

Curriculum Vitae

Thao N. Le
College of Tropical Agriculture and Human Resources
Department of Family & Consumer Sciences
FTE Distribution: 50% Admin; 15%I; 25%R; 10%E

Education

<u>Degree</u>	<u>University</u>	<u>Major</u>
Ph.D.	University of California, Davis	Psychology
MPH	University of California, Berkeley	Behavioral Sciences
BS	University of California, Irvine	Biology
BA	University of California, Irvine	Psychology

Lifetime Awards and Fellow Status

Seeds of Wellbeing (Outstanding community leader), Mental Health America of Hawai'i 2024
CTAHR Ka Pouhana Mentor Award 2022
Fulbright Finalist/Alternate, US Department of State, Washington DC
Senior Fellow, Mind and Life Summer Research Institute

Professional Appointments

<u>Title</u>	<u>Employer</u>	<u>Dates Employed</u>
Chair	University of Hawaii	Aug 2022-Present
Professor	University of Hawaii	2020- Present
Associate Professor	University of Hawaii	2012-2020
Assistant Professor	University of Hawaii	2011-2012
Associate Professor	Colorado State University	2011
Assistant Professor	Colorado State University	2005-2011
Senior Researcher	National Council Crime & Delinquency	2001-2005
Sr. Research Associate	National Council Crime & Delinquency	1998-2001
Research Associate	National Council Crime & Delinquency	1996-1998
Research Associate	Institute for Mental Health Services Research	1994-1996

Courses Taught

Course ID and name (credits)

At UH Manoa

HDFS 435/FamR 435 Mindfulness & Skillful Living (3)
HDFS 333/FamR 333 Adolescent Development & Emerging Adulthood (3)
HDFS 499 Independent Study (variable credits)
SW699 Independent Study (3)

At Colorado State University

HDFS 311 Adolescent Development (3)
HDFS 312 Adult Development & Aging (3)
HDFS 484 Supervised College Teaching (3)

HDFS 492	Senior Seminar (3)
HDFS 498	Undergraduate Research (3)
HDFS 550	Research Methods (3)
HDFS 592	Grant Writing (3)
HDFS 612	Adolescent Development (3)
HDFS 698	Graduate Research (3)
HDFS 699	Thesis Advising (3)

Publications (reverse chronological order)

h-index: 31; 3,632 citations (Feb 2025)

Book Chapters

Le, T.N., Fong, B., Keaulani, B., & Lum, K. (in press). Mindfulness and Native Hawaiian contemplative practices. Chapter 29 in Wendy Li, Gemma Griffith, Shuana Shapiro, & Zhuohong Zhu (eds.), *Palgrave Handbook of Third-Wave Therapies*. Springer Nature.

Le, T.N., & Trieu, D. (2020). Personal wisdom as reflected in the Vietnamese classic literature *The Tale of Kieu*. In A. Intezari, C. Spiller, & S.Y Yang (eds.), *Practical wisdom, leadership and culture: Asian, Indigenous, and Middle-Eastern Perspectives*. Taylor & Francis.

Le, T.N., Buddharakkhita, B., Cerswell, L. (2018). The six R's framework as mindfulness for suicide prevention. In J.K Hirsch, E.C. Chang, & J. Keillihier Rabon (eds.), *A positive psychological approach to suicide: Theory, research, and prevention*. Switzerland: Springer International Publishing. 10.1007/978-3-030-03225-8

Refereed Journal Publications

Le, T.N. Kerver, A., & Brown, E. (in press). Experiences of agricultural peers-to-peers mental health support. *The Journal of Extension*

Le, T.N., & Brown, E. (2024). Farmer stress and coping: Qualitative study from Hawai'i. *OBM Integrative and Complementary Medicine*. doi: [10.21926/obm.icm.2404070](https://doi.org/10.21926/obm.icm.2404070)

Le, T.N., & Kerver, A. (2024). Agricultural peer mentors for mental health support. *Rural Society*.
<http://dx.doi.org/10.1080/10371656.2024.2418738>

Le, T.N., Kong, S., Kalani, S.P., Keaulani, B., & Lum, K. (2023). Restoring a royal fishpond with native Hawaiian youth: Traditional ecological knowledge fosters well-being and relational virtuosity. *Children, Youth, and Environments*, 33(3).
<https://muse.jhu.edu/journal/850>

Le, T.N., Zhang, W., Brown, Em., Crum, J., & Wong, A. (2023). Risk factors for depression and suicide among Hawai'i agricultural producers. *Journal of Agromedicine*,

<http://doi.org/10.1080/1059924X.2023.2226131>

- Le, T.N., Brown, E., Zhang, W. (2023). Sense of purpose and meaning making mitigates the experience of stress among Hawai'i farmers. *Journal of Agromedicine*. <http://dx.doi.org/10.1080/1059924X.2023.2215238>.
- Le, T.N. (2023). Hawai'i local residents' perception of farming, weekly purchase and willing to spend more for local products. *Extension Publications*. CTAHR, University of Hawai'i Manoa.
- Le, T. N., Ahmad, A., Brown, E., Crum, J., Wong, A., Sand, S., Oshiro, M., & Kirk, E. (2022). Rates of stress, depression, and suicide among Hawai'i agriculture producers and allied professionals. *Extension Publications*. CTAHR, University of Hawai'i Manoa. <https://www.ctahr.hawaii.edu/oc/freepubs/pdf/MHI-1.pdf>
- Le, T.N, Greenwood, H., Brown, E., Wong, A., Crum, J., Ahmad, Am., Oshiro M., & Sand, S. (2022). Reported stressors and desired resources expressed by Hawai'i farmers and ranchers. *Extension Publications*. CTAHR, University of Hawai'i Manoa. <https://www.ctahr.hawaii.edu/oc/freepubs/pdf/MHI-2.pdf>
- Le, T.N., & Jackman, T. (2022). Beyond aloha: Can university of Hawai'i students cultivate Native Hawaiian relational awareness in a mindfulness course? In C. M. Fleming, J. Proulx, and V. Y. Womack (Eds.), *Beyond white mindfulness: Critical perspectives on racism, wellness, and liberation*. New York: Routledge Press.
- Le, T.N., Nguyen, K.T., & Douang, K. (2019). randomized study of mindfulness and service/project-based learning with students in Vietnam. *International Journal of Research on Service-Learning and Community Engagement*, 7(1), Article 5.
- Le, T.N., Alefaio, D. (2019). Mindfulness training for social service providers in Hawaii: Context and considerations. *Journal of Social Service Research*. <https://doi.org/10.1080/01488376.2019.1606758> .
- Le, T.N., & Alefaio, D. (2018). Hawaii's educators' experiences in a professional development course on mindfulness. *Professional Development in Education*. DOI: 10.1080/19415257.2018.1474485
- Le, T. N. (2017). Cultural considerations in a phenomenological study of mindfulness with Vietnamese youth and cyclo drivers. *International Perspectives in Psychology: Research, Practice, Consultation*, 6(4), 246-260.
- Proulx, J., Bergen-Cico, D., Fleming, C.M., Croff, R., Le, T.N., Noorani, M., Aldwin, C., & Oken, B. (2017). Considerations for research and development of culturally relevant mindfulness interventions in American minority communities. *Mindfulness*. 10.1007/s12671-017-0785-z

