

**Sarah Yuan**  
**College of Tropical Agriculture and Human Resources**  
**Center on the Family**

FTE Distribution: 100% E

**Education**

<u>Degree</u>	<u>University</u>	<u>Major</u>
M.Sc.	University of Stirling	Applied Social Research
M.A.	University of Hawai‘i at Mānoa	Sociology
Ph.D.	University of Hawai‘i at Mānoa	Sociology

State and University Awards

2017 Excellence in Extension Award, College of Tropical Agriculture and Human Resources,  
University of Hawai‘i at Mānoa

**Professional Appointments**

<u>Title</u>	<u>Employer</u>	<u>Dates Employed</u>
Assistant Specialist	University of Hawai‘i at Mānoa	2006–2012
Associate Specialist	University of Hawai‘i at Mānoa	2012–2019
Specialist	University of Hawai‘i at Mānoa	2019–present

**Publications**

Refereed Journal Publications

- Tomioka, M., **Yuan, S.**, Yago, J., & Medeiros, C. (2024). The impact of the COVID-19 pandemic on older adults who participate in group physical exercise program. *Hawai‘i Journal of Health & Social Welfare*, 83(7), 180–186. doi: 10.62547/MQXM6470
- Forstadt, L., **Yuan, S.**, Ashurst, K., Scheer, M., Myers, S., & Wallace, H. S. (2020). Programming ideas for youth experiencing homelessness. *Journal of Youth Development*, 15 (6), 252-271.
- Endrizal, C. L., Fialkowski, M. K., Davis, J., **Yuan, S.**, Novotny, R., Delormier, T. W., et al. (2018). Dietetics practice in the unique, culturally diverse Pacific Island region. *Hawai‘i Journal of Medicine & Public Health*, 77(6), 135-143.
- Wegner, E. L., & **Yuan, C. W. S.** (2004). Legal welfare fraud among middle-class families: Manipulating Medicaid program for long-term care. *American Behavioral Scientist*, 47(11), 1406-1418.
- Fong, G., DeBaryshe, B., **Yuan, S. C. W.**, Yuen, S., Caufield, R., Nemoto, M. A., & Hisatake, T. (2004). Factors affecting choice of kith and kin care by families receiving child-care subsidies. *Hūlili: Multidisciplinary Research on Hawaiian Well-Being*, 1(1), 93-106.

Extension Publications

- Tomioka, M., & **Yuan, S.** (2023). *Hawai‘i Healthy Aging Partnership: EnhanceFitness fact sheet*. <https://static1.squarespace.com/static/5c3d284375f9eeed95ca597/t/63fd3c4a00a593108ffac168/1677540428659/HAP-EF-Fact-Sheet-2023-Final.pdf>

