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## Education

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<b>Ph.D.  </b>	<b>Human Development</b> University of California, Davis
<b>Postgraduate Study  </b>	<b>M.S. in Psychology</b> (30 units) California State University, Fresno
<b>B.A.  </b>	Major: <b>Economics</b> ; Minors: History, French California State University, Fresno

## Recent Professional Experience

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### *University of Hawai'i at Manoa*

2017– 2019 Program Coordinator, Human Development and Family Studies Program  
2011 –2019 UH Manoa Honors Faculty  
2004 –present Professor (2017) | Associate Professor (2010-2017) | Assistant Professor (2004-2010)

### *National Collegiate Honors Council*

2018 Director, Partners in the Park Summer Program in Volcanoes National Park

### *FUBIS: Freie Universitat, Berlin Germany*

2016 Resident Director, UHM Summer Study Abroad Program

## Selected Additional Professional Education | Certification

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<b>HAI</b> 2020	<b>Certificate in Human Animal Interaction</b> <i>University of Denver School of Social Work, Denver, CO</i>
<b>Certified Family Life Educator</b> <b>CFLE</b> 2019	<b>National Council on Family Relations</b> LaSalle, MN.
<b>Strengths-Based Leadership</b> <b>Development in Family Science</b> 2017	<b>CliftonStrengths by Gallup</b> National Council of Family Relations Preconference Orlando, FL.
<b>Leadership Certificate</b> 2015-2016	<b>LEAD21 Leadership for the 21<sup>st</sup> Century, Class XI</b> Association of Public and Land-grant Universities (APLU) Minneapolis, MN.; Kansas City, MO., & Washington, D.C.
<b>Taiwan Intergenerational Study Tour</b> 2014	<b>Penn State Intergenerational and Aging Programs</b> Taipai, HsinChu, and Taichung, Taiwan
<b>Summer Institute on Aging Fellow</b> 2005	<b>National Institute of Aging</b> Aspen Wye River, MD.

## Selected Honors

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- 2022 Best Paper Award, Families, Aging, and Health Interest Group, National Council on Family Relations (NCFR), *Shared with Prof. Melissa Barnett*
- 2020 International Textile and Apparel Association (ITAA) Rutherford Teaching Challenge Award  
*Reminiscence Fashion History Project*
- 2018 Fellow, Gerontological Society of America (GSA)
- 2014 University of Hawai'i at Manoa Chancellor's Citation for Meritorious Teaching
- 2011 Grandparents Raising Grandchildren Community Support Award for 'Ohana Caregivers  
Hawai'i Family Caregiver Coalition and KHON2
- 2010 University of Hawai'i at Manoa, College of Tropical Agriculture and Human Resources  
Teaching Award
- 2007 Association of Land Grant and Public Universities (APLU) National Colleges and Teachers of  
Agriculture Teaching Award
- 2003 Finalist, UC Davis Distinguished Graduate Student Teaching Award
- 2002 Professors for the Future Fellow UC Davis  
Finalist, UC Davis Distinguished Graduate Student Teaching Award

## Research Funding

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### External Funding |

- U.S. Department of Education 10/01/19-09/30/24  
**Kumuola "Caregivers of Life"** To establish the capacity for an articulation pathway in Human  
Development and Family Science between Windward Community College and UH Manoa.  
Role: Co-PI \$2,243,022  
+ Supplemental (awarded 11/21/23) 150,000
- Association of Public and Landgrant Universities -APLU 08/01/17-07/31/19  
**Rural Families in Real Life: Case Study Lessons from Interviews with Low-Income Rural  
Mothers.** To increase awareness of the unique experiences of rural families through development and  
dissemination of a series of multimedia learning modules focusing on the strengths and challenges of  
rural low-income families  
Role: PI \$ 5,000
- National Institutes of Food and Agriculture -- NIFA G-06252-1 07/01/15-06/31/20  
**Colorado State University & University of Hawai'i At Manoa - Sustainable Community Project.**  
To develop, implement, and evaluate an evidence-based program to improve the quality of life for  
custodial grandparents and their grandchildren.  
Role: State PI \$1,300,000
- State of Hawai'i Executive Office on Aging -- HI EOA 07/01/07-06/31/09  
**Caregivers and Healthcare Fraud:** To develop and test a series of video and print resources to  
educate family caregivers on the risks of healthcare fraud and on techniques for prevention.  
Role: PI \$ 25,000

State of Hawai'i Executive Office on Aging -- HI EOA	07/01/07-06/31/08
<b>A Needs Assessment of Custodial Grandparents in Hawai'i:</b> To collect data from grandparents raising grandchildren who attend public schools in the State of Hawai'i to understand grandparents' experiences and service use needs.	
Role: PI	\$ 50,000
State of Hawai'i Executive Office on Aging -- HI EOA	07/01/07-06/31/07
<b>Assessment of Respite Needs for Grandparents Raising Grandchildren in Hawai'i</b> To identify needs for respite services among grandparents raising grandchildren in Hawai'i and to identify existing statewide resources.	
Role: PI	\$ 29,500
National Institutes of Health Loan Repayment NIH – LRP	08/01/06-07/31/11
<b>Cultural Contexts and Health in Grandparents Raising Grandchildren in Hawai'i:</b> To examine relationships among perceptions of family caregiving roles and health in Asian, Native Hawaiian, and Pacific Islander Grandparents Raising Grandchildren in Hawai'i	
Role: PI	\$ 30,000
State of Hawai'i Department of Human Services -- HI DHS	07/01/06-06/31/07
<b>Relating to the Evaluation of the UPLINK Program:</b> After school programming in middle schools	
Role: Co-I	\$ 150,000.
Christopher Reeve Foundation	04/01/05-03/31/06
<b>Dressing Paralyzed Patients: Video Training for Caregivers</b>	
Role: Co-PI	\$ 10,000

#### **Competitive Internal Funding |**

Barbara Cox Anthony Endowment Pilot Projects on Aging	10/15/17-12/31/18
<b>Health, Illness, and Optimal Aging:</b> To develop and implement a course on the biological, psychological, and physical correlates of optimal health in older adults.	
Role: PI	\$ 10,000
US Department of Agriculture USDA- CSREES – HATCH Funds	10/01/12-09/31/13
<b>Interactions of Individual, Family, Community, And Policy Contexts on The Mental and Physical Health of Diverse Rural Low-Income Families</b>	
Role: PI	\$ 10,000
UHM Diversity & Equity Initiative	03/10/10 – 02/28/11
<b>Understanding LGBTI Diversity:</b> The goal of this project is to document the coming out experiences of Gay and Lesbian Individuals.	
Role: Co-PI	\$ 1,000
US Department of Agriculture USDA- CSREES -- NC1171R	10/01/08-09/31/19
<b>Multistate Project Rural Low-Income Families: Tracking their Well-being and Function in an Era of Welfare Reform:</b> To examine mental, physical, nutritional, and financial needs of a national sample of low-income mothers/grandmothers and their children aged 12 and under	
Role: National Co-PI, Hawai'i PI	

US Department of Agriculture, USDA- CSREES– HATCH Funds	10/01/08-09/31/09
<b>Intergenerational Reminiscence: Improving Quality of Life for Grandparents and Children</b> The purpose of this project is to teach grandchildren to document the lifespan experience of their grandparents with documentary-style videos.	
Role: PI	\$ 20,000
US Department of Agriculture, USDA-CSREES – HATCH Funds	10/01/08-09/31/10
<b>Building Support for Family Caregivers in the Workplace:</b> The purpose of this project is to survey family caregivers employed at UH Manoa and develop workshops to support them and raise their awareness of how to access additional community resources	
Role: Co-PI	\$ 30,000
US Department of Agriculture USDA- CSREES -- NC1171R	10/01/06-09/31/08
<b>Multistate Project Rural Low-Income Families: Rural Families Speak</b> The purpose of this national project is to examine issues uniquely important to low income mothers/fictive kin raising children in rural areas of the United States	
Role: National Co-PI, Hawai'i PI	
US Department of Agriculture, USDA-CSREES – HATCH Funds	10/01/05-09/31/08
<b>Examination of Cultural Contexts of Grandparents Raising Grandchildren in Hawai'i:</b> To explore cultural constructs related to grandparents' decisions to raise their grandchildren	
Role: PI	\$ 27,500
College of Agriculture and Environmental Sciences, UC Davis	2003-2004
<b>Schwall Dissertation Year Fellowship: Appraisal, Coping, And Affect As Mediators Between Stress And The Metabolic Syndrome</b>	
Role: PI	\$ 5,500
College of Agriculture and Environmental Sciences, UC Davis	2002-2003
<b>Jastro Shields Research Grant: A Review of the Effects of Stress and Trauma on Physical Health</b>	
Role: PI	\$ 3,000