- Le, T.N., & Proulx, J. (2015). Feasibility of mindfulness-based intervention for mixed-ethnic Asian/Pacific Islander incarcerated youth. *Asian American Journal of Psychology*. Advance online publication. <http://dx.doi.org/10.1037/aap0000019>
- Le, T.N. & Trieu, D. (2015). Translating and implementing a mindfulness-based positive youth development program in Vietnam. *Health Promotion International*. doi: 10.1093/heapro/dau101
- Le, T.N., & Gobert, J. (2015). Translating & implementing a mindfulness-based youth suicide prevention intervention in a Native American community. *Journal of Child and Family Studies*, 24(1), 12-23. DOI: 10.1007/s10826-013-9809-z
- Le, T.N. & Shim, P. (2014). Mindfulness and the aloha response. *Journal of Indigenous Social Development*, 3(1) 1-11. <http://hdl.handle.net/10125/33336>
- Le, T.N. (2014). Mindfulness-based adventure camp for military youth. *Journal of Extension*, 52(2), #2FEA5.
- Le, T.N. & Doukas, K.M. (2013). Making meaning of turning points in life review: Values, wisdom, and life satisfaction. *Journal of Religion, Spirituality, and Aging*. DOI: 10.1080/15528030.2013.765367
- Soto, J. A., Armenta, B. E., Perez, C. R., Zamboanga, B. L., Umaña-Taylor, A. J., Lee, R. M., Schwartz, S. J., Park, I. J. K., Huynh, Q.-L., Whitbourne, S. K., Le, T. N., & Ham, L. S. (2012). Strength in numbers? Cognitive reappraisal tendencies and psychological functioning among Latinos in the context of oppression. *Cultural Diversity and Ethnic Minority Psychology*.
- Johansen, S., & Le, T.N. (2012). Youth perspective on multiculturalism using photovoice methodology. *Youth & Society*, DOI: 10.1177/0044118X12443841.
- Le, T.N., & Stockdale, G. (2011). Influence of generational status on developmental trajectories of delinquency for African American, Asian, Hispanic, and white Youth. *Asian American Journal of Psychology*, 2(4), 306-315
- Le, T.N., *Johansen, S. (2011). The relationship between perceived school multiculturalism and interpersonal violence: An exploratory study. *Journal of School Health*, 81(11), 688-695. DOI: 10.1111/j.1746-1561.2011.00645.x.
- Le, T.N. & Stockdale, G. (2011). The influence of school demographic factors and perceived student discrimination on delinquency trajectory in adolescence. *Journal of Adolescent Health*, 49(4), 407-413. DOI: 10.1016/j.jadohealth.2011.02.003
- Le, T.N., Arifufku, I., Vuong, L., Tran, G., Lustig, D.F., & Zimring, F. (2011). Community mobilization & community-based participatory research to prevent youth violence among

- Asian and immigrant populations. *American Journal of Community Psychology*, 48(1-2), 77-88. DOI: 10.1007/s10464-010-9414-y.
- Chang, J., & Le, T.N. (2010). Multiculturalism as a dimension of school climate: The impact on the academic achievement of Asian American and Hispanic youth. *Cultural Diversity & Ethnic Minority Psychology*, 16(4), 485-492.
- Le, T.N. (2010). Life satisfaction, openness value, self-transcendence, and wisdom. *Journal of Happiness Studies*, 12(2), 171-182.
- Le, T.N., Lai, M., & Wallen, J. (2009). Multiculturalism and subjective happiness as mediated by cultural and relational variables. *Cultural Diversity and Ethnic Minority Psychology*, 15(3), 303-313.
- Le, T.N., Goebert, D., & Wallen, J. (2009). Acculturation factors and substance use among Asian American youth. *The Journal of Primary Prevention*, 30(3), 453-473. doi: 10.1007/s10935-009-0184-x
- Le, T.N., & Stockdale, G. (2008). Acculturative dissonance, ethnic identity, and youth violence. *Cultural Diversity and Ethnic Minority Psychology*, 14(1), 1-9. Published as the FEATURE ARTICLE of this volume
- Le, T.N., & Wallen, J. (2008). Risks of non-familial violent physical and emotional victimization in four Asian ethnic groups. *Journal of Immigrant and Minority Health*, 11(3), 174-187. doi: 10.1007/s10903-007-9100-8.
- Le, T.N. (2008). Cultural values, life experiences, and wisdom. *The International Journal of Aging & Human Development*, 66(4), 259-281.
- Le, T.N. (2008). Age differences in spirituality, mystical experiences, and wisdom. *Ageing & Society*, 28(3), 383-411.
- Ngo, H., & Le, T.N. (2007). Stressful life events, culture, and violence. *Journal of Immigrant and Minority Health*, 9, 75-84. 10.1007/s10903-006-9018-6.
- Le, T.N., Tov, W., & Taylor, J. (2007). Religiousness and depressive symptoms in five ethnic adolescent groups. *The International Journal for the Psychology of Religion*, 209-230.
- Le, T.N., & Wallen, J.L. (2006). Prevalence and risk factors of serious violence among Cambodian, Chinese, Lao/Mien, and Vietnamese youth. *AAPJ Nexus*, 4(2), 15-44.
- Spencer, J., & Le, T.N. (2006). Parent refugee status, immigration stressors, and Southeast Asian youth violence. *Journal of Immigrant and Minority Health*, 8, 359-368. doi: 10.1007/s10903-006-9006-x.

- Le, T.N., & Kato, T. (2006). The role of peer, parent, and culture in risky sexual behaviors for Cambodian and Lao/Mien adolescents. *Journal of Adolescent Health, 39*(3), 288-296.
- Le, T.N., & Arifuku, I. (2006). Moving picture of API youth: A case for disaggregate data on youth victimization and delinquency. *Amerasia Journal, 29*-41.
- Le, T.N., & Stockdale, G. (2005). Individualism, collectivism, and delinquency in Asian American adolescents. *Journal of Clinical Child and Adolescent Psychology, 34*(4), 681-691.
- Le, T.N. (2005). Non-Familial victimization among Asian Pacific Islander: The Oakland experience. *Journal of Ethnicity in Criminal Justice, 3*(3), 49-64.
- Le, T.N., & Levenson, M.R. (2005). Self-transcendence as wisdom: What's love & individualism got to do with it? *Journal of Research in Personality, 39*, 443-457.
- Le, T.N. (2005). Narcissism and immature love as mediators of vertical individualism and ludic love style. *Journal of Social and Personal Relationships, 22*(4), 543-560.
- Le, T.N. (2005). A measure of immature love. *Individual Differences Research, 3*(2), 72-87.
- Le, T.N., Monfared, G., & Stockdale, G. (2005). The relationship of school attachment, parent engagement, and peer delinquency with self-reported delinquency for Chinese, Cambodian, Lao/Mien, and Vietnamese youth. *Crime and Delinquency, 51*(2), 192-219. DOI: 10.1177/0011128704273466. (impact factor 2008 = 1.42)
- Go, C.C., & Le, T. N. (2005). Gender differences in Cambodian delinquency: The role of ethnic identity, parental discipline, and peer delinquency. *Crime and Delinquency, 51*(2), 220-237. doi: 10.1177/0011128704273466.
- Chang, J., Le, T.N. (2005). The Influence of parents, peer delinquency, and school attitudes on academic achievement for Chinese, Cambodian, Laotian-Mien, and Vietnamese youth. *Crime and Delinquency, 51*(2), 238-264. doi: 10.1177/0011128704273469
- Le, T., Arifuku, I., Nunez, M. (2003). Girls and culture in delinquency intervention: A case study of RYSE. *Juvenile and Family Court Journal, 54*(3), 25-34. doi: 10.1111/j.1755-6988.2003.tb00078.x.
- Le, T. (2002). Asian Pacific Islander and delinquency: A review of literature and research. *The Justice Professional, 15*(1), 57-70. doi: 10.1080/08884310212825.
- Jenkins, C. Le, T., McPhee, S., Stewart, S., & Ha, T. (1996). Health care access and preventive care among Vietnamese immigrants: Do traditional beliefs and practices pose barriers? *Social Science and Medicine, 43*(7), 1049-1056

Other Publications

Le, T.N., & SOW Team (Feb 2025). Connectedness as a response to address farmer mental health challenges. Cooperative Extension Impact Statements.
<https://gms.ctahr.hawaii.edu/gs/handler/getmedia.ashx?moid=73680&dt=3&g=12>

Le, T.N. (2024) Innovative and culturally responsive approach to suicide prevention among agricultural workers. Safe States -CDC.
<https://resources.safestates.org/publications/innovative-and-culturally-responsive-approach-to-suicide-prevention-among-agricultural-workers-university-of-hawaii/>

Le, T.N., & McCullough, B. (August 2023). *An internal climate adaptation system for happy and healthy farmers*. White paper. <https://manoa.hawaii.edu/sow-well/publications/>

Creative Works

Le, T.N., & Brown, E. (2024). *Ho‘oponopono is Harmony*. Legacy Isle Publishing: Honolulu, HI (children’s picture book).