- Tomioka, M., & **Yuan, S.** (2023). *Hawai'i Healthy Aging Partnership: Better Choices Better Health fact sheet*. <https://static1.squarespace.com/static/5c3d284375f9eeed95ca597/t/63fd25a21966620b82082719/1677534628100/HAP-BCBH-Fact-Sheet-2023-Final.pdf>
- Ashurst, K., Eagling, M., Forstadt, L., Scheer, M., Sedges, H., & **Yuan, S.** (2022). *Thriving with an equity lens fact sheet: Youth experiencing homelessness*. A part of the fact sheet series developed by the Access, Equity and Belonging Committee of the 4-H Program Leaders Working Group. <https://access-equity-belonging.extension.org/wp-content/uploads/2022/04/Youth-Experiencing-Homelessness.pdf>
- Yuan, S.**, Liu, L., & Azuma, J. (2021). *City & County of Honolulu: Housing First Increment II program evaluation report, December 2016 - November 2019*. Honolulu: University of Hawai'i Center on the Family.
- Yuan, S.**, Chong, S. (2021). *Housing First Increment II program highlights, December 2016 - November 2019*. Honolulu: University of Hawai'i Center on the Family.
- Azuma, J., **Yuan, S.**, Stern, I. R., Gauci, K. T. (2019). *2019 community profile series*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Azuma, J., **Yuan, S.**, Stern, I. R., Gauci, K. T., & Kohl, N. (2019). *2019 community profile series: Technical report*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Azuma, J., **Yuan, S.**, Stern, I. R., & Gauci, K. T. (2018). *2018 community profile series*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Azuma, J., **Yuan, S.**, Stern, I. R., Gauci, K. T., & Kohl, N. (2018). *2018 community profile series: Technical report*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, & Gauci, K. T. (2018). *Homeless service utilization report: Hawai'i 2017*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S., Azuma, J., & Gauci, K. T. (2018). *Hawai'i Pathways Project: Final report, August 2014–September 2017*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, Azuma, J., & Gauci, K. T. (2018). *Hawai'i Pathways Project Highlights*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, Stern, I. R., Gauci, K. T., & Liu, L. (2018). *Street youth study*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, Stern, I. R., Gauci, K. T., & Liu, L. (2018). *Street youth study: Summary report*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, & Gauci, K. T. (2017). *Homeless service utilization report: Hawai'i 2016*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.** (2017). *Homeless service utilization report: Statistical supplement, Hawai'i 2016*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, Vo. H., & Azuma, J. (2016). *Homeless service utilization report: Statistical supplement, Hawai'i 2015*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, Vo. H., Gleason, K., & Azuma, J. (2016). *Homeless service utilization report: Hawai'i 2015*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, Liebreich, H., & Morimoto, Y. (2016). *Hawai'i Pathways Project: Progress report, August 2014–September 2015*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, Vo. H., & Garcia, L. (2015). *Permanent supportive housing program: Pilot Implementation Report, Hawai'i, 2012–2013*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, & Vo, H. (2015). *Homeless service utilization report: Statistical supplement, Hawai'i*

2014. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** Vo, H., & Gleason, K. (2014). *Homeless service utilization report: Hawai‘i 2014*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** Sakairi, E., & Garcia, L. (2014). *Health care utilization report: Hawaii 2012*. Report for the State Health Planning and Development Agency, Hawai‘i State Department of Health.
- Yuan, S.,** Sakairi, E., & Garcia, L. (2014). *Health care utilization report: Hawaii 2011*. Report for the State Health Planning and Development Agency, Hawai‘i State Department of Health.
- Yuan, S.,** & Vo, H. (2014). *Homeless service utilization report: Statistical supplement, Hawai‘i FY 2013, Issues 1 & 2*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** Sabino, E., & Wongkaren, T. (2013). *Final evaluation report: Strategic Prevention Framework State Incentive Grant, State of Hawai‘i, 2006–2012*. A report for Alcohol and Drug Abuse Division, Hawai‘i State Department of Health.
- Yuan, S.,** Stern, I. R., & Vo, H. (2013). *Homeless service utilization report: Hawai‘i 2013*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** Stern, I. R., & Vo, H. (2012). *Homeless service utilization report: Hawai‘i 2012*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Stern, I. R., **Yuan, S.,** Hwang, S. Y., & Kole, S. (2012). *Hawai‘i Community Stabilization Initiative: Socioeconomic trends, 2007-2011*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** Lamb, L., & Cai, Y. (2012). *Health care utilization report: Hawaii 2010*. Report for the State Health Planning and Development Agency, Hawai‘i State Department of Health.
- Yuan, S.,** Lamb, L., & Cai, Y. (2012). *Health care utilization report: Hawaii 2009*. Report for the State Health Planning and Development Agency, Hawai‘i State Department of Health.
- Yuan, S.,** Lamb, L., & Cai, Y. (2012). *Health care utilization report: Hawaii 2008*. Report for the State Health Planning and Development Agency, Hawai‘i State Department of Health.
- Yuan, S.,** & Stern, I. R. (2011). *Homeless service utilization report: Hawai‘i 2011*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** Lai, M. C., & Heusel, K. (2011). *Strategic Prevention Framework State Incentive Grant progress report: Building a sustainable substance abuse prevention system, State of Hawai‘i, 2006–2010*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Stern, I. R., **Yuan, S.,** Hwang, S. Y., & Kole, S. (2011). *Hawai‘i Community Stabilization Initiative indicator report*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** Trundle, H., & Fong, G. (2010). *Homeless service utilization report: Hawai‘i 2010*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** & Yuen, S. (2009). *Homeless service utilization report: Hawai‘i 2009*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Lai, M. C., Yuen, S., **Yuan, S.,** Zhang, J., & Okano, S. Y. (2009). *Alcohol and drug treatment services report: Hawai‘i, 2000–2008*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** Kole, S., Hwang, S. Y., Manlagnit, M. C., Yuen, S., & He, S. J. (2009). *Quality of life in Hawai‘i, 2009 report*. Honolulu, HI: University of Hawai‘i, Center on the Family.
- Yuan, S.,** Kole, S., Hwang, S. Y., Manlagnit, M. C., Yuen, S., & He, S. J. (2009). *Quality of life in Hawai‘i, 2009 report: Framework, indicators, and technical documentation*. Honolulu, HI: University of Hawai‘i, Center on the Family.