### Grant Proposals Submitted but Unfunded |

Yancura, L., Zan, H., & Barnett, M. Multigenerational Care Provision and Risks for Depression in Older Adults . R01 Submitted to NIA. *Rsubmitted 03/15/2025.*

Banna, J., Albright, C., Palacios, C., Yancura, L., & Lim, E. *Preventing Excessive Gestational Weight Gain Via Short, Family-Based, Mobile Messages in WIC.* - RO3 Submitted twice to to NICHD

Yancura, L., Barnett, M., & Sano, Y. *Race, Resources, and Resilience: Intersections Among Social Resources, Family Resilience, and Health Outcomes in Low-Income Minority Families* - R01 Submitted to NIMHD

Yancura, L., & Barnett, M. *The Importance of Grandparents in the Development of Gratitude.* - LOI Submitted to Templeton Foundation

Barnett, M., & Yancura, L., *Reciprocal Intergenerational Support (RIS): Burden or Benefit for Older Adults?-* - LOI Submitted to Retirement Research Foundation

Yancura, L., Barnett, M., & Sano, Y. *Differences in the Continuum of Grandparents' Caretaking of Grandchildren by Rural Status* National Network on Life Course Health Disparities and Dynamics (NLCHDD, NIH Seed Grant)

Yancura, L., & Barnett, M. *Grandparent Support and Involvement in Low Income Rural Areas - Network of Rural Health Interdisciplinary Network on Rural Population Health and Aging* (INRPHA, NIH Seed Grant)

### Professional Consultations and Invited Presentation

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2024	Reviewer, NIFA Rural Health and Safety Grant
2020	Invited Symposium Organizer/Speaker <i>National Council on Family Relations</i> sponsored by the Families and Health Interest Group <i>Well-Being and Mental Health in Grandfamilies: Development, Diversity, and Intersectionality</i>
2019	<i>THE EXCHANGE: Imin International East West Center</i> . Bridging the Generations through Fashion. A. Reilly & C. Beale.
2018	Panelist, <i>University of Hawai'i West Oahu</i> , First Year Writing Symposium collaboratively with C. Beale, D. Dresser, & D. Payne
2018	Panelist, <i>Hawaii Book and Music Festival</i> , Dementia collaboratively with M. Soetoro Ng, S. Schultz, L. Oponui, & J. Kabat-Zinn
2016-2019	Consultant. <i>National Institute of Nursing Research</i> , "GIFT: Web Based Resourcefulness Training for Grandmother Caregivers" Award #1R01NR015999-01A1.
2015	Reviewer. <i>U.S. Administration for Community Living</i> . "2015 Senior Medicare Patrol (SMP)/State Health Insurance Assistance Program (SHIP)
2011- 2014	Consultant. <i>Hawai'i State Legislature</i> , Family Caregiver Committee Task Force on Alzheimer's Disease
2012	Reviewer, <i>National Science Foundation</i> , Division of Social and Economic Sciences
2011-2012	Co-Chair. <i>Hawai'i Family Caregiver Coalition</i> Education Committee,
2009	Representative for Grandparents Raising Grandchildren <i>State of Hawai'i Board of Education</i>
2008-2009	Co-Chair. <i>Hawai'i State Legislature</i> Grandparents Raising Grandchildren Task Force of the Joint Legislative Committee of Aging in Place.
2007–2008	Planning Committee. <i>Hawai'i State Legislature</i> Family Caregiving Day at the Capitol.
2005-2007	Leader/Developer. <i>Compassion Capital, Hawai'i Moving Forward Fellows</i> . Program Evaluation Training
2005 -2006	Planning Committee. <i>Na Keiki Aloha O Na 'Ohana</i> and <i>Ka Lei Mehana O Na Kupuna</i> Conference for Tutus Raising Keiki (Grandparents Raising Grandchildren), Lihue and Waianae, HI

### Juried Publications

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- Kekeh, M., Tonn, C., Dial, K., & Yancura, L. (2024). Grandparent Caregivers Lived Experiences and Resource Needs/Use During the COVID-19 Pandemic. *Journal of Gerontological Social Work*, 1-19.
- Fox, A. L., Riggs, N. R., Yancura, L., Sharp, J. L., & Fruhauf, C. A. (2023). Improving self-efficacy in grandparents raising grandchildren: Preliminary results from a strengths-based education intervention. *Family Relations*, 966-975.
- Scott, R. K., Nadorff, D. K., Barnett, M., & Yancura, L. (2023). Respect Your Elders: Generativity and Life Satisfaction in Caregiving Grandparents. *The International Journal of Aging and Human Development*, 335-349.
- Fruhauf, C., Yancura, L., Greenwood-Junkermeier, H., Riggs, N., Fox, A., & Mendoza, N. (2022). Community-based Participatory Research: The Important Role of University-Community Partnerships to Support Grandfamilies. *Family Relations*. 1470-1483.

- Fruhauf, C. A., Mendoza, A. N., Fox, A. L., Greenwood-Junkermeier, H., Riggs, N. R., & Yancura, L. A. (2022). Positive health behavior changes in grandparents and grandchildren following an intervention. *International Journal of Environmental Research and Public Health*, 19(7), 4027. [Special Issue on Intergenerational Programs].
- Fruhauf, C., Yancura, L., Greenwood-Junkermeier, H., Mendoza, N. & Rigs, N. (2021). The Importance of Strengths-Based and Family-Focused Approaches to Interventions for Grandfamilies. *Journal of Family Theory and Review*, 478-491.  
\*First authorship shared between Drs. Fruhauf and Yancura.
- Yancura, L., Allgood-Berry, A., Wallace, H.S., & Piper, J. (2021). How Does Research Inform Work with Multigenerational and Skipped-Generation Households in Rural Areas? *Forum for Family & Consumer Issues*, 23, 1, 1-16.
- Yancura, L., Barnett, M., Walsh, B., & Hoover, M. (2020). Tri-parenting or Try Parenting?: Online responses to a nontraditional family structure. *Journal of Family Issues*, 1-25.
- Yancura, L., Barnett, M., Mammen, S. & Sano, Y. (2020). Context matters: Nonresident grandparent contributions to low-income rural families. *Child & Family Social Work*, 25(2), 267-276.
- Kris, A., & Yancura, L. A. (2019). Introduction to the Special Issue on Pedagogy in Reminiscence and Life Review. *The International Journal of Reminiscence and Life Review*, 6(1), 1-3.
- Yancura, L. A., Reilly, A., & Bahng, Y. (2019). Reminiscence as a Tool for Pedagogy in a Fashion Design and Merchandizing Curriculum. *The International Journal of Reminiscence and Life Review*, 6(1), 45-49.
- Shin, M., Wong, Y. J., Yancura, L., & Hsu, K. (2018). Thanks, mom and dad! An experimental study of gratitude letter writing for Asian and White American emerging adults. *Counselling Psychology Quarterly*, 1-20.
- Yancura, L. (2018). Common Strengths of Various Types of Family Caregiving: Applications for Research, Teaching and Practice in Family and Consumer Science. *Journal of Family and Consumer Sciences*, 110 (4), 1-22.
- Wilmoth, J., Yancura, L., Barnett, M., & Oliver, B. (2018). The Contributions of Religiosity, Doubt, and Raising Grandchildren to Well-Being in Older Adults. *Journal of Religion, Spirituality & Aging*, 212-233.
- Ontai, L., Barnett, M., Smith, S., Wilmoth, J., & Yancura, L. (2018). Understanding Family Well-Being in the Context of Rural Poverty: Lessons from the Rural Families Project. *Family Science Review*, 22, 39-53.
- Yancura, L., Greenwood-Junkermeier, H., & Fruhauf, C. (2018). “These Classes Have been my Happy Place”: Feasibility Study of a Self-Care Program in Native Hawaiian Custodial Grandparents. *The Asian/Pacific Island Nursing Journal*, 103-109.
- Yancura, L. (2017). Ho‘omana‘o: A Framework for Reminiscence Interventions with Native Hawaiian Elders. *International Journal of Reminiscence and Life Review*, 4 (2), 59-66.
- Dolbin-MacNab, M. & Yancura, L. (2017). International Perspectives on Grandparents Raising Grandchildren: Caregiving in Context. *International Journal of Aging and Human Development*, 86 (1), 3-33.
- Barnett, M., Yancura, L.A., Wilmoth, J., & Sano, Y. (2016). Wellbeing Among Rural Grandfamilies in Two Multigenerational Household Structures. *GrandFamilies: The Contemporary Journal of Research, Practice and Policy*, 3 (1), 61-92.
- Yancura, L. A., Fruhauf, C., & Greenwood, H. (2016). Recognizing Microaggressions: A Tool to Foster Well-Being in Grandfamilies. *Grandfamilies: The Contemporary Journal of Research, Practice, and Policy*. 3 (1), 106-121.
- Yancura, L. A. (2016). Context matters: Grandmothers in South Africa and the United States. *The Gerontologist*, 164-167.