Le, T.N., Kerver, A. & Brown, E. (2022). *Cool Mind Main Thing: A Wellness Guide for Hawaii Agricultural Community*. CTAHR University of Hawaii Manoa. Translated into 7 languages (Hawaiian, Mandarin, Ilocano, Laotian, Thai, Spanish, Vietnamese)

Le, T.N., Kerver, A. & Brown, E. (2022). *Cool Mind Main Thing: P2P Wellness Guide for Hawaii Agricultural Community*. CTAHR University of Hawaii Manoa.

Le, T.N., & Kato, S. (2022). *Ha‘aha‘*. Legacy Isle Publishing: Honolulu, HI (children’s picture book)

Le, T.N., & Ting, A. (2021). *Akahai*. Legacy Isle Publishing: Honolulu, HI (children’s picture book).

Le, T.N., & Kato, S. (2020). *Mindfulness with Aloha Breath*. Legacy Isle Publishing: Honolulu, HI (children’s picture book)

Le, T.N. 2019. *Mindful Aloha* (app software). Honolulu, HI.

Leadership Roles

CTAHR Senate Executive Committee, 2019-2021
 CTAHR Senate Executive Committee, Chair, 2020-2021
 HDFS Undergraduate Program, Chair, 2020-present
 HDFS Search Committee, Chair, Fall 2019-Spring 2020

Graduate Students

<u>Category</u>	<u>Current Number of Students</u>	<u>Number Graduated (Career)</u>
Chair of Master Committees		10
Chair of PhD Committees		
Member of Masters Committee		3
Member of PhD Committee	2	3

Undergraduate Student

Honors Thesis	2
CTAHR Showcase & Research Symposium-Best Oral Presentation	

(Riana Kaya, BS, 2023; Thao Le: mentor)

Grant Support

Title of Grant: Community-based Cultural Connectedness for Resilience (CCCR)

Source of Grant: Department of Health & Human Services - Office of Minority Health

Total Dollar Value: \$598,906/ year (4 years of noncompetitive renewal, \$2.4 million total)

Dates of Grant: 9/1/24-8/31/28

Role: PI

Title of Grant: Enlivening Forest Landscapes in Hawai'i - US and Indonesia

Source of Grant: USDA, Forest Service, International Programs Office

Total Dollar Value: \$113,993

Dates of Grant: 9/20/24- 9/30/25

Role: PI

Title of Grant: Integrating the Farmer into Pest Management Innovation for Sweet Potatoes

Source of Grant: Montana State University -USDA/NIFA

Total Dollar Value: \$30,000

Dates of Grant: 9/20/24- 8/31/26

Role: Co-Investigator

Title of Grant: Western Region Agriculture Stress Assistance Program IV

Source of Grant: USDA-NIFA

Total Dollar Value (your share of grant value): \$1,971,908 (\$119,621 to UHM)

Dates of Grant: 9/1/24-7/30/25

Role: Co-PI (PI, D.W. McMoran)

Title of Grant: Agriculture (Ag) Resiliency Navigator

Source of Grant: Equity Seed Grant Program of Safe State Alliance (CDC)

Total Dollar Value: \$20,000

Dates of Grant: 1/2/24-8/31/24

Role: PI

Title of Grant: Western Region Agriculture Stress Assistance Program III

Source of Grant: Washington State University-USDA-NIFA

Total Dollar Value (your share of grant value): \$1,971,908 (\$100K to UHM)

Dates of Grant: 9/15/23-10/1/24

Role: PI (Co-PI with D.W. McMoran as PI)

Title of Grant: Hawai'i Ag Mental Health Mentor Program, Cohort #2

Source of Grant: Washington State University - USDA/NIFA

Total Dollar Value: \$9,973

Dates of Grant: 5/15/2023-6/30/2024

Role: PI

Title of Grant: Farm Ranch Stress Assistance Network-Hawaii State Plan to NIFA

Source of Grant: USDA/NIFA, HDOA

Total Dollar Value: \$475,835 + \$23,010 supplemental

Dates of Grant: 9/01/2021-3/31/2023

Role: PI

Title of Grant: Animal Assisted Mindfulness Intervention

Source of Grant: HATCH & Extension Smith Lever Funds/USDA/NIFA

Total Dollar Value: \$15,500

Dates of Grant: 7/1/22-6/30/23

Role: PI

Title of Grant: Mindfulness-Based Intervention to Promote Positive Youth Development in Hawaii (Farmer Stress)

Source of Grant: HATCH & Extension Smith Lever Funds/USDA/NIFA

Total Dollar Value: \$26,298

Dates of Grant: 7/1/22-6/30/23

Role: PI

Title of Grant: Mindfulness-Based Intervention to Promote Positive Youth Development in Hawaii (E Ola Project)

Source of Grant: HATCH & Extension Smith Lever Funds/USDA/NIFA

Total Dollar Value: \$20,000

Dates of Grant: 7/1/21-6/30/22

Role: PI

Title of Grant: OYS Mindfulness Training

Source of Grant: Office of Youth Services, Department of Human Services

Total Dollar Value: \$60,000

Dates of Grant: 6/26/2019-7/25/2021

Role: PI

Title of Grant: OYS Mindfulness Training

Source of Grant: Office of Youth Services, Department of Human Services

Total Dollar Value: \$40,000

Dates of Grant: 6/26/2018-7.25/2019

Role: PI

Title of Grant: OYS Mindfulness Training

Source of Grant: Office of Youth Services, Department of Human Services

Total Dollar Value: \$69,850

Dates of Grant: 6/26/2016-7.25/2018

Role: PI

Title of Grant: Engaged Mindfulness in Vietnam

Source of Grant: Mind and Life Foundation

Total Dollar Value: \$15,000

Dates of Grant: 10/01/2016-5/30/2018

Role: PI

Title of Grant: OYS Mindfulness Training

Source of Grant: Office of Youth Services, Department of Health Services

Total Dollar Value: \$19,800

Dates of Grant: 6/26/2015-6/25/2016

Role: PI

Title of Grant: Mindfulness-Based Intervention to Promote Positive Youth Development in Hawaii

Source of Grant: HATCH & Extension Smith Lever Funds/USDA/NIFA

Total Dollar Value: \$78,506

Dates of Grant: 10/1/2015-9/30/2017

Role: PI

Title of Grant: OYS Mindfulness Training

Source of Grant: Office of Youth Services, Department of Health Services

Total Dollar Value: \$16,500

Dates of Grant: 6/20/2014-6/19/2015

Role: PI

Title of Grant: Mindfulness-Based Hawaii Military Adventure Camp: Extension-Military

Source of Grant: DOD/USDA-NIFA

Total Dollar Value: \$91,060

Dates of Grant: 11/01/2013-3/30/2014

Role: Co-PI

Title of Grant: Mindfulness-Based Intervention to Promote Positive Youth Development

Source of Grant: HATCH & Extension Smith Lever Funds/USDA/NIFA

Total Dollar Value: \$65,000

Dates of Grant: 10/01/2012-09/30/2014

Role: PI

Title of Grant: Military Adventure Camp Hawaii

Source of Grant: DOD/USDA-NIFA

Total Dollar Value: \$99,017

Dates of Grant: 11/01/2012-11/30/2013

Role: PI

Title of Grant: Mindfulness as Youth Suicide Prevention Intervention for Native Americans

Source of Grant: American Psychological Foundation, Visionary Funds

Total Dollar Value: \$20,000

Dates of Grant: 10/12/2011-10/12/2012

Role: PI

Title of Grant: Mindfulness-Based Military Adventure Camp: The Rocky Mountain Adventure

Source of Grant: DOD/USDA-NIFA

Total Dollar Value: \$215,000

Dates of Grant: 3/01/2010-2/28/2011

Role: Co-PI

Title of Grant: School Context and Developmental Patterns of Delinquency and Violence among Immigrant Youth

Source of Grant: Russell Sage Foundation

Total Dollar Value: \$61,568

Dates of Grant: 6/26/2019-7.25/2021

Role: PI

Title of Grant: Evaluation of Creative Interventions: Community-Based Domestic Violence Intervention Project

Source of Grant: Robert Wood Johnson Foundation (to Creative Interventions)

Total Dollar Value: \$400,000 (\$5,000)

Dates of Grant: 10/01/2007-9/30/2008

Role: Consultant

Title of Grant: Capacity Building for Organizations Empowering Communities against Youth Violence

Source of Grant: HHS Administration for Children and Families, Department of Health and Human Services

Total Dollar Value: \$400,000

Dates of Grant: 9/30/2006-9/29/2008

Role: Co-PI

Title of Grant: Center on Culture, Immigration, and Youth Violence Prevention Center

Source of Grant: Centers for Disease Control & Prevention

Total Dollar Value: \$4,100,741 (\$250,000)

Dates of Grant: 9/15/2005-9/14/2010

Role: Lead Investigator & Core Principal Investigator of Core Research Project

Presentations at Conferences (Peer-Reviewed)

Title: Identifying core symptoms of depression for Hawaii farmers: a network analysis for PHQ-2 screening tool

Authors: Liu, M., & Le, T.N.

