

Marielle Hampton
College of Tropical Agriculture and Human Resources
Cooperative Extension - Hawaii County
Department of Family and Consumer Sciences
 FTE Distribution: 0% I; 0% R; 100% E

Education

<u>Degree</u>	<u>University</u>	<u>Major</u>
Masters	Tufts University	Nutrition
Bachelors	Tufts University	Sociology

Professional Appointments

<u>Title</u>	<u>Employer</u>	<u>Dates Employed</u>
Assistant Extension Agent	University of Hawai'i	2024 - present
Junior Extension Agent	University of Hawai'i	2019 to 2024

Publications

Conference Proceedings

- "Hawaii's Citizen Gardeners: Island Connection through Seed Selection." 'Democratizing Crop Variety Trialing through Citizen Science' Panel. Organic Seed Alliance Conference, February 6, 2022, Virtual.
- Kouao, L., Sustarsic, M., Eng, S., Greenwood, H., Hawkins, J., Hampton, M., Cristobal, H. (2022, November 10-11). Capitalizing on the past through multigenerational knowledge as a way to sustain the future of food security through the Ohana Garden & Grindz. Oceania Comparative and International Education Society (OCIES) 2022.

Extension Publications

- Hampton, M. August 2024. *Camp Kau Kau*. CTAHR News. University of Hawaii at Mānoa, College of Tropical Agriculture and Human Resources.
<https://cms.ctahr.hawaii.edu/NewsLetter/ArtMID/52574/ArticleID/3018/Camp-Kau-Kau>
- Hampton, Marielle. 2023. *4-H Seed Camps: Seed Education for the Next Generation*. University of Hawaii Cooperative Extension. [Impact Statement].
<https://gms.ctahr.hawaii.edu/gs/handler/getmedia.ashx?moid=72314&dt=3&g=12>
- Hampton, Marielle. September 2023. *Hawai'i Gardeners Trial Snow Pea Varieties for Community Science Project*. Hanāi'Ai Newsletter. University of Hawaii at Mānoa, College of Tropical Agriculture and Human Resources.
<https://gms.ctahr.hawaii.edu/gs/handler/getmedia.ashx?moid=72281&dt=3&g=12>
- Hampton, M. 2023. *Cooking with Youth in School Gardens*. University of Hawaii Cooperative Extension. [Bulletin]. <https://www.ctahr.hawaii.edu/oc/freepubs/pdf/HG-47.pdf>
- Kirk, E., J. Keach, J. Silva, C. Hanakawa, and M. Hampton. 2023. *Needs and Interests of Experienced Hawaii Seed Savers*. University of Hawaii Cooperative Extension. [Fact Sheet]. <https://www.ctahr.hawaii.edu/oc/freepubs/pdf/SA-24.pdf>
- Hampton, M., H. Greenwood, and H. Cristobal. 2023. *2020-2021 Hawai'i Intergenerational Extension Programs Needs Assessment Report*. University of Hawaii Cooperative Extension. [Bulletin]. <https://www.ctahr.hawaii.edu/oc/freepubs/pdf/CF-16.pdf>
- Hampton, M. 2022. *Helping Children Eat More Fruit and Vegetables*. University of Hawaii at Mānoa, College of Tropical Agriculture and Human Resources. [Bulletin]. <https://www.ctahr.hawaii.edu/oc/freepubs/pdf/FN-64.pdf>
- Greenwood, H., Hawkins, J., Kirk, E., Keach, J., Cristobal, H., Hampton, M., Akahoshi, K., &