- Yancura, L. A. (2013). Service Use and Unmet Service Needs in Grandparents Raising Grandchildren. *Journal of Gerontological Social Work*, 56, 473-486.
- Yancura, L. A. (2013). How to make reminiscence movies: A project-based gerontology course. *Educational Gerontology*, 39, 828-839.
- Fuller-Thomson, E., Kao, F., Brennenstuhl, S., & Yancura, L. A. (2013). Exploring gender differences in the association between childhood physical abuse and thyroid disorders. *Journal of Aggression, Maltreatment & Trauma*, 22, 590-610.
- Reilly, A., Yancura, L. A., & Young, D. M. (2013). Three predictive variables of social physique anxiety among gay men. *Psychology & Sexuality*, 4 (3), 1-11.
- Yancura, L. A. (2013). Experiencing Grandparenthood: An Asian Perspective By Kalyani K. Mehta and Leng Leng Thang: New York: Springer, 2012. *Journal of Intergenerational Relationships*, 11(1), 81-85.
- Yancura, L.A., (2012). Justifications for Caregiving in White, Asian American, and Native Hawaiian Grandparents Raising Grandchildren. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 68, 139-144.
- Kataoka-Yahiro, M., Yancura, L., Page, V., & Inouye, J. (2011). Advance care planning decision making among Asian Pacific Islander family caregivers of stage 4 to 5 chronic kidney disease patients on hemodialysis: A focus group study. *Journal of Hospice and Palliative Care Nursing*, 13, 426-435.
- Yancura, L. (2010). Creating Culturally Sensitive Brochures for Grandparents Raising Grandchildren in Hawai'i. *Health Promotion Practice*, 11, 400-407.
- Aldwin, C.M., & Yancura, L. (2010). Effects of stress on health and aging: Two paradoxes. *California Agriculture*, 64, (4), 183-188.
- Yancura, L. & Aldwin, C. M. (2009). Stability and Change in Retrospective Reports of Childhood Events over a Five-Year Period: Findings from the Davis Longitudinal Study. *Psychology and Aging*, 24, 715-721.
- Yancura, L., & Aldwin, C. M. (2008). Coping and Health in Older Adults. *Current Psychiatry Reports*, 10, 10-15.
- Yancura, L. (2008). Adapting Publications for Local Audiences: Learning from Focus Groups and Community Experts. *Journal of Extension*, 46 (5), 5T0T6
- Yancura, L., Aldwin, C. M., Levenson, M.R., & Spiro, A. (2006) Coping, affect, and the metabolic syndrome in older men: How does coping get under the skin? *Journal of Gerontology Series B: Psychological Sciences*, 61, 295-303.
- Levenson, M. R., Aldwin, C. M., & Yancura, L. A. (2006). Positive emotional change: Mediating effects of forgiveness and spirituality. *Explore: The Journal of Science and Healing*, 2, 498-508.

## Book Chapters

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- Aldwin, C.M., Yancura, L., & Lee, H. (2021). Stress, Coping, and Aging. In K. Schaie and S. Willis (Eds.). *Handbook of the Psychology of Aging*, 9<sup>th</sup> Ed., pp. 275-286
- Dolbin-MacNab, M., & Yancura, L., (2020). Global perspectives on Grandparenting: A Conceptual Metaframework. (pp. 347-354). In B. Hayslip & C. Fruhauf (Eds.). *The Handbook of Grandparenting: The Changing Dynamics of Family Relationships*.
- Shellman, J., Geischen, E., & Yancura, L. (2018). A Collaborative Approach to Teaching Reminiscence And Life Review – Distance/Online. (pp. 359-371). In F. Gibson (Ed.). *Reminiscence, Life Review and Life Story Work: International Perspectives*. London: Jessica Kingsley.
- Yancura, L. A. (2016). Stress. (pp. 1358-1363). In S. Whitbourne (Ed.). *The Encyclopedia of Adulthood and Aging*. Hoboken, N.J.: Wiley-Blackwell.

- Yancura, L. A. (2015). Stress. (pp. 235-243) In H. Friedman (Ed.). *Encyclopedia of mental health* (2<sup>nd</sup> ed.). London: Elsevier.
- Yancura, L. A., & Greenwood, H., (2013). Raising grandchildren as an expression of Native Hawaiian Cultural Values (pp. 105-120). In B. Hayslip and G. Smith (Eds.), *Resilient Grandparent Caregivers: A Strengths-Based Perspective*. New York: Routledge.
- Aldwin, C. M., Yancura, L. A., & Boeninger, D. A. (2010). Coping Across the Lifespan. In R. M. Lerner, M. E. Lamb, and A. M. Freund (Eds.). *Handbook of Lifespan Development, Social and Emotional Development* (pp. 298-340). New York: Wiley and Sons.
- Aldwin, C.M. & Yancura, L. (2010). Stress, Coping, and Adult Development. In R. Contrada and A. Baum (Eds.). *Handbook of stress science: Biology, Psychology, and Health*. (pp. 365-387). New York: Springer.
- Yancura, L., & Aldwin, C. M. (2010). Does psychosocial stress accelerate the aging process? In J. Cavanaugh and Christine K. Cavanaugh (Eds.). *Aging in America, Vol. 2. Physical and Mental Health* (pp. 100-118). Santa Barbara, CA: Praeger.
- Yee, B. W.K., Su, J., Kim, S. Y., & Yancura, L. (2008). Asian American and Pacific Islander Families. In A. Alvarez & N. Tewari (Eds.), *Asian American Psychology: Current perspectives*. Mahwah, NJ: Lawrence Erlbaum and Associates.
- Aldwin, C. M., Yancura, L. A. & Boeninger, D. K. (2007). Coping, health, and aging. In C. M. Aldwin, A Spiro III & C. S. Park (Eds). *Handbook of Health Psychology and Aging*, pp. 210-226. New York: Guilford.
- Aldwin, C. M. & Yancura, L. A. (2004). Coping and health: A comparison of the stress and trauma literatures. In P. P. Schnurr & B. L. Green (Eds.), *Physical health consequences of exposure to extreme stress*, pp 99-126. Washington, DC: American Psychological Association.
- Aldwin, C. M. & Yancura, L. A. (2004). Coping: Approaches and applications. In C. D. Spielberger (Ed). *Encyclopedia of applied psychology*. San Diego: Academic Press.
- Aldwin, C. M., & Yancura, L. (1999). Stress and emotions. In D. Levinson, J. J. Ponzetti, & P. F. Jorgensen, *Encyclopedia of human emotions* (pp. 639-644) New York: MacMillan.