Name of Conference: International Meeting of the Psychometric Society 2025.

Date of Presentation: July 15, 2025

Title: Public Perception of Farmers and Local Purchase Among Hawai'i Residents: A SEM Study

Authors: Liu, M., & Le, T.N.

Name of Conference: APA, Division 09- Society for the Psychological Study of Social Issues

Location: Seattle, WA

Date of Presentation: August 8, 2024

Title: Ecological Learning in an Indigenous Hawaiian Fish Pond Environment

Authors: Miller, M., Le, T.N., & Zheng, D.

Name of Conference: CILC6- Modes of Existence in the Anthropocene

Location: Oslo, Norway

Date of Presentation: March 19, 2024

Title: Stress, Depression, & Suicide among Hawai'i Agricultural Producers

Authors: Le, T.N.

Name of Conference: 2022 Hawaii Behavioral Health and Wellness Convention

Location: Online

Date of Presentation: November 18, 2022

Title: Farm Ranch Stress Network: Hawaii's Seeds of Wellbeing Project

Authors: Le, T.N., et al

Name of Conference: International Society for Agricultural Safety & Health

Location: Fort Collins, Colorado

Date of Presentation: June 14th, 2022

Title: Mindfulness: Optimizing Agriculturists' Wellbeing

Authors: Le, T.N.

Name of Conference: Association of Public Land-grant Universities, 2021 Joint CARET/AHS Virtual Meeting

Location: virtual

Date of presentation: March 21, 2021

Title: Mindfulness improves awareness and service learning improves civic engagement among Vietnamese college students

Authors: *Le, T.N., Nguyen, K.T., Doang, K., Boytard, K.T., & Le, K.T.

Name of Conference: Society for Human Development & Family Studies

Location: Portland, OR

Date of Presentation: Oct 11, 2019

Title: Mindfulness & skillful living

Authors: Le, T.N.*

Name of Conference: 2019 Schools of the Future Conference

Location: Honolulu, HI

Date of Presentation: Oct 4, 2019

Title: Mindfulness improves awareness & service learning improves civic engagement among Vietnamese college students

Authors: Le, T.N.*

Name of Conference: International Symposium for Contemplative Research.

Location: Chandler, AZ

Date of Presentation: Nov 8-11, 2018

Title: Engaged mindfulness in Vietnam. Panel, Awakening and Becoming from Feminist, Ecological, Contemplative, and Multilingual Perspectives

Authors: Le, T.N.*

Name of Conference: 24th World Congress of Philosophy: Learning to be human.

Location: Beijing, China.

Date of Presentation: Aug 19th, 2018

Title: Engaged mindfulness in Vietnam

Authors: Le, T.N.*

Name of Conference: 4th International Conference on Interactivity, Language, & Cognition (CILC4)

Location: Honolulu, HI

Date of Presentation: Aug 4th, 2019

Title: Mindfulness improves awareness & service learning improves civic engagement among Vietnamese college students.

Authors: Le, T.N.*

Name of Conference: 29th International Congress of Applied Psychology

Location: Montreal, Canada

Date of Presentation: June 30, 2018

Title: Sociocultural influences and issues associated with the implementation of mindfulness-based intervention (MBIs) in developing countries.

Authors: Morisano, D.*, Le, T.N.*, & Creswell, L.*

Name of Conference: 2016 International Symposium for Contemplative Studies

Location: San Diego, CA

Date of Presentation: Nov 13, 2016

Title: Mindfulness and social justice: A phenomenological study with Vietnamese youth and cyclo drivers.

Authors: Le, T.N.*

Name of Conference: The 23rd Congress of the International Association for Cross-Cultural Psychology

Location: Nagoya, Japan

Date of Presentation: Aug 13, 2016

Title: Mindfulness and social justice: A phenomenological study with Vietnamese youth and cyclo drivers

Authors: Le, T.N.*

Name of Conference: The 31st International Congress of Psychology

Location: Yokohama, Japan
Date of Presentation: July 26, 2016

Title: Mindfulness with at-risk youth in Hawaii.
Authors: Le, T.N.* & McKenzie, N.L.*
Name of Conference: 13th Hawai'i International Summit Preventing, Assessing, & Treating Trauma Across the Lifespan
Location: Honolulu, HI
Date of Presentation: March 31, 2016

Title: Resonance of Mindfulness with Native Hawaiian and Vietnamese Wisdom
Authors: Le, T.N*., & Shim, P.*
Name of Conference: Pillars of Peace: Schools of the Future Conference
Location: Honolulu, HI
Date of Presentation: Nov 3, 2015

Title: Mindfulness with youth in school and correctional facility in Hawaii & Vietnam.
Authors: Le, T.N.*
Name of Conference: *International Conference: Mindfulness, Education, and Transformation.*
Nan Tien Institute..
Location: Wollongong, Australia
Date of Presentation: Sept 7, 2014

Title: Mindfulness with aloha among mixed-ethnic/Native Hawaiian Pacific Islander Incarcerated Youth
Authors: Le, T.N.*, & Proulx, J.
Name of Conference: . Investigating and Integrating Mindfulness in Medicine, Health Care, and Society: 12th Annual International Scientific Conference for Clinicians, Researchers, and Educators
Location: Boston, MA
Date of Presentation: April 5, 2014

Title: Mindfulness with aloha among mixed-ethnic/Native Hawaiian Pacific Islander Incarcerated Youth
Authors: Le, T.N.*
Name of Conference: 2014 Society for Research in Human Development Biennial Meeting
Location: Austin, TX
Date of Presentation: March 29, 2014

Title: Preventing violence: Implementation & outcome of a mindfulness-based intervention in Hawaii & Vietnam
Authors: Le, T.N.*
Name of Conference: Numata Conference in Buddhist Studies: Violence, Nonviolence, and Japanese Religions: Past, Present, and Future
Location: Honolulu, HI
Date of Presentation: March 20, 2014

Title: Translating and implementing a mindfulness-based suicide prevention curriculum in a Native American community

Authors: Le, T.N., Stallones, L.*, & Gobert, J

Name of Conference: 141st Annual Meeting of the American Public Health Association.

Location: Boston, MA

Date of Presentation: Nov 2, 2013

Title: A Mindfulness-based intervention with mixed-ethnic Asian/Pacific Islander Incarcerated Youth.

Authors: Le, T.N.*

Name of Conference: of Annual American Psychological Association.

Location: Honolulu, HI

Date of Presentation: Aug 4, 2013

Title: Translation & implementing a mindfulness-based youth suicide prevention program in a Native American community

Authors: Le, T.N.,* & Gobert, J

Name of Conference: 11th Annual International Scientific Conference: Investigating and integrating mindfulness in medicine, health care, and society.

Location: Boston, MA

Date of Presentation: 2013

Title: Translation & implementing a mindfulness-based youth suicide prevention program in a Native American community

Authors: : Le, T.N.,* & Gobert, J

Name of Conference: Native Children's Research Exchange 2012: Frontiers in Intervention Research with Native Children, Families, and Communities

Location: Denver, CO

Date of Presentation: Oct 5, 2012

Title: Photovoice: Defining multiculturalism and its relation to violence from a youth's perspective

Authors: Johansen, S.*, & Le, T.N.