- Yuan, S., Kule, S., & Yuen, S.** (2008). *Homeless service utilization report: Hawai'i 2008*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Nahar, Q., Tom, M. F., Yuen, S., **Yuan, S.**, Zhang, J., & Okano, S. Y. (2008). *Alcohol and drug treatment services, 2000, 2003, and 2006, provided by the Alcohol and Drug Abuse Division (ADAD), Hawai'i Department of Health*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Ripke, M., Crespo, N., Kim, J., Yuen, S., & **Yuan, S.** (2007). *Homeless service utilization report: Hawai'i 2007*. Honolulu, HI: University of Hawai'i, Center on the Family.
- He, S. J., **Yuan, S.**, Nahar, Q., Min, H., & Yuen, S. (2007). *Hawai'i epidemiological profile for substance abuse prevention*. Report submitted to the Hawai'i Department of Health, Alcohol and Drug Abuse Division.
- He, S. J., **Yuan, S.**, Illukpitiya, P., & Yuen, S. (2007). *Economic well-being in Hawai'i: Family and individual self-sufficiency—AUW report*. Honolulu, HI: University of Hawai'i, Center on the Family.
- He, S. J., **Yuan, S.**, Illukpitiya, P., & Yuen, S. (2007). *Technical notes for economic well-being in Hawai'i: Family and individual self-sufficiency—AUW report*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Yuan, S.**, Karel, H., & Yuen, S. (2007). *Hawai'i's older adults: Demographic profile*. Honolulu, HI: University of Hawai'i, Center on the Family.
- Ullman, M., Ripke, M., Yuen, S., & **Yuan, S.** (2006). *Homeless service utilization report: Hawai'i 2006*. Honolulu, HI: University of Hawai'i, Center on the Family.

#### Creative Works

- Chong, S., Crabbe, L., & **Yuan, S.** (2023). *GPRA Tool and Data Collection Platform Training*. An interactive and self-paced e-course for substance abuse treatment service providers on collecting and reporting client outcome data for services funded by the federal discretionary grants administered by the Alcohol and Drug Abuse Division, Hawai'i State Department of Health. E-course site address:  
<https://sites.google.com/hawaii.edu/csat-gpra-training-site>
- Yuan, S.**, Chong, S., Crabbe, L., & Tomioka, M. (2023). *Hawai'i Discretionary Programs Data Collection website: CSAT-GPRA Client Outcome Measures*. A data reporting website for substance abuse treatment programs funded by the federal discretionary grants administered by the Alcohol and Drug Abuse Division, Hawai'i State Department of Health. Demo and training site address:  
<https://sites.google.com/hawaii.edu/csat-gpra-training-site/home>
- Azuma, J., **Yuan, S.**, Tomioka, M., & Chong, S. (2022). *Hawai'i GPRA Dashboard*. An online dashboard on the outcomes of substance abuse services funded by the federal discretionary grants, administered by the Alcohol and Drug Abuse Division, Hawai'i State Department of Health. Website address: [https://datastudio.google.com/reporting/0d08c9a1-c663-4e87-bd8a-8fef7453532c/page/p\\_yb7uldpysc?s=hBqYqVuT4aM](https://datastudio.google.com/reporting/0d08c9a1-c663-4e87-bd8a-8fef7453532c/page/p_yb7uldpysc?s=hBqYqVuT4aM)
- Yuan, S.**, Chong, S., Crabbe, L., Gauci, K., & Tomioka, M. (2021). *Hawai'i Discretionary Programs Data Collection website*. A data reporting website for substance abuse treatment programs funded by the federal discretionary grants administered by the Alcohol and Drug Abuse Division, Hawai'i State Department of Health. Demo and training site address: <https://sites.google.com/hawaii.edu/at-ui-test/home>
- Yuan, S.**, Garcia, L., & Liebreich, H. (2016). *Hawai'i Pathways PhotoVoice Project*. Website at

