulu, Hawai'i) 2015

Poster Presentation: *Wellness policy and the Head Start environment: the moderating role of Head Start teachers in the Children's Healthy Living (CHL) program in Hawai'i.*

College of Tropical Agriculture and Human Resources Student Research Symposium
(Honolulu, Hawai'i) 2014

Oral Presentation: *What fruits and vegetables do preschoolers eat? A project of the Children's Healthy Living Program (CHL).*

College of Tropical Agriculture and Human Resources Student Research Symposium
(Honolulu, Hawai'i) 2013

Poster Presentation: *A formative assessment of the development and evaluation of the CHL childcare center wellness policy.*

Leadership Roles (Committees, Boards, Advisory, etc.)

HNFAS Department Committees:

- Curriculum Committee
- Scholarship Committee, Chair
- Dietetics Advisory Committee, Chair
- Assessment Coordinator
- Chair's Advisory Board

CTAHR College Committees:

- CTAHR Faculty Senate Instructional Committee
- Student Research Symposium Planning Committee

Other Committees:

- Assistant Chair, Nutrition Graduate Programs
- Health Professions Education Conference Planning Committee
- Healthy Hawaii Strategic Plan Advisory Group, 2020
- Nutrition Leadership Network Conference Planning Committee
 - o Public Policy Day, lead
- Hawaii Academy of Nutrition and Dietetics, Board of Directors
 - o Annual Conference Planning, 2021, lead
 - o Continuing Education Events, 2021, lead

Graduate Students

<u>Category</u>	<u>Current Number of Students</u>	<u>Number Graduated (Career)</u>
<i>Chair</i> of Master's Committees	6	5
<i>Chair</i> of PhD Committees	3	0
Member of Master's Committees	0	2
Member of PhD Committees	5	2

Grant Support

Completed Grants as Principal Investigator

National Institute of General Medical Sciences- Centers of Biomedical Research Excellence (COBRE) P20, Integrative Center for Precision Nutrition and Human Health, Award No 1P20GM139753-01A1

Award: \$450,000, March 2022-February 2026

PI: Marla Berry

Role: Research project leader/Junior investigator for community clinical trial testing keiki produce prescriptions and developing a validated dietary assessment tool for children in Hawaii. (Extension)

Traditional and New Lifestyle Interventions for Breast Cancer Prevention (TANICA). Pacific Island Partnership for Cancer Health Equity (National Cancer Institute, Center to Reduce Cancer Health Disparities, grant numbers U54CA143727 and U54CA143728 PIs Neal Palafox, Randall

Holcombe, Rachael Leon Guerrero, Margaret Hattori-Uchima) Pre Pilot award \$60,000, August 2021-July 2022.

Role: PI (multiple PI), lead research activities in Hawai'i on multisite qualitative study to develop a community informed breast cancer survivor lifestyle intervention for Native Hawaiian, CHamoru and Filipina women. (Extension)

Farmacy Pediatric Produce Prescription for Food Insecurity and Health Disparities. Supported by NIH NIMHD U54MD007601 Ola Hawaii through institutional infrastructure support, \$250,000, January 1, 2020- June 30, 2022.

Role: PI

Partners in Excellence for Leadership in MCH Nutrition. Health Resources & Services Administration- Maternal & Child Health, MCH Workforce Development (grant no T79MC00013), subaward \$19,227, July 1, 2020-June 30, 2021 and \$26,937.29, July 1, 2021-June 30, 2022

Role: PI (subaward), lead Maternal Child Health nutrition training program for graduate students and professionals working in MCH nutrition programs in Hawai'i. (Instruction)

Innovating clinical nutrition instruction for the Pacific, Association of Public Land Grant Universities Innovative Teaching Award, award \$5,000 September 2019- August 2023.

Role: PI

Grow Eat Think (GET) Local Farm to School. Hawaii State Department of Health Supplemental Nutrition Assistance Program Education (SNAP-Ed), award \$65,000, October 2019-September 2021

Role: Lead coordinator for Farm to School activities

Mākeke Waianae Farmacy Prescription Pilot Project. Waianae Coast Comprehensive Health Center subcontract from Hawaii Medical Services Association, award \$17,433, October 2018-September 2019

Role: PI

Diversity in Dietetics and Nutrition: Student Recruitment Efforts to Promote a Diverse Workforce. UHM Office of Student Equity Excellence and Diversity (SEED) Inclusion, Diversity, Equity, Access and Success (IDEAS), award \$500, January 2018-June 2018.

Role: PI

Child growth monitoring for evaluating obesity prevention efforts and prevalence surveillance in Head Start. USDA AFRI 2016-67012-24692, award \$75,000 January 2016 – January 2018.

Role: PI

Completed Grants as Co-Investigator

Optimizing local food nutrient density through agriculture and food processing practices and enhancing public awareness on nutrient value of local food. CTAHR Team Science, award total \$36,618, October 2019-September 2020.

Role: Lead value-added product development and education session; coordinated dissemination event

Building a Native Hawaiian Dietetic Workforce for the Health and Well-being of the Lahui. Kamehameha Schools, award \$49,997, March 2018-February 2020.