Name of Conference: 138th American Public Health Association Annual Meeting

Location: Denver, CO

Date of Presentation: Nov 9, 2010

Title: Influence of school variables on developmental trajectories of delinquency for Asian, African American, Hispanic, and White youth

Authors: Le, T.N.*, & Stockdale, G

Name of Conference: 10th World Conference on Injury Prevention & Safety Promotion

Location: London, UK

Date of Presentation: Sept 24, 2010

Title: Making Meaning of Turning Points in life review: Relations to values, wisdom, and life satisfaction

Authors: Doukas, K., & Le, T.N.*

Name of Conference: The Gerontological Society of America's 62nd Annual Scientific Meeting.

Location: Atlanta, GA

Date of Presentation: Nov 2009

Title: Multiculturalism and subjective happiness as mediated by cultural and relational variables

Authors: Le, T.N.*, Lai, M*, & Wallen, J.

Name of Conference: 17th Annual Meeting of the Society for Prevention Research.

Location: Washington, DC

Date of Presentation: May 2009

Title: Variability of delinquency patterns by ethnicity, immigrant status, and ethnic diversity of school context.

Authors: Le, T.N.*, & Stockdale

Name of Conference: 17th Annual Meeting of the Society for Prevention Research.

Location: Washington, DC

Date of Presentation: May 2009

Title: Acculturation factors and substance use among Asian American youth

Authors: Le, T.N.*, Goebert, D., & Wallen, J.

Name of Conference: . Society for Research on Child Development Biennial Meeting

Location: Denver, CO

Date of Presentation: April 3, 2009

Title: Differences and similarities in cultural values, wisdom, and life satisfaction between Peruvians and European American Adults

Authors: Le, T.N.*, & Martinez, P.

Name of Conference: The Gerontological Society of America's 61st Annual Scientific Meeting.

Location: National Harbor, MD

Date of Presentation: Nov 24, 2008

Title: Multiculturalism and subjective happiness as mediated by cultural and relational variables.

Authors: Le, T.N.*, Lai, M., Wallen, J.

Name of Conference: Asian American Psychological Association Annual Convention

Location: Boston, MA

Date of Presentation: Aug 13, 2008

Title: Youth violence in Asian and Latino communities.

Authors: Krisberg, B., & Le, T.N.*

Name of Conference: Annual Meeting of the American Society of Criminology

Location: Atlanta, GA

Date of Presentation: Nov 15, 2007

Title: Roles of individualism/collectivism, acculturative dissonance, and ethnic identity in Asian American youth violence

Authors: Le, T.N.*

Name of Conference: On New Shores: Understanding Immigrant Children
Location: Guelph, Canada
Date of Presentation: Oct 26, 2007

Title: Evaluation of SHIELD: A youth violence prevention program between the police department and community/school providers
Authors: Le, T.N.*, & Ngo, H
Name of Conference: 134th Annual meeting of American Public Health Association.
Location: Boston, MA
Date of Presentation: Nov 6, 2006

Title: Immigration, adaptation, and youth violence
Authors: Le, T.N.*, & Ngo, H.
Name of Conference: Refugee and Immigration Conference
Location: Chicago, IL
Date of Presentation: Sept 19, 2006

Title: Spirituality and wisdom in European American and Vietnamese American adults
Authors: Le, T.N.*
Name of Conference: 113th Annual American Psychological Association
Location: New Orleans, LA
Date of Presentation: Aug 11, 2006

Title: Cultural considerations in the context of positive and negative experiences for wisdom
Authors: Le, T.N.*
Name of Conference: Fourth International Positive Psychology Conference.
Location: Washington, DC
Date of Presentation: Sept 29, 2005

Title: Immigration and cultural Issues affecting youth violence for Chinese and Southeast Asian youth in the U.S
Authors: Le, T.N.*
Name of Conference: World Congress of Criminology
Location: Philadelphia, PA
Date of Presentation: Aug 7, 2005

Title: Prevalence and cultural risk factors associated with Chinese, Cambodian, Lao/Mien, and Vietnamese youth violence
Authors: Le, T.N.*
Name of Conference: Association of Asian American Studies
Location: Los Angeles, CA
Date of Presentation: Apr 21, 2005

Title: Prevalence and risk factors for Chinese, Cambodian, Lao/Mien, and Vietnamese youth delinquency
Authors: Le, T.N.*

Name of Conference: Sixth National conference on Family and Community Violence Prevention.

Location: Honolulu, HI

Date of Presentation: Apr 6, 2005

Title: Religious/spiritual practice and mystical experiences in wisdom: Age and cultural considerations

Authors: Le, T.N.*

Name of Conference: Mid-annual conference of Psychology of Religion

Location: Baltimore, MA

Date of Presentation: Apr 1, 2005

Title: The role of school, parent, and peer contextual factors in delinquency for Chinese and Southeast Asian youth

Authors: Le, T.N.*

Name of Conference: 32nd Annual conference of the Western Society of Criminology

Location: Honolulu, HI

Date of Presentation: Feb 17, 2005

Title: Relationship between cultural syndromes and delinquency across four Asian ethnic groups

Authors: Le, T.N.*

Name of Conference: 132nd Annual Meeting of the American Public Health Association.

Location: Washington, DC

Date of Presentation: Nov 6, 2004

Title: The interplay of cultural values and personality in wisdom

Authors: Le, T.N.*

Name of Conference: 112th Annual Meeting of the American Psychological Association

Location: Honolulu, HI

Date of Presentation: July 30, 2004

Title: Asian/Pacific Islander youth delinquency: Research informing practice and public policy.

Authors: Le, T.N.*

Name of Conference: 3rd VOICES conference: Taking action on health and wealth disparities

Location: Washington, DC

Date of Presentation: May 2004

Title: Happiness in the midst of change.

Authors: Levenson, M.R.*, Jennings, P.A., Le, T.N., D'Mello, M., & Aldwin,

Name of Conference: Centre for Bhutanese Studies

Location: Tempu, Bhutan

Date of Presentation: Feb 2004

Title: Self-transcendence: Theory and measurement

Authors: Levenson, M.R.*, Jennings, P.A., Le, T.N., & Aldwin, C

Name of Conference: Mid-Winter Annual Meeting of the Psychology of Religion, Division 36 of the American Psychological Association

Date of Presentation: Dec 2002

Title: Asian/Pacific Islander Youth Violence Prevention Center: Community response plan.

Authors: Mark, G. Y*., Krisberg, B., Mayeda, D. T., & Le, T.N.*

Name of Conference: National Academic Centers of Excellence in Youth Violence Comprehensive Center

Location: Atlanta, GA

Date of Presentation: Dec 2001

Title: Establishing an Asian/Pacific Islander Youth Violence Prevention Center

Authors: Le, T.N.*

Name of Conference: Fifty-third Biannual Conference, Association for Criminal Justice Research

Location: San Francisco, CA

Date of Presentation: Nov 2000

Title: Current suggested trends in delinquency among Asian American and Pacific Islander populations, and the need for culturally appropriate evaluation.

Authors: Le, T.N.*

Name of Conference: Pacific Basin/United States National Crime Prevention Conference: Building Safe and Caring Communities Program

Location: Honolulu, HI

Date of Presentation: Nov 2000

Title: Elements of effective programs

Authors: Le, T.N.*

Name of Conference: JAIBG Southern Region Training Conference sponsored by the Office of Juvenile Justice and Delinquency Prevention

Location: Jacksonville, FL

Date of Presentation: May 2000

Title: Preliminary findings from the Intensive Aftercare Program Evaluation.