<http://hawaiiPATHWAYSproject.weebly.com/>

**Yuan, S.,** Azuma, J., Gleason, K., Robles, A., Sabino-Laughlin, E., & Wongkaren, T. (2015). *Strategic Prevention Framework (SPF) Hawai‘i*. Website at <http://spfhawaii.org>

**Yuan, S.,** Yuen, S., Karel, H., He, S. J., Kadir, A., Nahar, Q., Bain, F., & Yuan, M. Y. (2006). *Data center on Hawai‘i’s aging*. Honolulu, HI: University of Hawai‘i, Center on the Family. Website at [http://uhfamily.hawaii.edu/cof\\_data/hawaiiaging/home.aspx](http://uhfamily.hawaii.edu/cof_data/hawaiiaging/home.aspx)

#### Leadership Roles (Committees, Boards, Advisory, etc.)

Board Director, Ka Mana O Nā Helu (a non-profit specializing in utilizing information technology to facilitate human service solutions): Board Secretary, December 2018–November 2019; Board President, December 2019–present.

Governor Appointed Board Member, Policy Advisory Board for Elder Affairs, Executive Office on Aging, State of Hawai‘i, July 2013–June 2021: Board’s 1st Vice Chair, July 2015–June 2017; Legislative Committee Chair, July 2015–June 2016, July 2018–June 2021.

#### **Grant Support (past five years)**

Title of Grant: Youth Homelessness Study  
Source of Grant: Hawaii Youth Services Network  
Total Dollar Value: \$150,769.00  
Dates of Grant: November 16, 2024–March 31, 2027  
Role: PI (with Co-I I. R. Stern)

Title of Grant: Discretionary Grant Evaluation and Data Collection  
Source of Grant: Hawai‘i State Department of Health, Alcohol and Drug Abuse Division  
Total Dollar Value: \$576,000.00  
Dates of Grant: September 30, 2022–September 29, 2025  
Role: PI (with Co-I J. Kim)

Title of Grant: Hawai‘i Healthy Aging Partnership: Coordination and Evaluation  
Source of Grant: Hawai‘i State Department of Health, Executive Office on Aging  
Total Dollar Value: \$192,717.00  
Dates of Grant: July 1, 2023–September 30, 2025  
Role: PI (with Co-I M. Tomioka)

Title of Grant: Strategic Prevention Framework (SPF) Evaluation Implementation  
Source of Grant: Hawai‘i State Department of Health, Alcohol and Drug Abuse Division  
Total Dollar Value: \$1,074,000.00  
Dates of Grant: July 1, 2019–June 30, 2025  
Role: PI

Title of Grant: Evaluation of HPCA's School Health and Diabetes Prevention Programs  
Source of Grant: Hawai‘i Primary Care Association.  
Total Dollar Value: \$65,000.00  
Dates of Grant: May 1, 2023–November 30, 2024  
Role: PI (with Co-I M. Tomioka)

Title of Grant: City's Housing First Increment II Evaluation Project (Year 7)  
Source of Grant: United States Veterans Initiative  
Total Dollar Value: \$40,000.00  
Dates of Grant: October 1, 2022–June 30, 2023  
Role: PI (with Co-I J. Kim)

Title of Grant: Hawai'i Healthy Aging Partnership: Coordination and Evaluation  
Source of Grant: Hawai'i State Department of Health, Chronic Disease Prevention & Health Promotion Division  
Total Dollar Value: \$49,000.00  
Dates of Grant: July 1, 2022–June 29, 2023  
Role: PI (with Co-I M. Tomioka)

Title of Grant: Evaluation of Substance Abuse Treatment Projects Funded by Federal Discretionary Grants  
Source of Grant: Hawai'i State Department of Health, Alcohol and Drug Abuse Division  
Total Dollar Value: \$976,964.00  
Dates of Grant: October 1, 2018–September 29, 2022  
Role: PI (with Co-I J. Kim)