## Conference Proceedings

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- Reilly, A., Yancura, L., Young, B., & Vincent, D. (2017, March). Fashion: A Versatile Concept. *The Asian Conference on Education and International Development*.
- Yancura, L. A. (2014, May 12). The Taiwan Intergenerational Study Tour: Not just for intergenerational specialists. *Penn State's Ideas for Intergenerational Living Newsletter*.
- Huang, L., Akutsu, P., Yee, B., Tsuru, G., Chu, J., Yancura, L., & Ying, Y. (2007). Through a Cultural Looking Glass: Improving Services for Diverse Youth and Families. *Proceedings of the 20<sup>th</sup> Conference of the Research and Training Center for Children's Mental Health*, Tampa, FL.
- Yancura, L. (2005). Characteristics of grandparents in Hawai'i: Who's caring for the children? *Proceedings of the 6<sup>th</sup> Conference of the Asian Family Economics Association*, Sacramento, CA 66-69.

*Note:* Abstracts for additional presentations made at the Annual Meeting of the Gerontological Society of America (below) are published and indexed by the Web of Science.

## Translational Material

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- Yancura, L. & Greenwood, H. (2023, October). Wisdom in Tough Times: How to Talk Story with Kupuna. Maui News, Aging Matters Column.



- Barnett, M.A., Yancura, L., & Zambrano, P. (2024, Fall). Grandparent Support in Multigenerational Family Systems: Implications for Individual and Family Resilience. CFLE Network. Published by the National Council on Family Relations.
- Yancura, L. & Greenwood, H. (2024, October). Managing stress for family caregivers and the rest of us. Maui News. <https://www.mauinews.com/news/local-news/2023/12/managing-stress-for-family-caregivers-and-the-rest-of-us/>
- Yancura L. (Fall, 2022). *Ethics Case Study: Multigenerational Parenting and Adolescent Sexual Development*. CFLE Network. Published by the National Council on Family Relations.
- Yancura L., Barnett, M., Pylate, L., Sano, Y., & Routh, B. (Spring, 2022). *Helping Rural Families Navigate Conflict*. CFLE Network. Published by the National Council on Family Relations.
- Yancura, L., (December 15, 2021) *Food, Football, and Politics: Helping Rural Families Navigate Conflict Over the Holidays*. Live Webinar held as part of the Rural Families Speak about Resilience Series.
- Yancura, L., (November, 2020). Multistate Research Fund Impacts Researcher Spotlight. <https://www.facebook.com/MRFImpacts/>  
[https://www.youtube.com/watch?v=gVh3CTgeC90&feature=youtu.be&fbclid=IwAR1tYb79y6DiGGwEzJy2ivkATTbYdBU2Mu\\_-Z2Vopqg-SMKmtlce4GGE](https://www.youtube.com/watch?v=gVh3CTgeC90&feature=youtu.be&fbclid=IwAR1tYb79y6DiGGwEzJy2ivkATTbYdBU2Mu_-Z2Vopqg-SMKmtlce4GGE)
- Yancura, L., (June, 2020). Family Caregiving. In *Family Coping During Challenging Times*. <https://gms.ctahr.hawaii.edu/gs/handler/getmedia.ashx?moid=67104&dt=3&g=5>
- Fruhauf, C., Greenwood-Junkermeir, H., Riggs, N., & Yancura, L., (June, 2020). Strengths of the GRANDcares Programming – Reflections from the Project Team. Webinar posted on <https://grandcares.colostate.edu>
- Yancura, L. & Rambaoua, D. (July, 2019). *The Middle Generation*. Webinar posted on <https://grandcares.colostate.edu>
- Yancura, L. (January, 2020). *Microaggressions in Grandfamilies*. Webinar posted on <https://grandcares.colostate.edu>
- Yancura, L. (January 2019). Board Member Musings [Blog Post]. Retrieved from <https://www.sigmaphiomega.org/chapter-news/board-member-musings/>.
- Fruhauf, C. & Yancura, L. (July, 2018). *Strengths-based Approaches to Working with Grandfamilies*. Webinar posted on <https://grandcares.colostate.edu>
- Yancura, L. & Chow, P. (18 June 2017). Understanding Healthcare Fraud. Maui News, Aging Matters Column. <http://www.mauinews.com/news/community-news/2017/06/understanding-health-care-fraud/>.
- Yancura, L. & Chow, P. (20 August 2017). Strategies families can use to combat health care fraud. Maui News, Aging Matters Column. <http://www.mauinews.com/news/community-news/2017/08/strategies-families-can-use-to-combat-health-care-fraud/>
- Chow, P., Cheang, M., & Yancura, L., Greenwood, H. (2011). Home Management Tips for Caregivers. Building Support for Family Caregivers in the Workplace. ‘Ohana Caregivers Brochure. <https://www.ctahr.hawaii.edu/ohanacaregivers/downloads/HomeManagement2011.p>.
- Greenwood, H., Chow, P., Cheang, M., & Yancura, L. (2011). 101 Ideas for Managing Caregiver Stress. Building Support for Family Caregivers in the Workplace. ‘Ohana Caregivers Brochure. <http://www.ctahr.hawaii.edu/ohanacaregivers/downloads/101tips2011.pdf>.
- Greenwood, H., Chow, P., Cheang, M., & Yancura, L. (2011). Resource Guide for ‘Ohana Caregivers Who Care for Older Adults. Building Support for Family Caregivers in the Workplace Project. [Brochure]. <http://www.ctahr.hawaii.edu/ohanacaregivers/downloads/ResourceGuide2011.pdf>.
- Greenwood, H., Chow, P., Cheang, M., & Yancura, L. (2011). Caring for the Caregiver. Building Support for Family Caregivers in the Workplace. [Brochure]. <http://www.ctahr.hawaii.edu/ohanacaregivers/downloads/CaringforCaregivers2011.pdf>.

- Greenwood, H., Hi'i Na Kupuna Coalition, Yancura, L. (2012). Laws that Help Grandfamilies. [Brochure]. <http://www.ctahr.hawaii.edu/ohanacaregivers/downloads/LawsThatHelp.pdf>.
- Lin, S., & Yancura, L. (2007). Caregivers' guide to dressing immobile patients. Video [DVD]. University of Hawai'i at Manoa & Christopher Reeve Foundation.
- 'Ohana Caregivers: Raising Grandkids? Take Care of Yourself, Too! (2005). [Brochure]. Yancura, L. & Keala, D.K.: Authors.
- 'Ohana Caregivers: Understanding Children's Behaviors (2005). [Brochure]. Yancura, L. & Keala, D.K.: Authors.
- 'Ohana Caregivers: Coping with Addiction in Your Ohana (2005). [Brochure]. Keala, D.K. & Yancura, L.: Authors.
- 'Ohana Caregivers: A Resource Guide for Ohana Caregivers (2005). [Brochure]. Keala, D.K. & Yancura, L.: Authors.