Authors: Le, T.N.*

Name of Conference: American Society of Criminology

Location: Washington, DC

Date of Presentation: Nov 1998

Presentations at Conferences/Panels (Invited)

1. Le, T.N. (Nov. 8, 2024). Stress and mental health support on the farm: Tips for de-escalation to get to cool mind. 2024 Hawai'i Agricultural Conference. Honolulu, HI.
2. Brown, E., & Le, T.N. (Oct 28, 2024). Agricultural Mentors as a Response to Farmer Stress. AgrAbility Regional Workshop - Ta mamta Mo'na: Building Resilient Farming Communities in Micronesia. Hyatt Regency, Guam
3. Le, T.N. (Oct 10, 2024). Building community connection of care to address the mental health needs of farmers in Hawai'i. Western Regional Agricultural Stress Assistance Program: Quarterly Network Meeting. online.

4. Le, T.N. (Oct 5, 2024). Workshop on Mental Health, Cool Mind Main Thing. Hawaii Farm Union United Convention. University of Hawai'i Maui College, Maui, Hawaii
5. Le, T.N. (Sept 19, 2024). Farmer Stress. 2024 Hawai'i Behavioral Health & Wellness Convention. Ala Moana Hotel, Honolulu, Hawaii
6. Le, T.N. (May 21, 2024). Mālama the Farmer: Addressing Farmers' Mental Health Challenges. Safe States Webinar. Online.
7. Le, T.N. (March 25, 2024). Mālama the Farmer: Addressing Farmers' Mental Health Challenges. NAMI Hawaii State Conference 2024: Cultural Practices for Mental Health. Japanese Cultural Center of Hawaii, Honolulu, Hawaii.
8. Le, T.N. (March 14 & 16, 2023). Finding Your Bliss & Inner Wellbeing. 2023 Hawaii State Special Education Conference. Hawaii Convention Center & Online. Honolulu, Hawaii.
9. Le, T., & Chu, B. (Oct 22, 2022). Find Your Peace, Find Your Pace. 36th Annual SPIN Conference. Honolulu, Hawaii. Online Zoom.
10. Le, T.N., Kunogi, M., & Funtanilla, J. (Oct 27, 2021). Mindfulness with Aloha Breath & Akahai. School of the Future Conference. Honolulu, Hawaii. Online Zoom.
11. Le, T.N. (Oct 11, 2020). Panel on Lockdown Stress, Anxiety, Depression at the Hawaii book and Music Festival. Honolulu, Hawaii. Online Zoom.
12. Le, T.N. (May 5th, 2019). Panel on Bruised by Social Media & Teenage Suicide at the Hawaii Book and Music Festival. Honolulu, Hawaii.
13. Le, T.N. (Feb 21st, 2019). Mindfulness. Windward side, Castle elementary school counselors complex. Waiahole Elementary. Honolulu, Hawaii
14. Le, T.N. (Jan 17, 2019). Mindfulness practices for pediatricians. Ka Huliau Learning Collaborative. Kapiolani Medical Center for Women & Children. Honolulu, Hawaii.
15. Le, T.N. (Dec 2, 2018). Bodhi in Each Moment. Invited presentation as keynote speaker for Bodhi Day at Soto Zen Temple in Hanapepe. Kauai, Hawaii
16. Le, T.N. (Nov 27, 2018). Mindfulness & Aloha. Osher Lifelong Learning Institute at the University of Hawaii at Manoa. Honolulu, Hawaii.
17. Le, T.N. (May 5th, 2018). Panel on Anxiety, Depression, Teenage Suicide at the Hawaii Book and Music Festival. Honolulu, Hawaii.
18. Le, T.N. (September 12, 2017). Mindfulness to Promote Social-Emotional Wellbeing for Children and Adults. 4th Annual Home Visiting/Early Childhood Conference. Honolulu, HI
19. Le, T.N. (Mar 3, 2017). Mindfulness & Self-Care for Helping Professionals. Waianae Coast Comprehensive Health Center. Waianae, HI.
20. Le, T.N. (Jan 27, 2017). Mindfulness & Well-Being During Transitions. 13th Annual School Based Transition Conference: Kamalapua O Ko'olau. Honolulu, HI
21. Le, T.N. (Dec 13, 2016). Mindfulness for Professional and Personal Development. Research Corporation of University Hawaii (RCUH). Honolulu, HI
22. Le, T.N. (Nov 30, 2016). Introduction to Mindfulness. Sexual Violence Prevention Program, DOH, Maternal & Child Health Branch. Honolulu, HI
23. Le, T.N. (May 18, 2016). Mindfulness: Present & Presence. *Ho'oulu Lahui Conference*. Honolulu, HI. Sponsored by Hawai'i Office of Youth Services.
24. Le, T.N. (April 6, 2016). Introduction to Mindfulness. Staff retreat for Catholic Charities Hawai'i.
25. Le, T.N., & Liulamaga, N. (Mar 1, 2016). Challenges & Opportunities of Providing a Mindfulness-Based Intervention for Juvenile Justice Involved Youth: Lessons learned from Pilot at the Hawaii Youth Correctional Facility. The Evidence-Based Services Committee. Shriners Hospital for Children, Honolulu, HI.
26. Le, T.N. (Jan. 10th, 2016). Mindfulness & Skillful Living. Kappa Chapter ADK retreat. Honolulu, HI.
27. Le, T.N. (Nov 30th & Dec 16, 2015). Mindfulness and Well-Being. Project Dana's Leadership Meeting and Dana's Support Group. Honolulu, HI.
28. Le, T.N. (Oct 9, 2015). Mindfulness. 22nd Annual Children and Youth Summit. Honolulu, HI. Le,

- T.N. (Aug 11th, 2015). Mindfulness & Mindful Listening. *Foster Grandparent Program*. Honolulu, HI.
29. Le, T.N. (Aug 20th, 2015). Mindfulness as Stress Reduction. *Department of Accounting & General Services*. Honolulu, HI
 30. Le, T.N. (May 7th, 2015). Mindful listening and speech. *Center for Alternative Dispute Resolution. The Judiciary, State of Hawaii*. Honolulu, HI.
 31. Le, T.N. (May 2nd, 2015 & April 16th, 2016). Mindfulness & self-compassion. *Support Parent Information Network (SPIN) Conference*. UH Campus Center. Honolulu, HI.
 32. Le, T.N. (April 8th, 2015). Mindfulness. *Wellness Day*. Leilehua High School. Honolulu, HI.
 33. Le, T.N. (Feb 13, 2015). Mindful listening & speech. *28th Peer Mediation Conference*. Honolulu, HI.
 34. Le, T.N. (Feb 6, 2015). Mindfulness & Skillful Living/Learning. *2015 School Counselor Conference: Hawaii School Counselor Association*. Honolulu, HI.
 35. Le, T.N. (May 2014). Introduction to Mindfulness. Mediation Program of Leilehua High School.
 36. Le, T.N. (April, 2014). Translation & Implementation of Mindfulness-Based Intervention in Three Different Cultures. Invited Keynote speaker for *Symposium: Cultivating a Mindfulness Community, Center for Public Health Practice*. Colorado State University: Fort Collins, CO.
 37. Le, T.N. (August 2, 2010). Diversity, Multiculturalism and Youth Violence. Summer Institute for Youth Violence Prevention. *University of California at Riverside and University of California at Berkeley Academic Centers of Excellence for Youth Violence Prevention*. San Diego, CA.
 38. Doukas, K., & Le, T.N. (Nov, 2009). Making Meaning of Turning Points in Life Review: Relations to values, wisdom, and life satisfaction. *Center on Aging Symposium*. Fort Collins, Co.
 39. Le, T.N. (April, 2009). Asian American youth delinquency: Trends, risks, & patterns. *Colorado Injury Control Research Center Research Symposium*. Fort Collins.
 40. Le, T.N. (Aug. 6, 2008). Asian Youth Violence. Summer Institute for Youth Violence Prevention. *University of California at Riverside Academic Centers of Excellence for Youth Violence Prevention*. San Diego, Ca.
 41. Le, T.N. (Mar. 9, 2007). Asian/Asian American Youth Violence: Diversity and Developmental Considerations. *at Law's Violence, Ruptured Community: Justice and Healing for Immigrant Youth*. Institute for the Study of Social Change. Berkeley, CA.
 42. Le, T.N. (Nov. 17, 2005). Human Development, Leadership, and Spiritual Capital. *United Nations Cercle de Reflexion*. Rabat, Morocco.
 43. Le, T.N. (May 26, 2005). Immigration and Violence: Risk and Protective Factors for Chinese, Cambodian, Lao/Mien, and Vietnamese. *Annual Children, Youth, and Families at Risk*. Boston, MA.
 44. Le, T.N. (Mar. 17-18, 2005). The Role of Individualism, Collectivism, and Cultural Conflict in Adolescent Delinquency. *2nd Colloque Europeen, Cliniques psychosociales et transculturalite de l'adolescent en Europe, Centre Francoise MINKOWSKA*. Paris, France.
 45. Le, T.N. (Oct. 27, 2004). Human Development. *Lower Longview Community College*. Longview, WA.
 46. Le, T.N. (May, 2004). Human development and Economic Development. *United Nations Cercle de Reflexion*. Paris, France.
 47. Le, T. N. (Apr., 2004). Vietnamese Youth and Young Adult: Immigration and Culture in Youth Development. *Lower Longview Community College*. Longview, WA.
 48. Le, T. N. (Mar., 2004). The Overshadowed Youth: Asian Pacific Islander and Delinquency. *Interagency Children Policy Council of Alameda County*. San Leandro, CA.