- Ooki, N. 2022. 'Ohana Garden & Grindz: Virtual, 2nd Edition. University of Hawai'i at Mānoa. Ho'olehua, HI. [Teaching Curriculum]
- Hanakawa, C., J. Keach, E. Kirk, and M. Hampton. December 2022. *The Need for Seed: Surveying the Interests of Local Seed Growers*. Hanāi' Ai Newsletter. University of Hawaii at Mānoa, College of Tropical Agriculture and Human Resources.
<https://gms.ctahr.hawaii.edu/gs/handler/getmedia.ashx?moid=71758&dt=3&g=12>
 - Hampton, M. 2022, January. *Grinds on a Dime*. CTAHR News. University of Hawaii at Mānoa, College of Tropical Agriculture and Human Resources.
<https://cms.ctahr.hawaii.edu/NewsLetter/ArtMID/52574/ArticleID/2278/Grinds-on-a-Dime>
 - Hampton, M. and H. Greenwood. December 2021. *Federal Grant Expands Virtual "'Ohana Garden & Grindz" Extension Program*. Hanāi' Ai Newsletter. University of Hawaii at Mānoa, College of Tropical Agriculture and Human Resources.
<https://gms.ctahr.hawaii.edu/gs/handler/getmedia.ashx?moid=70600&dt=3&g=12>
 - Hampton, M. June 2021. *Growing with Kupuna*. CTAHR News. University of Hawaii at Mānoa, College of Tropical Agriculture and Human Resources.
<https://cms.ctahr.hawaii.edu/NewsLetter/ArtMID/52574/ArticleID/2118/Growing-With-Kupuna>
 - Ooki, N., K. Caires, H. Cristobal, K. Eickstead, M. Hampton, C. Hanakawa, J. Scoville-Layfield, and R. Settlege. April 2021. *Pivot to Distance Education in Hawai'i 4-H*.
<https://gms.ctahr.hawaii.edu/gs/handler/getmedia.ashx?moid=67972&dt=3&g=12>.
 - Rehkamp, S. and M. Hampton. 2020. *CSAs in Hawaii*. University of Hawaii Cooperative Extension. [Fact Sheet].
<https://cms.ctahr.hawaii.edu/Portals/0/DNNGalleryPro/uploads/2020/5/15/CSA%20Response%20Sheet%20UPDATED%2005%202020.pdf>
 - Hampton, M. 2020. *At-Home Food Safety*. University of Hawaii Cooperative Extension. [Fact Sheet].
<https://cms.ctahr.hawaii.edu/Portals/0/DNNGalleryPro/uploads/2020/5/15/At%20home%20food%20safety%2005%202020.pdf>
 - Hampton, M. 2020. *Food Waste Prevention*. University of Hawaii Cooperative Extension. [Fact Sheet].
<https://cms.ctahr.hawaii.edu/Portals/0/DNNGalleryPro/uploads/2020/5/15/Food%20Waste%2005%202020.pdf>

Other Publications

- The Kohala Center. 2019. "Waimea Farmer Needs Assessment". Available at
https://kohalacenter.org/docs/resources/rcbds/TKC_Waimea_Farmer_Needs_Assessment_FINAL_Oct2019.pdf
- Hawai'i Island Food Alliance. 2019. "Starting a Food Business in Hawai'i County". Available at
https://kohalacenter.org/docs/resources/rcbds/Certified_Kitchen_Toolkit_Checklist.pdf
- Hawai'i Island Food Alliance. 2019. "Certified Kitchen Design Requirements Checklist". Available at
https://kohalacenter.org/docs/resources/rcbds/Certified_Kitchen_Toolkit_Checklist.pdf
- Hawai'i Island Food Alliance. 2019. "Steps for Certified Kitchen Development in Hawai'i County". Available at
https://kohalacenter.org/docs/resources/rcbds/Certified_Kitchen_Toolkit_Checklist.pdf
- Hawai'i Island Food Alliance. 2019. "Certified Kitchens in Hawai'i County". Available at
https://kohalacenter.org/docs/resources/rcbds/Certified_Kitchen_Toolkit_Checklist.pdf

Creative Works

- Share Plants, Not Pests. 2022. [Video series].
https://www.youtube.com/playlist?list=PLHv9vwYM8angiHwlMOTnOX16F8dMx_8sH