### Technical Research Reports

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- Yancura, L. (2009). A Report on Respite Services for Grandparents Raising Grandchildren (GRG) in Hawai'i. (Retrieved from <http://health.hawaii.gov/eoa/home/reportspublications/> )
- Yancura, L. (2009). Addendum to the Needs Assessment of Grandparents Raising Grandchildren (GRG) in the State of Hawai'i: Survey of Grandparents Raising Grandchildren (GRG) and Other Relative Caregivers Survey through the Department of Education (DOE). (Available from the State of Hawai'i Executive Office on Aging, Honolulu, HI 96813).
- Yancura, L. (2007). Needs Assessment of Grandparents Raising Grandchildren in Hawai'i, final report. (Available from the State of Hawai'i Executive Office on Aging, Honolulu, HI 96813).
- Yancura, L., Trundle, H., Hyadi, S., & Yuen, S. (2007). Evaluation of UPLINK (Uniting Peer Learning, Integrating New Knowledge) program for Moloka'i, Dole, and Jarrett intermediate schools, 2005-2006, 3 final reports (Available from Center on the Family, University of Hawaii, Honolulu, HI 96822).
- Yancura, L., Norton, A., & Yuen, S. (2006). Evaluation of UPLINK (Uniting Peer Learning, Integrating New Knowledge) program for Moloka'i intermediate school, 2004-2005, final report (Available from Center on the Family, University of Hawaii, Honolulu, HI 96822).

### Conference Presentations

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- Zan, H., Yancura, L., & Barnett, M. (2024). Caring for one, two, or three generations? Prevalence of various caregiving roles and caregiver characteristics. Poster presentation accepted at the 2024 annual conference of the Gerontological Society of America, Seattle, WA.
- Yancura, L. (2023). Relationships Matters: Intergenerational Conflict Predicts Stress And Depression In Grandparent Caregivers, *Innovation in Aging*, 7(Suppl 1), 123.
- Yancura, L. A. (2022, November). Embracing The Diversity of Grandfamilies: Understanding The Influence of Culture And Racism. [Symposium discussant] Gerontological Society of America annual scientific meeting, Indianapolis, IN.
- Zambrano, P., Vasquez, M. B., Cooper, V., Barnett, L., & Yancura, L., (2022, November). Beyond Nuclear: Relationship Quality, Generativity, and Grandparent Involvement. [Poster presentation] National Council on Family Relations annual conference, Minneapolis, MN.

- Barnett, L., Zambrano, P., Vasquez, M. B., Cooper, V., & Yancura, L., (2022, November). Responsibilities, Resources, and Relationships in Grandparents Who Provide Care For Grandchildren. [Poster presentation] National Council on Family Relations annual conference, Minneapolis, MN.
- Yancura, L. (2022, March). Brandy and Summer Gloves: Advanced Style as Defiance of Old Age. [Paper presentation] *Fashion and ..... Freaks and Monsters* International Online Symposium.
- Yancura, L., Dial, K., Achike, M., & Tonn, C. (2022, June). Supporting the Grandparent Army: Coaching and Education for Skipped Generation Households. Fourth Annual Conference of the Family Life Coaching Association, online.
- Fruhauf, C., & Yancura, L., (2020, November). Improving dyadic self-care practices for grandparents and their grandchildren. [Paper presentation] National Council on Family Relations virtual conference. <https://ncfr.org>.
- Fruhauf, C., & Yancura, L., (2020, November). Improving dyadic self-care practices for grandparents and their grandchildren. [Paper presentation] National Council on Family Relations virtual conference. <https://ncfr.org>.
- Tompkins, C. Zic, C., Carlson, E., Purvis, A., Yancura, L., & Nadorff, D. (2020, November). Exploring the Stress and Strengths Arising from the Complexities Existing within Grandfamilies. [Poster presentation] Gerontological Society of America annual scientific meeting, virtual conference. <https://www.geron.org>
- Fox, A. L., Riggs, N. R., Yancura, L., Sharp, J. L., & Fruhauf, C. A. (2020, November). *Grandparent resilience: Improving self-efficacy in grandparents raising grandchildren*. [Paper presentation] Gerontological Society of America annual scientific meeting, virtual conference. <https://www.geron.org>
- Scott, R., Nadorff, D., Barnett, M., & Yancura, L. (2020, November). Respect your elders: Life satisfaction and generativity in caregiving grandparents. [Poster presentation] Gerontological Society of America annual scientific meeting, virtual conference. <https://www.geron.org>
- Ooki, N., Greenwood-Junkermeier, H., Fruhauf, C., & Yancura, L., (2019, July). Fruhauf, C., GRANDcares Youth Club: Teaching resiliency through experiential learning for youth in grandfamilies. Symposium presentation at the biennial conference of Generations United, Portland, OR.
- Fruhauf, C., Mendoza, N., Greenwood-Junkermeier, H., Carson, J., Sanchez, G., Spencer, C., Yancura, L., Riggs, N., & Fox, A. (2019, November). "I Stopped Smoking." Grandparent Caregivers Self-Care Practices Following an Intervention. Poster presented at the 71st Annual Meeting of the Gerontological Society of America, Boston, MA.
- Chandler, K. D., Barrett-Rivera, B., & Yancura, L. (2018, November). Bringing Rural Families' Experiences to Life in the Classroom via Animation. Symposium presentation at the National Council on Family Relations annual conference, San Diego, CA.
- Sano, Y., Yancura, L., & Ontai, L. (2018, November). Promoting Family Resilience in Rural Communities. Symposium presentation at the National Council on Family Relations annual conference, San Diego, CA.
- Yancura, L., Walsh, B. A., Barnett, M. A., & Hoover, M. (2018, November). Tri-parenting or try parenting?: Online responses to a nontraditional family structure. Poster presentation at the National Council on Family Relations annual conference, San Diego, CA.
- Yancura, L., Fruhauf, C., Greenwood, H., Riggs, N., Mendoza, N., & Ooki, N. (2017). Development of a Curriculum for Grandchildren in Grandparent-Headed families. Oral presentation at the National Council on Family Relations annual conference, Orlando, FL.
- Fruhauf, C., Yancura, L.A., & Greenwood-Junkermeier, H. (2017, July). Grandparents Raising Grandchildren Self-Care Practices. Poster presented at the 21<sup>st</sup> World Congress of Gerontology and Geriatrics, San Francisco, CA.

- Yancura, L.A., Greenwood-Junkermeier, H. & Fruhauf, C. (2016, September). Rethinking Communication with Older Adults: A Lesson on Microaggressions for Service Providers. Paper presented at the 19<sup>th</sup> Biennial Conference of the Hawai'i Pacific Gerontological Society, Honolulu, HI.
- Yancura, L.A., Greenwood-Junkermeier, H. & Fruhauf, C. (2016, April). Powerful Tools for Grandparents: Self Care for Grandparents Raising Grandchildren in Hawai'i. Paper presented at the International Conference for Health and Resilient Aging, Honolulu, HI.
- Yancura, L.A., Pang, J., & Dial, K., (2015, November). Help Wanted: Advanced Planning for Grandparents Raising Grandchildren. Poster presented at the 68th Annual Meeting of the Gerontological Society of America, Orlando, FL.
- Yancura, L.A. (2014, November). Constant Gardeners: Reminiscence in Older Adult Master Gardeners. Paper presented at the 67th Annual Meeting of the Gerontological Society of America, Washington, DC.
- Dolbin-McNab, M. & Yancura, L.A. (2014, November). Global Perspectives on Grandparents Raising Grandchildren: Influences of Sociopolitical Contexts. Paper presented at the 67th Annual Meeting of the Gerontological Society of America, Washington, DC.
- Fruhauf, C., Dolbin-McNab, M. & Yancura, L.A. (2014, November). Perspectives from Human Development and Family Studies on Custodial Grandfamilies. Paper presented at the 67th Annual Meeting of the Gerontological Society of America, Washington, DC.
- Yancura, L.A., Ehlmann, K., & Ligon, M. (2014, February). Reminiscence Films in the College Classroom: How to Connect Students, Older Adults, and Communities. Paper presented at the 40<sup>th</sup> Annual Meeting of the Association for Gerontology in Higher Education, Denver, CO.
- Fruhauf, C., Bundy-Fazioli, K., & Yancura, L.A. (2013, November). Effective and Ethical Recruitment and Retention in Grandparent Caregiver Research and Intervention. Paper presented at the 66th Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- Yancura, L.A., Yee, B.W.K., & Cheang, M. (2013, August). Culture and Family Caregiving Roles in Asian, Pacific Islander, and Native Hawaiian Families. Paper presented at the 120<sup>th</sup> Annual Convention of the American Psychological Association, Honolulu, HI.
- Yancura, L.A., Cheang, M., Sato, S., Chow, P., Greenwood, H., & Yee, B.W.K. (2013, August). Predictors of Mental Health in Female Asian American, Native Hawaiian, and Pacific Islander Caregivers. Paper presented at the 120<sup>th</sup> Annual Convention of the American Psychological Association, Honolulu, HI.
- Yancura, L.A., Sano, Y. & Ontai, L. (2013, August). Predictors of Life Satisfaction in Low Income Rural Mothers. Poster presented at the 120<sup>th</sup> Annual Convention of the American Psychological Association, Honolulu, HI.
- Yancura, L.A. (2013, June). Grandchildren's Behavior Problems and Custodial Status Predict Depression in Grandparents. Poster presented at the 20<sup>th</sup> World Congress of Gerontology and Geriatrics, Seoul, Republic of North Korea.
- Yancura, L.A., Sano, Y. & Ontai, L. (2013, April). Effects of family structure on food, nutrition, and physical activity in the rural families speak about health project. Paper presented at the Health Wellness and Society Conference, Sao Paulo, Brasil.
- Yancura, L. A., Chow, P., & Sato, S. (2012, September). Family caregiver health outcomes differ by job type: Research findings and solutions. Paper presented at the 17th Biennial Conference of the Hawai'i Pacific Gerontological Society, Honolulu, HI.
- Yancura, L., & Reilly, A. (2012, March). Reminiscence Movies: Teaching Fashion through Life Review. Paper Presented at the BIFT-ITAA Symposium, Beijing, China.
- Yancura, L. (2011, November). Cultural Justifications for Caregiving in Asian and Native Hawaiian Grandparents Raising Grandchildren. Paper presented at the 64<sup>th</sup> Annual Meeting of the Gerontological Society of America, Boston, MA.