Poster Presentations (Peer-Reviewed)

- Le, T.N. (November 12, 2016). Experiencing wisdom among college students in a mindfulness course in Hawaii. *2016 International Symposium for Contemplative Studies*. San Diego, CA.
- Le, T.N. (August 2, 2016). University students' reflections of experiencing wisdom in a mindfulness course. *The 23rd Congress of International Association for Cross-Cultural Psychology*. Nagoya, Japan.
- Le, T.N., Trieu, D., & Le, K. (April, 3rd, 2014). Mindfulness with youth and young adults in central Vietnam. *Investigating and Integrating Mindfulness in Medicine, Health Care, and Society: 12th Annual International Scientific Conference for Clinicians, Researchers, and Educators*. Boston, MA.
- Le, T.N. (March 20th, 2014). Mindfulness with aloha among mixed-ethnic/Native Hawaiian-Pacific Islander youth. *2014 society for Research in Adolescence Biannual Meeting*. Austin, Tx. Poster selected for presentation at the special event "Adolescence in Diverse Contexts." Austin, TX.
- Le, T.N., & Gobert, J. (August 3rd, 2013). Translation & implementing a mindfulness-based youth suicide prevention program in a Native American community. *Annual American Psychological Association*. Honolulu, Hawaii.
- Le, T.N. Le, T., Gobert, J. (April 20, 2013). Translating and implementing a mindfulness-based suicide prevention program in a Native American community. *Society for Research in Child Development Biennial Meeting*. Seattle, WA
- Le, T.N. Le, T., Gobert, J. (April 17, 2013). Translating and implementing a mindfulness-based suicide prevention program in a Native American community. *11th Annual International Scientific Conference for Clinicians, Researchers, and Educators*. Boston, MA.
- Le, T.N., Bruce, Ann., & Apt-Ephraimson, V. (April 26-29, 2012). Mindfulness-based adventure camp for military youth. *2012 International Symposia for Contemplative Studies*. Denver, CO.
- Le, T.N., Bruce, Ann., & Apt-Ephraimson, V. (March 28-April 1, 2012). Mindfulness-based adventure camp for military youth. *10th Annual International Scientific Conference for Clinicians, Researchers and Educators*. Boston, MA.
- Le, T.N., & Stockdale, G. (March 10, 2012). The influence of best friends' and dating partners' ethnicity on the developmental trajectories of delinquency. *Society for Research in Adolescence Annual Meeting*. Vancouver, BC, Canada.
- Johansen, S., & Le, T.N. (March 10, 2012). Identity integration and family ethnic socialization as moderators of acculturation stress and psychological outcomes. *Society for Research in Adolescence Annual Meeting*. Vancouver, BC, Canada.
- Le, T.N., & Stockdale, G. (April 2, 2011). The influence of best friends' and dating partners' ethnicity on the developmental trajectories of delinquency. *Society of Research on Child Development Annual Meeting*. Montreal, Canada.
- Johansen, S., & Le, T.N. (April 2, 2011). Photovoice: Defining multiculturalism from a youth's perspective. *Society of Research on Child Development Annual Meeting*. Montreal, Canada.

- Le, T.N., & Stockdale, G. (November 8, 2010). Role of peer ethnic diversity on adolescent delinquency trajectories for African American, Asian American, Hispanic, and White Youth. *138th American Public Health Association Annual Meeting*. Denver, CO.
- Johansen, S., & Le, T.N. (Sept 24, 2010). Influence and process of perceived school multiculturalism in relation to youth delinquency and depression. *10th World Conference on Injury Prevention & Safety Promotion*. London, UK.
- Le, T.N., & Stockdale, G. (June 2, 2010). The influence of school variables on the developmental trajectories of delinquency for Asian, African American, Hispanic, and White Youth. *18th Annual Meeting for Society for Prevention Research*. Denver, CO.
- Johansen, S., & Le, T.N. (June 2, 2010). Influence and process of perceived school multiculturalism in relation to youth delinquency and depression. *18th Annual Meeting for Society for Prevention Research*. Denver, CO.
- Helfrich, C. M, Weiler, L., Palermo, F., Le, T., & Zimmerman, T. (June 2, 2010). Evaluation of the FAIR Program: Teaching diversity awareness and social justice to at-risk Youth. *18th Annual Meeting for Society for Prevention Research*. Denver, CO.
- Le, T.N., & Stockdale, G. (April 10, 2010). The influence of school variables on delinquency in early adolescence for Asian, African American, Hispanic, and White Youth. *Conference on Human Development at Fordham University*. New York city, NY.
- Levenson, R., Le, T.N., & Aldwin, C. (Nov. 24, 2008). An empirically validated measure of transcendent wisdom. *The Gerontological Society of America's 61st Annual Scientific Meeting*. National Harbor, MD.
- Le, T.N., & Ettekal, I. (May 29, 2008). Discrepancy of youth and parent endorsement of individualism/collectivism and delinquency. *16th Annual Meeting of Society for Prevention Research*. San Francisco, CA.
- Le, T.N., Arifuku, I., Tran, G., & Ettekal, I. (Nov. 5, 2007). Lessons learned from community participatory research serving immigrant and minority population on youth violence prevention. *135th Annual Meeting of American Public Health Association*. Washington, D.C.
- Le, T.N., Arifuku, I., Tran, G., & Ettekal, I. (May 31, 2007). Lessons learned from community participatory research with communities serving immigrant and ethnic minority population on youth violence prevention. *15th Annual Meeting of Society for Prevention Research*. Washington, D.C.
- Le, T.N., & Stockdale, G. (Nov. 6-10, 2004). Parent involvement, attitudes toward school, or peer delinquency: What is significant in youth delinquency for Chinese and Southeast Asian youth? Poster presentation at the *132nd Annual Meeting of the American Public Health Association*. Washington, D. C.
- Le, T.N. (Oct 1st, 2004). Practical and transcendent wisdom: A cross-culturally typological approach. *3rd Annual International Conference of Positive Psychology*. Washington, D.C.

Boeninger, D.K., Le, T.N., & Aldwin, C.M. (Oct 1st, 2004). Adversarial growth and loss: The roles of stressor type, coping, personality, and cultural values. *3rd Annual International Conference of Positive Psychology*. Washington, D.C.

Le, T.N. (July 11th, 2004). Stressful life experiences and cultural values as a context for practical and transcendent Wisdom. *2nd European Conference on Positive Psychology*. Milan, Italy.

Le, T.N., & Stockdale, G. (June 7th, 2004). Equifinality and multifinality of community violence and partner violence among adolescents. *7th World Conference on Injury Prevention & Safety Promotion*. Vienna, Austria.

Le, T.N., & Arifuku, I., & Nunez, M. (June 8th, 2004). Girls and culture in delinquency intervention. *7th World Conference on Injury Prevention & Safety Promotion*. Vienna, Austria.