Role: Co-investigator, led interpretation of findings as related to dietetics program implications

Current Grant as Principal Investigator

Traditional And New Lifestyle Interventions for Breast CAncer Prevention

(TANICA) Individual plus Policy Systems and Environment (I+PSE) approach: A Pilot Study (National Cancer Institute, Center to Reduce Cancer Health Disparities, grant numbers U54CA143727 and U54CA143728 PIs Neal Palafox, Randall Holcombe, Rachael Leon Guerrero, Margaret Hattori-Uchima) Pilot award \$216,769 August 2023-July 2026.

Role: PI (multiple PI), lead research activities in Hawai'i on multisite study to develop and pilot a community informed breast cancer survivor lifestyle intervention for Native Hawaiian, CHamoru and Filipina women. (Extension)

Current Grants as Co-Investigator

Pacific Nutrition Hug, USDA NIFA AFRI 2025-68015-44279.

PI: Jean Butel, Role: Co-Investigator, lead for Extension activities. (Extension) 01/2025-12/2029, Award: \$1,500,000

Children's Healthy Living Program Food Systems for Resiliency, USDA NIFA AFRI 2021-68012-35899, PI: Rachel Novotny, Role: Co-Investigator, lead for Extension activities. (Extension) 09/2021-08/2025, Award: \$10,000,000

Waianae 'Ohana Produce Prescription Program (WOPRx) USDA NIFA 2020-70030-33127
Role: Evaluator 09/2020-08/2023, Award: \$499,000

Innovating the Introductory Nutrition Course- University of Hawaii at Manoa Provost's Strategic Investment Competition, \$81,669.
Role: Coordinator and curriculum design

Children's Healthy Living Dietetics Scholarship Program (CHLD). United States Department of Agriculture National Institute of Food and Agriculture Multicultural Scholars (grant no 2017-09294), award \$200,000, April 2018- May 2023.
Role: Lead coordinator for service learning and dietetics program alignment

Submitted Grants as Principal Investigator

Hawaii Community Foundation Medical Research Role: Principal Investigator 07/2020-12/2022

Waianae Ohana Produce Prescription Program for Health Disparity Reduction
Award: \$59,497
Role: PI

Submitted Grants as Co-Investigator

Integrative Center for Precision Nutrition and Human Health. National Institute of General Medical Sciences- Centers of Biomedical Research Excellence (COBRE) P20, amount requested \$11,945,270.

Role: Research project leader/Junior investigator

USDA NIFA AFRI 09/2021-08/2025

Children's Healthy Living Program Food Systems for Resiliency

Award: \$10,000,000

Role: Co-Investigator, lead for Extension activities

Submitted, Not Funded, Grants as Principal Investigator

Children's Healthy Living Program (CHL) FACT Undergraduate Research Fellowship for Underrepresented Minorities in the Pacific. United States Department of Agriculture, National Institute of Food and Agriculture, Agriculture and Food Research Initiative (tracking no GRANT12661571), request \$497,295, February 2019-January 2024.

Role: Project director

Multi-Level Policy, System, and Environment Intervention: A Pilot of Farm to Early Care and Education using a Learning Collaborative Model in Hawai'i. Robert Wood Johnson Foundation Healthy Eating Research: Building Evidence to Promote Health and Well-Being Among Children (Concept Paper), request \$200,000.

Role: Project director

Submitted, Not Funded, Grants as Co-Investigator

The Children's Healthy Living Program Nutrition Educators Toolkit (CHLNET). United States Department of Agriculture, National Institute of Food and Agriculture, Agriculture and Food Research Initiative, request \$2,999,440, September 30, 2020- September 29, 2022.

Role: Co-investigator to lead extension activities

The Children's Healthy Living Pathways to Innovate High School Food and Nutrition Science Experience (CHLPath). United States Department of Agriculture, National Institute of Food and Agriculture, Agriculture and Food Research Initiative, request \$299,996, September 30, 2020- September 29, 2024.

Role: Collaborator on curriculum development

Mākeke Waianae SNAP Education pilot: promoting fruit and vegetable consumption while supporting local agriculture. College of Tropical Agriculture and Human Resources Extension Supplemental Funds, request \$39,994.58 (September 2018-September 2019)

Role: Lead extension and evaluation efforts

Mākeke Kapolei and Waianae Double Bucks: SNAP outreach and incentives for locally grown produce. State of Hawaii Department of Agriculture Specialty Block Crop Grant Program- Farm Bill, FY 2018, requested \$40,000

Role: Sub-contractor to evaluate health and economic impact of SNAP incentives at two community farmer's markets.

Effects of Physical Activities on Myostatin Expressions in Diabetes. John A Burns School of Medicine Ola Hawaii Pilot Project (LOI only), requested \$50,000 (Co-investigator)
Role: Development of culturally appropriate health intervention

Hanai 'Ai o Waianae Project (Food Providers of Waianae). State of Hawaii Department of Agriculture Eat Local Media Campaign, requested \$99,000.
Role: Sub-contractor subject matter expert for social media content

Honors/Awards

Emerging Dietetic Leader Award
Hawai'i Academy of Nutrition and Dietetics

2019