- Grinds on a Dime: Online Extension Cooking Series. 2022. [Video series].
https://www.youtube.com/playlist?list=PLpBlZA9fHZRaRrln2GKmc_3hezCvgmGHQ
- Cooking with Herbs Workshop and Demonstration. 2022. [Video].
<https://www.youtube.com/watch?v=VaGY4YH1Rjw>
- Plant Based Meals Workshop and Demonstration. 2022. [Video].
<https://youtu.be/9pSWUVIXe9Q>
- Pantry Cooking Workshop and Demonstration. 2021. [Video].
<https://www.youtube.com/watch?v=mi5oPKSXNgY>
- 4-H Hale Learning: Making Pot Cheese. 2020. [Video].
https://www.youtube.com/watch?v=VE9aOj_9NXs&t=48s

Leadership Roles (Committees, Boards, Advisory, etc.)

- Vice-President. 2023-2024. HAE4HA.
- Secretary. 2021 – 2022. HAE4HA.
- Steering Committee Member. 2019- present. Hawaii Island Food Alliance.
- Advisor. 2020-2022. SEEDS of Honua.
- Planning Committee Member. 2019 – 2021. Taste of the Hawaiian Range.
- President, Board of Directors. 2018-2020. Hāmākua Harvest.

Graduate Students

<u>Category</u>	<u>Current Number of Students</u>	<u>Number Graduated (Career)</u>
Does not apply to Extension Faculty		

Grant Support

Teach Local, Eat Local: Expanding Local Food Promotion Through Master Food Volunteers
County of Hawai‘i Department of Research and Development, Agriculture and Food Systems Impact
Grant
\$14,805
May 2025 - April 2026
Principal Investigator

Tasting with Keiki: Improving Early Childhood Nutrition in Hawai‘i Through School-Based 4-H Food
Introduction and Healthy Food Access
United States Department of Agriculture – National Institute of Food and Agriculture / Rural
Health and Safety Education
\$350,000
September 2024 - August 2027
Principal Investigator

4-H Food Introduction for Early Childhood Education
Hawai‘i 4-H Foundation
\$8,000
October 2022 – September 2024
Principal Investigator

‘Ohana Garden & Grindz: Addressing the Spread of SARS-CoV-2 Through Virtual Family-based
Agriculture Education Aimed at Decreasing Food Insecurity in Rural Hawai‘i
United States Department of Agriculture – National Institute of Food and Agriculture / Rural
Health and Safety Education
\$350,000
September 2021 – August 2024

Collaborator

4-H Farm-to-Table Education during COVID-19

Hawai'i 4-H Foundation

\$8,000

October 2020 – September 2022

Principal Investigator

Presentations at Conferences

Hampton, M., Ooki, N., and Mueller, T. "Place-Based Education with Hawai'i 4-H's Camp Kau Kau. CTAHR Conference. April 11, 2025, Honolulu, HI.

Hampton, M. and Cristobal, H. "Finding Sparks through Place-Based Education with Hawaii 4-H's Camp Kau Kau." National 4-H Positive Youth Development Academy. April 2, 2025, Virtual.

Greenwood, H., Hawkins, J., and Hampton, M. "Ohana Garden & Grindz: An Intergenerational Approach to Engaging Youth and Families in the Garden and the Kitchen." National Children & Youth Garden Symposium. July 9, 2024. Chicago, IL.

Hampton, M. "Growing the Next Generation: Saving and Sharing Seeds with Youth." Growing School Gardens Summit. March 16, 2024, San Diego, CA.

Hampton, M. "Potted Paradise for Hawaii Seniors: An Intergenerational School Garden Project for the Pandemic." Growing School Gardens Summit. April 22-25, 2022, Denver, CO.

Levine, S., Hampton, M., and Teves, G. "Hawaii's Citizen Gardeners: Island Connection through Seed Selection." Hawaii Seed Summit, March 26, 2022, Virtual.

Hampton, M., Levine, S. and Teves, G. "Hawaii's Citizen Gardeners: Island Connection through Seed Selection." 'Democratizing Crop Variety Trialing through Citizen Science' Panel. Organic Seed Alliance Conference, February 6, 2022, Virtual.