Le, T.N. & Tov, W. (March, 2004). Religiousness, depression, and psychosocial mediators across five adolescent ethnic groups. Poster presentation at the *Mid-Winter Annual Conference of the Psychology of Religion*. Baltimore, Maryland.

Le, T.N. (November, 2003). Culture, personality, and wisdom. Poster presentation at the *Annual Meeting of the Gerontological Society of America*. San Diego, CA.

Le, T.N. (October, 2003). Wisdom: What's culture and love got to do with it. Poster presentation at the *2nd International Positive Psychology Summit*. Washington, D.C.

Mayeda, D. T., Mark, G. Y., Krisberg, B., Lai, M., Tsutsumoto, T. S., Arifuku, I., Le, T.N., Chan, J., Hansen, M., Andrade, J. K. L., & Cunanan, V. L. (December, 2001). Asian/Pacific Islander Youth Violence Prevention Center. Poster presentation at the annual *SafeUSA Conference*, Centers for Disease Control and Prevention, Atlanta, GA.

Extension Projects

Farmer Stress: Seeds of Wellbeing Project, <https://manoa.hawaii.edu/sow-well/>

Mindfulness & Youth Development: Mindful Aloha, <https://mindfulaloha.org/>

Extension: Social Media/Impact

Hawai'i/Local Trainings

on KHON News: <https://www.khon2.com/wake-up-2day/doh-and-uh-team-up-for-suicide-prevention/>

Fishpond Project:

Navy website:

<https://www.dvidshub.net/news/486236/loko-ia-paaiau-fishpond-inspires-story-healing-and-peace>

Burroughs Welcome Fund

<https://www.bwfund.org/news/climate-feature-restoring-a-royal-hawaiian-fishpond-promotes-mental-health-and-wellbeing/>

Seeds of Wellbeing (SOW Project), preventing and addressing farmer stress: [Workshops Outreach Logs](#) [SOW Scope of Services for HDOA - Google Docs](#); [Direct & Indirect Contact Data ITEMIZED - Google Sheets](#)

Award: Seeds of Wellbeing received Most Outstanding Community Mental Health Leader by Mental Health America Hawaii, May 21, 2024 : <https://mentalhealthhawaii.org/events/>

<https://spectrumlocalnews.com/hi/hawaii/news/2024/06/10/ctahr-program-wins-award-for-mental-health-work-in-the-ag-industry>

<https://www.hawaiipublicradio.org/local-news/2024-06-12/uh-project-trains-farming-community-to-support-mental-well-being>

Extension: Output, Trainings & Contacts

SOW_CTAHR youtube videos:

<https://www.youtube.com/channel/UC8BPgjVxNbOEZA865uQUGcQ>

Malama the Farmer Videos:

Kona Coffee & Tea: <https://www.youtube.com/watch?v=Ti3faXe-C6Q&t=52s>

Ma'ona Community Garden: <https://www.youtube.com/watch?v=h8QJClKvyls&t=21s>

Daisy Duke Flower Farm: https://www.youtube.com/watch?v=0nn_8iEoTSo&t=74s

Sumida Farm: <https://www.youtube.com/watch?v=X3nG84b8d5U>

Kamiya Papaya: <https://www.youtube.com/watch?v=yDwe2xwGQlw>

Ka Lei Eggs: <https://www.youtube.com/watch?v=4CVt3gBdozw>

Waianu Farm: <https://www.youtube.com/watch?v=z7vTrNfJevM>

Culturally-Based Community Connection for Resilience:

<https://www.youtube.com/watch?v=Hri6AqBsgOM&t=1s>

Youtube videos – number of views: 255,010

Podcasts –

* Seeds of Wellbeing - Top 50% of all Buzzsprout podcasts, reaching 16 countries
number of downloads (total): 3,772

Social media – average post reach = 101,121 (86,558 (FB) + 14,563 (IG))

Online SOW Training Modules – number of people who took training = 97 (CMMT
Self (55) & P2P (42))

Online SOW Teacher Training Module number of people who took training = 11

Total Indirect Contacts= 360,011

Workshops/Seminars (In-person): 160 Direct Contacts

Webinars (zoom): 235 Direct Contacts

National Association Social Work Hawaii. Online zoom webinar (November 10th, 2022). Rates of Depression & Suicide among Hawai'i Agricultural Producers.

Special Parent Information Network (SPIN) Hawaii Conference (Oct 22, 2022). Find Your Peace, Find Your Pace. Online zoom with Benjamin Chu (HDFS alumni; 105 attendees).

Office of Youth Services

Online zoom (Feb 28, 2022). Akahai & Loving Kindfulness. (66 participants)

Online zoom (July-August, November 6, 13, 20, 2021)

3,000 copies of *Mindfulness with Aloha Breath* disseminated by OYS to social & health agencies throughout Hawaii;

1,000 copies of *Akahai* disseminated by OYS to social/health agencies across Hawaii

Kauai (Cohort 8, Nov 19-20, 2016, Cohort 10, Nov 2-3, 2017; Cohort 12, Nov 2-3, 2017; Cohort 13, March 1-2, 2018; Cohort 15, July 19-20th, 2018)

Maui (Cohort 5, March-May 2016, Cohort 9, Feb 16-17, 2017)

November 208; Cohort 17 April 2019)

Big Island (Cohort 3, Aug – Oct 2015; cohort 7, Aug-Dec 2016)

Honolulu (Cohort 1, Oct-Dec 2014; Cohort 2, Feb-May 2015; Cohort 4, Feb-May 2016; Cohort 6, August – Dec 2016; Cohort 11, Nov 30-Dec 1, 2017; Cohort 14, July 16-17, 2018; Cohort 16

Professional Development for Hawaii Teachers & Counselors: Ka'u/Kea'au/Pahoa Complex Area Summit (Jan 10, 2022; 32 participants); KKC complex area (March 4, March 11, 2021; 35 participants); Nanakuli Elementary School PD (Sept 24, 2021; 20 participants); Honolulu District Linkers (Dec 4, 2020; 37 participants)

Professional Development Course (PDE3) for Hawaii Teachers & Counselors: Nov 2015; Oct 2015; June 2015; Nov 2014; Oct 2014; June 2014

Kapolei Youth Detention Center

Feb 28-April 25th 2017

CAPE Index Community – Kauai'i Project (Jan 28-29, March 11, May 2016)

Workshop on Mindfulness for Bank of Hawaii. April 7th 2015. Honolulu, HI. Contract with LifeWorks Canada.

Workshop for Kauai Police Department (January 2018).

Video segments for University of Hawaii Manoa's Take Charge of Your Money 4! (Spring 2016)

Episode 8-Consumer Health & Wellness

Segment 2: Mindfulness & Finances: When is Enough, Enough?

Segment 3: Mindfulness & Stress Reduction

Introduction to Mindfulness. Hoike Interview. Kauai, HI. March 2016.

Presentation "Introduction to Mindfulness." Hawai'i Extension Association of Family and Consumer Sciences. Pearl City Urban Center. December 8, 2016

Created Pause Space at the University of Hawai'i Manoa campus, August 2017-present

(<https://cms.ctahr.hawaii.edu/fcs/pause>)

International Trainings

Center for Humanitarian Education, University of Quang Tri in Quang Tri, Vietnam, Oct 17-20, 2016
(249 participants)

Center for Humanitarian Education, Department of Education, University of Hue in Hue, Vietnam
June 13-16, 2016 (200 participants)

Center for Humanitarian Education, Department of Culture, Tourism & Athletics, Au Lac Vocational
School, National Women Leaders Association, District of Quang Dien in Hue, Vietnam
July 27- August 14th, 2015 (192 participants)

Cyclo drivers, under Center for Humanitarian Education
December 22-23, 2014 (350 participants)

Future Light Orphanage, Phnom Penh, Cambodia
July 23-31, 2014 (12 teachers/staff and 15 students)

Center for Humanitarian Education (Vocational School for Handicap & Trung Hung Dao), Hue Vietnam
June, 2013 (12 teachers, 60 students)

National Trainings

Confederated Salish & Kootenai Tribes Social Services, Pablo, MT
August 11-14, 2014 (18 participants)
March 24-26, 2014 (20 participants)
Feb 21-23, 2012 (25 participants)