- Yancura, L. (2010, November). Grandchild-Grandparent Life Review: Strengthening Intergenerational Bonds. Paper presented at the 63<sup>rd</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- Dolbin-MacNab, M. L., & Yancura, L. (2010, November). Opportunities and Challenges in Multigenerational Research with Grandparent-Headed Families. Paper presented at the 63<sup>rd</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- Cheang, M., Yancura, L., Greenwood, H. & Kutara, P. (2010, October). Building Support for Family Caregivers in the Workplace: UH Cares. Paper presented at the 16<sup>th</sup> Biennial Conference of the Hawai'i Pacific Gerontological Society, Honolulu, HI.
- Iorio, J. M., Reilly, A., & Yancura, L. (2010, July). Oral Histories of LGBT Individuals: Implications for Educators. Paper presented at the Annual Conference of the Association for Adult Development and Aging. New York, NY.
- Reilly, A., & Yancura, L. (2010, June). Contributors to muscularity development among a sample of gay men. Paper presented at the 4<sup>th</sup> Annual International Conference on Psychology. Athens, Greece.
- Yancura, L. A. (2009, November). Risk Factors for Depression in Custodial Grandparents in Hawaii: The Story Behind the Numbers. Paper presented at the 62<sup>nd</sup> Annual Meeting of the Gerontological Society of America, Atlanta, GA.
- Taylor, A., Yancura, L. A., Bi, X. Y., Levenson, M. R., & Aldwin, C. A. (2009, August). Positive Mental Health Mediates Between Childhood Stress and Adult Health. Poster presented at the 116<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- Yancura, L. A. (2009, July). Grandparents Raising Grandchildren in Hawaii: How History and Culture Have Shaped Today's 'Ohana. Poster presented at the Annual Generations United Conference, Washington, D.C.
- Yancura, L. A. (2008, November). An Intergenerational Life Review Protocol for Adolescents and their Grandparents. Paper presented at the 61<sup>st</sup> Annual Meeting of the Gerontological Society of America, Baltimore, MD.
- Yancura, L. A., Urieff, P. & Chong, J. (2008, November). Grandparents Raising Grandchildren (GRG): Who are they and what do they need? Paper presented at the 15<sup>th</sup> Biennial Conference of the Hawai'i Pacific Gerontological Society, Honolulu, HI.
- Yancura, L. A., & Lum, W. L. W. (2008, August). A Multimethod Approach to Assessing the Service Needs of Grandparents Raising Grandchildren. Poster presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association, Boston, MA.
- Yancura, L. A., & Aldwin, C. M. (2008, August). Direction of Change in Retrospective Ratings of Childhood: The Influence of Depression, Health, and Life Events. Poster presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association, Boston, MA.
- Yancura, L. A. (2008, March). The Nuts and Bolts of Teaching University Students to Make Reminiscence Films. Paper presented at the 34<sup>rd</sup> Annual Meeting of the Association for Gerontology in Higher Education, Baltimore, MD.
- Yancura, L.A. (2007, November). Reminiscence in Ethnically Diverse Seniors in Hawaii: Themes and Variations. Paper presented at the 60<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Francisco, CA.
- Yancura, L.A. (2007, November). Health and Health Behavior of Grandparents Raising Grandchildren. Discussant for symposium at the 60<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Francisco, CA.
- Yancura, L.A., & Vierkoetter, K. (2007, November). Grandparents Raising Grandchildren: Relationships among Blessings, Burdens, and Physical Health. Poster Presented at the 60<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Francisco, CA.

- Yancura, L., Aldwin, C. M., & Levenson, M. R., & Spiro, A (2007, August). Does Coping Mediate Between Hostility and Lipid Levels?: Findings from the Normative Aging Study. Paper presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Yancura, L., Aldwin, C. M., & Boeninger, D. (2007, August). How Stable are Retrospective Reports of Childhood Experiences?: Findings from the Davis Longitudinal Study. Poster presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- Yancura, L. (2007, June). Grandparents Raising Grandchildren in Hawai'i: Profiles of Blessings and Burdens. Paper presented at the 98<sup>th</sup> Annual Conference of the American Association of Family & Consumer Sciences, Reno, FL.
- Yancura, L., Pagano, I., & Gotay, C. (2007, March). Optimism and Use of Complementary and Alternative Medicine: Do They Interact to Influence Quality of Life in Women Cancer Survivors? Poster presented at the 28<sup>th</sup> Annual Research Conference for Children's Mental Health, Tampa, FL.
- Yancura, L., & Yee, B. W. K. (2007, March). Grandparents Caring For Grandchildren: Health Services Implications. Paper presented at the 20<sup>th</sup> Annual Research Conference for Children's Mental Health, Tampa, FL.
- Yancura, L. (2007, March). Integrating 'Inter' and 'Multi' in Gerontological Education: Interdisciplinary Activities in a Multicultural Environment. Paper presented at the 33<sup>rd</sup> Annual Meeting of the Association for Gerontology in Higher Education, Portland, OR.
- Yancura, L., Aldwin, C. M., & Levenson, M. R. (2006, November). The Stability of Retrospective Reports of Childhood Experiences over a Four-Year Period. Poster presented at the 59<sup>th</sup> Annual Meeting of the Gerontological Society of America, Dallas, TX.
- Yancura, L. (2006, November). Delivering Culturally Sensitive Information on Services to Grandparents Raising Grandchildren. Paper presented at the 59<sup>th</sup> Annual Meeting of the Gerontological Society of America, Dallas, TX.
- Yancura, L., & Vierkoetter, K. (2006, November). Grandparents Raising Grandchildren in Hawai'i: Their unique situations and service needs. Paper presented at the 14<sup>th</sup> Biennial Conference of the Hawai'i Pacific Gerontological Society, Honolulu, HI.
- Yancura, L., Aldwin, C. M., & Levenson, M. R. (2006, August). The Influence of Childhood Experience on Adult Mental Health: Do Mediators Matter? Paper presented at the 114<sup>th</sup> Annual Convention of the American Psychological Association, New Orleans, LA.
- Yancura, L., Martinson, T., & Dosland, T. (2006, August). Culturally Sensitive Brochures for Grandparents Raising Grandchildren in Hawai'i. Poster presented at the 114<sup>th</sup> Annual Convention of the American Psychological Association, New Orleans, LA.
- Yancura, L. (2006, April). Local grandparents raising grandchildren: Who are they? Poster presented at the Annual Meeting of the Hawai'i Association for Family and Consumer Economics Association, Honolulu, HI.
- Yancura, L., Aldwin, C. M., & Spiro, A. (2005, November). The pathways among stress, coping, affect, and the metabolic syndrome differ between men with and without a history of cardiovascular disease. Paper presented at the 58<sup>th</sup> Annual Meeting of the Gerontological Society of America, Orlando, FL.
- Yancura, L., Aldwin, C. M., & Levenson, M. R. (2005, October). Similarities and differences in retrospective reports of childhood experiences over a one-year period. Poster presented at the 4<sup>th</sup> Biennial Meeting of the Society for Human Development, Asilomar, CA.
- Yancura, L., Aldwin, C. M., & Spiro, A. (2005, August). Pathways from stress to the metabolic syndrome in older men. Poster presented at the 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, D. C.