Title of Grant: Hawai'i Healthy Aging Partnership: Coordination and Evaluation  
Source of Grant: Hawai'i State Department of Health, Executive Office on Aging  
Total Dollar Value: \$141,640.00  
Dates of Grant: October 1, 2019–June 30, 2021  
Role: PI (with Co-I M. Tomioka)

**Presentations at Conferences (past five years)**

Title: Shaping Change: A University-Community Partnership to Address Youth Homelessness  
Authors: **Yuan, S.**, Stern, I. R., Clark, J., Berrones, E., & Gauci, K.  
Name of Conference: CTAHR Conference 2025  
Location: Honolulu, HI  
Date of Presentation: April 10-11, 2025

Title: Working together to solve the 10,000 piece puzzle: Key challenges for Hawaii's families and promising solutions  
Authors: DeBaryshe, B., Esquivel, M., Ooki, N., Souza, J., Yancura, L., **Yuan, S.**  
Name of Conference: CTAHR Conference 2025  
Location: Honolulu, HI  
Date of Presentation: April 10-11, 2025

Title: Promoting Enhance Fitness in Faith-Based Communities  
Authors: Tomioka, M., **Yuan, S.**, Yago, J., Ibera, M., Kidani, S., & Kimoto, J.  
Name of Conference: On Aging 2025, American Society on Aging  
Location: Orlando, FL  
Date of Presentation: April 21–24, 2025

Title: Unveiling Effective Marketing Strategies for Evidence-Based Health Programs

Authors: Tomioka, M., **Yuan, S.**, Yago, J., & Chong, S.

Name of Conference: On Aging 2025, American Society on Aging

Location: Orlando, FL

Date of Presentation: April 21–24, 2025

Title: Scaling social impact through community partners: An empowerment approach to expand EnhanceFitness in Hawaii

Authors: Tomioka, M., Medeiros, C., Kimoto, J., Ostlind, J., Yago, J., **Yuan, S.**, & Kidani, S.

Name of Conference: On Aging 2024, American Society on Aging

Location: San Francisco, CA

Date of Presentation: March 25–28, 2024

Title: Adapting Cancer Thriving and Surviving Program to a culturally diverse community.

Authors: Tomioka, M., Yago, J., & **Yuan, S.**

Name of Conference: On Aging 2024, American Society on Aging

Location: San Francisco, CA

Date of Presentation: March 25–28, 2024

Title: Strategies for promoting healthy aging through evidence-based programs in Hawaii

Authors: **Yuan, S.**

Name of Conference: Healthy Ageing Conference 2023

Location: Hong Kong

Date of Presentation: October 26–27, 2023

Title: Using Airtable to collect evaluation data from prevention providers across programs

Authors: **Yuan, S.**, Gauci, K., & Flores, S.

Name of Conference: Society for Prevention Research 31<sup>st</sup> Annual Meeting

Location: Washington, DC

Date of Presentation: May 30–June 2, 2023

Title: Reaching out to and programming for youth in poverty and homelessness

Authors: Ashurst, K., **Yuan, S.**, & Atkinson, T.

Name of Conference: National Youth Advocacy and Resilience Conference

Location: Savannah, GA

Date of Presentation: March 5–8, 2023

Title: Implementing remote EnhanceFitness for multi-ethnic older adults in Hawai'i

Authors: Tomioka, M., **Yuan, S.**, & Yago, J.

Name of Conference: On Aging 2023, American Society on Aging  
Location: Atlanta, GA  
Date of Presentation: March 27–30, 2023

Title: Beyond financial planning: Workshop on empowering pre-retirees and retirees

Authors: Tomioka, M., **Yuan, S.**, & Hayashida, C.

Name of Conference: On Aging 2023, American Society on Aging

Location: Atlanta, GA

Date of Presentation: March 27–30, 2023

Title: How has the pandemic impacted Enhance® Fitness participants, and how do we move forward?

Authors: Tomioka, M., Medeiros, C., Yago, J., & **Yuan, S.**

Name of Conference: Age+Action 2021 Conference, National Council on Aging

Location: Virtual

Date of Presentation: June 7–10, 2021

*Updated 4/30/2025*