- Yancura, L. & Aldwin, C. M. (2005, June). The influence of childhood experience on adult mental and physical health: Do mediators matter? Paper presented at the 18<sup>th</sup> Congress of the International Association of Gerontology, Rio De Janeiro, Brasil.
- Lin, S. & Yancura, L. (2005, June). Specialized clothing and caregiver guidelines for stroke patients. Poster presented at the 18<sup>th</sup> Congress of the International Association of Gerontology, Rio De Janeiro, Brasil.
- Yancura, L., Boeninger, D., Jennings, P. & Aldwin, C. M. (2004, August). Childhood experience and wisdom in adulthood. Paper presented at the 112<sup>th</sup> Annual Convention of the American Psychological Association, Honolulu, HI.
- Yancura, L., Aldwin, C. M., & Levenson, M. R. (2003, August). Childhood abuse, religious experience and depressive symptoms in adulthood: Evidence for moderation effects? Poster presented at the 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, ON, CA.
- Levenson, M. R., Yancura, L. A., & Aldwin, C. M. (2003, April). Are increases in forgiveness and spirituality associated with reductions in depression? Poster presented at the Annual Symposium of the Society for Research in Adult Development, Tampa, FL.
- Levenson, M. R., Aldwin, C. M., & Yancura, L. (2003, August). Symptom reduction and positive mental health: Evaluation of an alternative therapy. Poster presented at the 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, ON, CA.
- Aldwin, C. M., Yancura, L. A., Shiraishi, R. W., Levenson, M. R. & Spiro, A. (2003, November). Early childhood stress and health trajectories in adulthood. Paper presented at the Annual Convention of the Gerontological Society of America, San Diego, CA.
- Yancura, L., Aldwin, C., Spiro, A. (2002, August). Age, appraisal and coping strategies in later life. Poster presented at the Annual Convention of the American Psychological Association, Chicago, IL.
- Aldwin, C. M. & Yancura, L. A. (2001, August). A longitudinal examination of the relationships among stress, depression and physical health. Paper presented at the Annual Conference of the American Psychological Association, San Francisco, CA.
- Yancura, L. A., Aldwin, C. M., & Spiro, A. (2000, August). A developmental examination of stress in a sample of older men. Poster presented at the Annual Convention of the American Psychological Association, Washington, DC.
- Yancura, L. (2000, January). HIV risk behaviors in older versus younger men. Poster presented at the Annual Conference of the Universitywide AIDS Research Program, San Francisco, CA.
- Yancura, L., Aldwin, C., Spiro, A. (1999, November). Does stress decrease with age?: A longitudinal examination of stress in the Normative Aging Study. Poster presented at the Annual Convention of the Gerontological Society of America, San Francisco, CA.
- Yancura, L., Aldwin, C., Spiro, A. (1999, August). Linking stress appraisals and emotions among older men. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
- Levenson, M. R., Aldwin, C. M., & Yancura, L., (1998, November). Combat exposure and PTSD Symptoms Among Older British Veterans. Poster presented at the Annual Convention of the Gerontological Society of America, Philadelphia, PA.

## **Mentored Student Projects, Honors, and Fellowships**

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### **Undergraduate |**

- 2021 Kim, Starlet (2021) *Five Senses Reminiscence in Older Women with Early-Stage Reminiscence*
- 2020 Miehlstein, Maximillian Soares (2020) *Identities of Autistic Adults*. Undergraduate Honors' Thesis in Interdisciplinary Studies.

- 2016 M. LeClerc; *UHM Chancellor's Undergraduate Research Fellowship* "The Effects of Gratitude on Cortisol Reactivity Levels" \$ 3,027.
- 2014 L. Pohmsouvanh & T. Lagundino; *26<sup>th</sup> CTAHR Student Research Symposium* 1st Place Poster "Ethnic stereotyping in Hawaii: Do Locals have more stereotypes than Non-locals?"
- 2014 M. Blaisdell; *UHM Chancellor's Undergraduate Research Fellowship* "The use of Yoga Balls to Expand Attention Span in the Elementary Classroom." \$ 4,952
- 2014 R. Ganir; *UHM Chancellor's Undergraduate Research Fellowship* "Expressive Writing and Physiological Parameters" \$2,050
- 2013 M. Bosquet; *UH Manoa Honors Fall Forum* 1<sup>st</sup> Place Poster Presentation in Social Science "Looking Beyond Memory Loss: Remembering the Human Behind Alzheimer's Disease and Related Dementias."
- 2013 C. Kau; *UH Manoa Honors Spring Symposium* 2<sup>nd</sup> Place Oral and Poster Presentations in Social Science "Advising Beyond Graduation: Incorporating Life Planning Conversations in Academic Advising."
- 2013 M. Hamano; *24<sup>th</sup> Annual CTAHR Student Research Symposium* 1<sup>st</sup> Place Poster "Native Hawaiian Cultural Values and a Student's Intention to Study Abroad"
- 2013 E. Espinosa; *24<sup>th</sup> Annual CTAHR Student Research Symposium* Oral Presentation Award of Merit "Native Hawaiian Cultural Values and Relocation to the Mainland"
- 2009 C. Huang and S. Morishige; *21<sup>st</sup> Annual CTAHR Student Research Symposium* First Place Poster "Women's Revealing Clothing and Promiscuity"
- 2008 D. Caldwell; *UHM Chancellor's Undergraduate Research Fellowship*. "Reliability of Convergent Measures of Self-Esteem" \$3,000.
- 2007 A. Higa; *19<sup>th</sup> Annual CTAHR Student Research Symposium* First Place Poster "Use of Informal and Formal Support by Grandparents Raising Grandchildren in Hawai'i.
- 2006 K. Vierkoetter; *UHM Chancellor's Undergraduate Research Fellowship* "Grandparents Raising Grandchildren in Hawai'i: Their unique situations and service needs" \$3,000
- 2006 T. Martinson; *19<sup>th</sup> Annual CTAHR Student Research Symposium* First Place Poster "Culturally Sensitive Brochures for Grandparents Raising Grandchildren in Hawai'i"

### **Thesis and Dissertation Committees |**

- Oeda, Kiley (*in progress*). Human Development and Family Studies (HDFS) College Major Decision Study. MA in Educational Psychology.
- Scott, Rachel (*in progress*). Generativity in Caregiving Grandparents. Ph.D. in Psychology at the Mississippi State University.
- Hammerich, Katinka (*in progress*). Death anxiety among older adults and people related to older adults. Ph.D. in Social Work.
- Ciraolo, Margeaux (2018). An Exploration of the Factors that Modulate Sensory Dominance. Ph.D. in Psychology.
- Bellwood, Cara (2017). Understanding Perceptions of Emerging Adulthood in College and Non-College Youth. Ph.D. in Psychology.
- Kau, Cheri (2015). Advising Beyond Graduation: Incorporation Of Life Planning Conversations In Academic Advising. M.A. Education in Educational Administration (Higher Education).
- Sato, Seiko (2015). Service Needs of Japanese Male Family Caregivers. Ph.D. in Public Health.
- Pohlman, Atilla (2014). Threatened at the Table: Meat Consumption, Maleness and Men's Gender Identities. Ph.D. in International Business.
- Tomioka, Michiyo (2013). Organizational change in the Aging Network to promote evidence-based programs. Ph. D. in Public Health.



Wolfe, Kathleen (2011). The Lived Experience Of Remorse Among Male Adolescent Offenders: A Phenomenological Inquiry. Ph. D. in Nursing.

Kealoha, May (2012). Mālama Nā Makua I Nā Keiki Me Ka Hānō: Native Hawaiian Parents Caring for Their Children With Asthma. Ph.D. in Nursing.

Danielle Young (2011). Explicit and Implicit Stereotype Content: The Case of Gender in Academia. Ph. D. in Psychology.

Fischer Valdez, Marianna (2008). The Interplay Between Sense of Community and Poverty in Middle School Students' Achievement. Ph.D. in Psychology.

## Courses Taught

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Research Methods in Family Resources	Gone to the Dogs: Companion Animals in Social
Research Methods in Psychology	Science, Medicine, and the Humanities
Infancy and Early Childhood	Honors 101: Intro to Research at UHM
Adolescence and Young Adulthood	Honors 291b: Health, Illness, and Optimal aging
Adulthood and Aging	Honors 399: Research Methods
Careers in Gerontology	Parenting
Introduction to Human Development &	Resilience and Transformation: Psychological and
Family Science	Developmental Theories within the Context of Place
Introductory Psychology	(Berlin)
Lifespan Human Development	Fundamentals of Reminiscence and Life
Psychological Assessment	Review: Theory, Research and Practice
Losing It: Dementia and Family Relations	

## Professional Memberships and Appointments

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### Professional Society Memberships (*past and current*)

Academy of Gerontology in Higher Education (AGHE)	Society of Behavioral Medicine (SBM)
American Psychological Association (APA)	Society for the Study of Human
Hawai'i Pacific Gerontological Association (HPGS)	Development (SSHD)
National Council of Family Relations (NCFR)	
Gerontological Society of America (GSA)	

### Professional Society Appointments |

2020 – 2022	
2024-present	Data Manager, Executive Board of NIFA NC1171 Multistate Research Project: Rural Families Speak About Resilience
2019 – 2023	Treasurer, Executive Board of SSHD-Society for the Study of Human Development
2018 – 2020	Chair, Executive Board of NIFA NC1171 Multistate Research Project: Rural Families Speak About Resilience
2018 – 2019	Member at Large, National Executive Committee, Association for Gerontology in Higher Education (AGHE)

2017 - 2018	Funding Chair, Executive Board of NIFA NC1171 Multistate Research Project: Rural Families Speak About Health
2015- present	Executive Board, International Institute for Reminiscence and Life Review (In transition to ICLIP Life Stories Center at the University of Connecticut School of Nursing).
2013-2019	Member-at-large, Sigma Phi Omega National Honor Society Governing Board
2011-2018	Co Chair, GSA Grandparents Raising Grandchildren Interest Group
2008-2018	Chair, GSA Reminiscence, Narrative and Life Review: Research and Practice Interest Group
2014-2017	Secretary/Treasurer, Executive Board of NIFA NC1171 Multistate Research Project: Rural Families Speak About Health
2010-2012	Secretary, Executive Board of NIFA NC1171 Multistate Research Project: Rural Families Speak About Health
2007-2009	Co-Chair, SBM Aging Special Interest Group
2006-2008	Reviewer for AGHE/Terra Nova Films Positive Images of Aging Project and Images of Caregiving Project

#### **Ad Hoc Manuscript and Grant Reviewer |**

2024 – present	Editorial Board for <i>Grandfamilies: Journal of Theory and Practice</i>
2019-present	Editorial Board for <i>Journal of Intergenerational Relationships</i>
Ongoing	Abstracts for GSA, & NCFR conferences
Ongoing	<i>Asian American Journal of Psychology, California Agriculture, Children and Youth Services Review, Cultural Diversity and Ethnic Minority Psychology, Grandfamilies: The International Journal of Research and Practice, Health Promotion Practice, Health Psychology, International Journal of Reminiscence and Life Review, Journal of Gerontological Social Work, Journals of Gerontology Series B, Journal of Applied Psychology, Psychology and Health, The Gerontologist, Journal of Cross-Cultural Gerontology</i>

#### **University Level Service |**

2024	Outside Member, Public Health Department Personnel Committee
2022	Member, Manoa Faculty Evaluation Review Committee (MFRC)
2021	Member, Campuswide Tenure and Personnel Committee
2019	Outside Member, Center on Aging Department Personnel Committee (DPC, Tenure & Promotion)
2018	Outside Member, Undergraduate Education Department Personnel Committee (DPC, Tenure & Promotion)
2018	Member, Campuswide Tenure and Personnel Committee
2017	Member, Department Personnel Committee for Communicology Department
2015-2020	UHM Honors Council and Futures Committee
2015-2018	General Education Committee, O-Focus Review Board, co-Chair 2016-2017 AY
2014	Member, Manoa Advising Center Department Personnel Committee (DPC, Tenure & Promotion)
2013-2019	Committee for Student Recruitment and Retention of the UHM Assistant Vice Chancellor for Undergraduate Education Chair, Student Success/Gradesfirst and Road Show Subcommittees
2013-2016	University Undergraduate Research Opportunities Council (UROC)
2011-2022	Reviewer, Undergraduate Research Opportunities Program (UROP) Proposals
2010-2014	Speaker/Organizer yearly Poina Nalu Makawalu Transfer Conference for Native

	Hawaiian students
2014	Invited Panelist: Fostering Research: CTE/Honors Teaching Matters Series
2013	Invited Panelist: Manoa Sophomore Experience: Fraps & Sweets Event
2007-2012	Speaker, UH Manoa Experience (student recruitment) Kona, HI, September 2007, 2008, & 2011, 2012; Kahului, HI, September 2009

#### **College Level Service |**

2025	Member, CTAHR Student Research Symposium Committee
2016-2017	Member, Search Committee CTAHR Dean
2004-2016	Member, CTAHR Student Research Symposium Committee
2014	Member, Search Committee Assistant Dean for Research
2012-2014	Chief Judge, CTAHR Student Research Symposium
2009	Scholarship reviewer for the Brodhead Family and Mabel Inada Ito Scholarships
2006-2008	Member, CTAHR Visiting Scholar Committee

#### **Service in HDFS Program|**

2024	Member, Department Personnel Committee (DPC, Tenure & Promotion)
2021-2023	Co-Chair Department Personnel Committee (DPC, Tenure & Promotion)
2019- present	Assessment Chair
2019	Program Review Chair, HDFS Program
2019	Member, Department Personnel Committee (DPC, Tenure & Promotion)
2018	Co-Chair, Department Personnel Committee (DPC, Tenure & Promotion)
2018	Co-Chair Faculty Search Committee
2017- 2019	Chair, HDFS Curriculum Committee
2013-2014	Member, Graduate Program Planning Committee
2014	Program Review Chair, FAMR Program
2013 - 2016	Member, Department Personnel Committee (DPC, Tenure & Promotion)
2009-2013	Chair, Department Personnel Committee (DPC, Tenure & Promotion)
2007-2009	Chair, FAMR Curriculum Committee
2006-2007	Co-Chair, FAMR Curriculum Committee
2005-2006	Secretary, FAMR Curriculum Committee
2006 -2007	Search committees for APT & County Extension Agent Positions