

Akamai Cover Cropping Options:

# **BENEFITS OF WHITE CLOVER IN A LONG-TERM COVER CROP MIX ON SOIL HEALTH AND QUALITIES**

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# White clover (*Trifolium repens*)

- Legume, fixes N (80-130 lbs N/acre)
- Dense shallow root mass, stolon and rhizome protects soil from erosion and suppresses weeds
- Shade tolerance
- Tolerates traffic
- Creates habitat for above and below ground beneficials e.g. insectary plants



Credit: Alamy



# Cover crop Mix with White clover

Cons of White Clover	Solution
<ul style="list-style-type: none"><li>• slow growing</li></ul>	Cover crop mix, sod planting
<ul style="list-style-type: none"><li>• prefer shade to establish</li></ul>	Companion planting

## Cover Crop Mix

- White clover + black oat (*Avena strigose*) + buckwheat (*Fagopyrum Esculentum*)
- Planting cover crop sod can speed up the establishment.





# Akamai Cover Crop Mix to Establish White Clover

White clover +  
black oat +  
buckwheat



< 1 month

Buckwheat & black oat  
provides shade for  
white clover initially.



< 2.5 months



< 4 months

White clover fully  
established.



< 6 months (black oat die back)



8 months

10 months

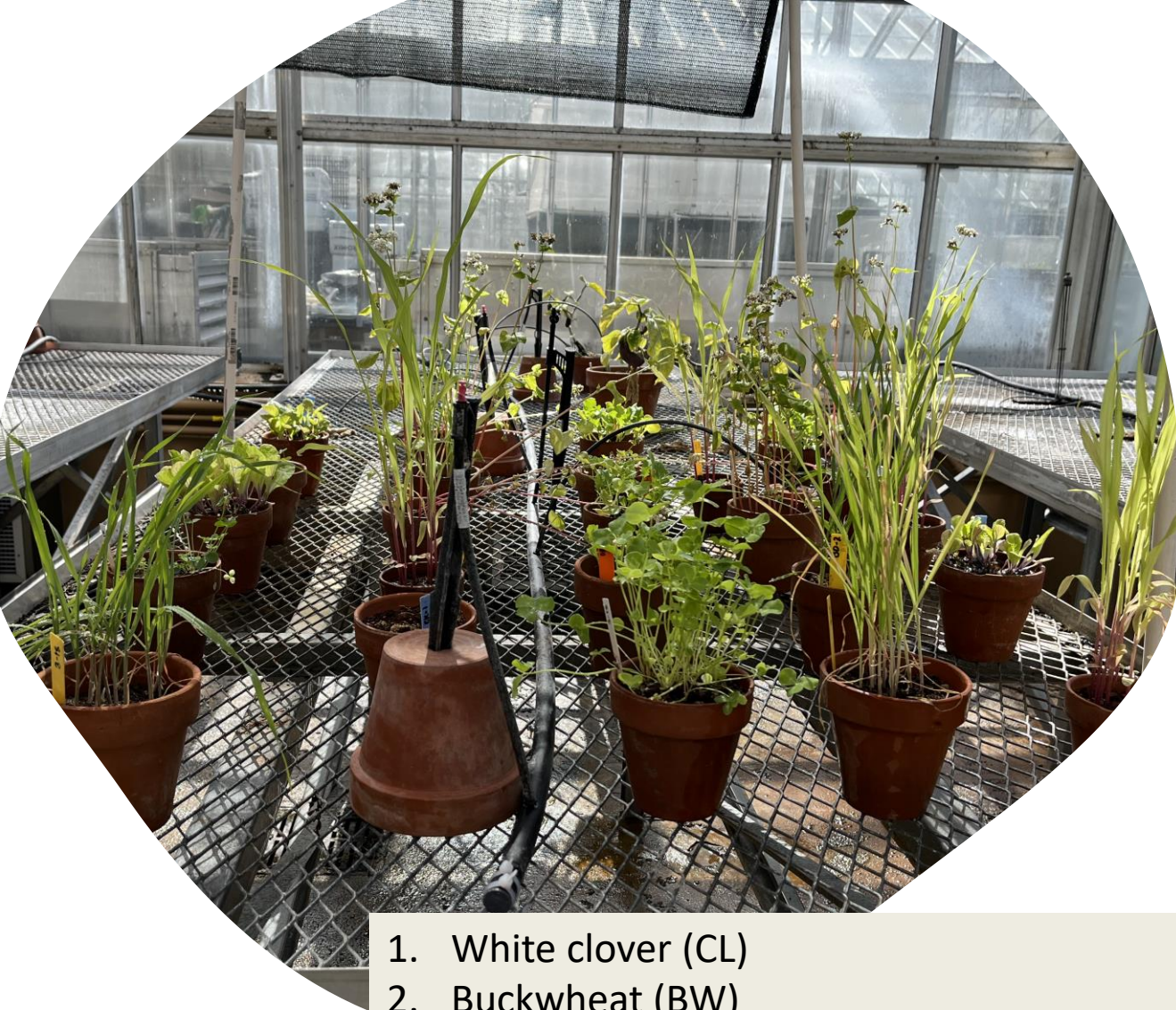


Paper weed  
mat to  
protect  
transplants

- Initially irrigation is needed, once established, it is a perennial, and minimal irrigation is needed.



# Examine Susceptibility of Cover Crops in the Akamai CC mix to *Meloidogyne incognita*



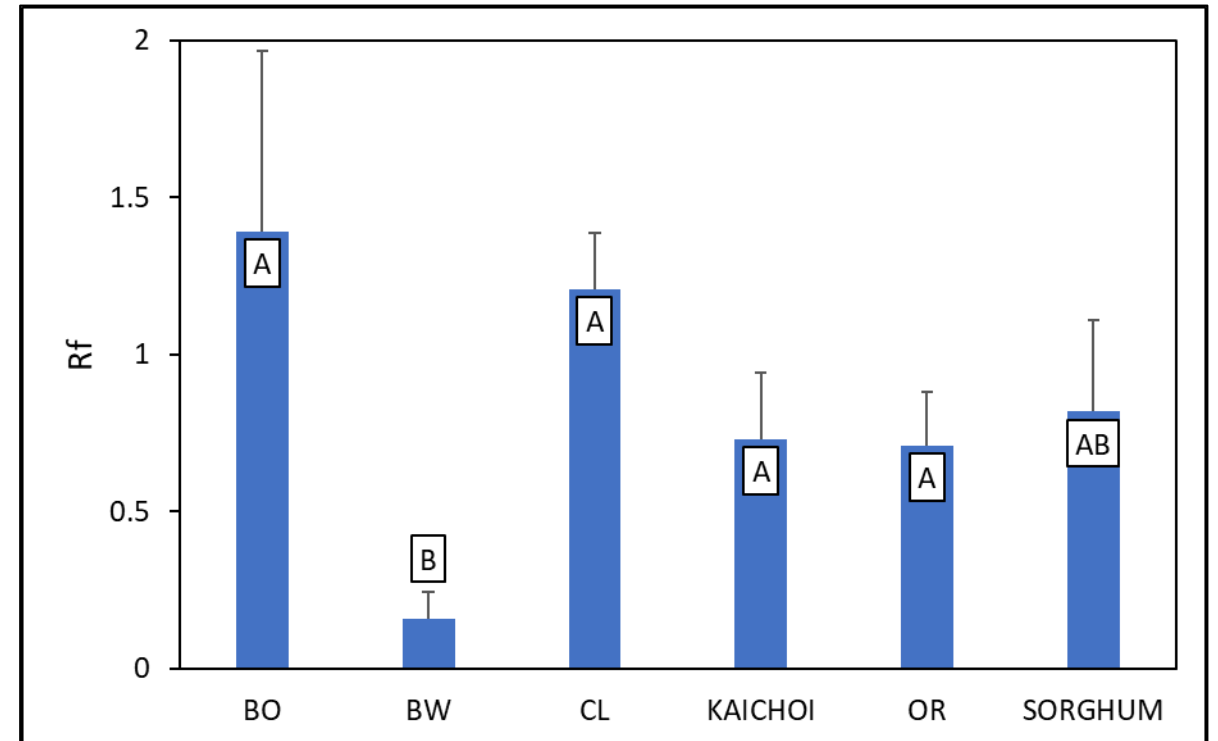
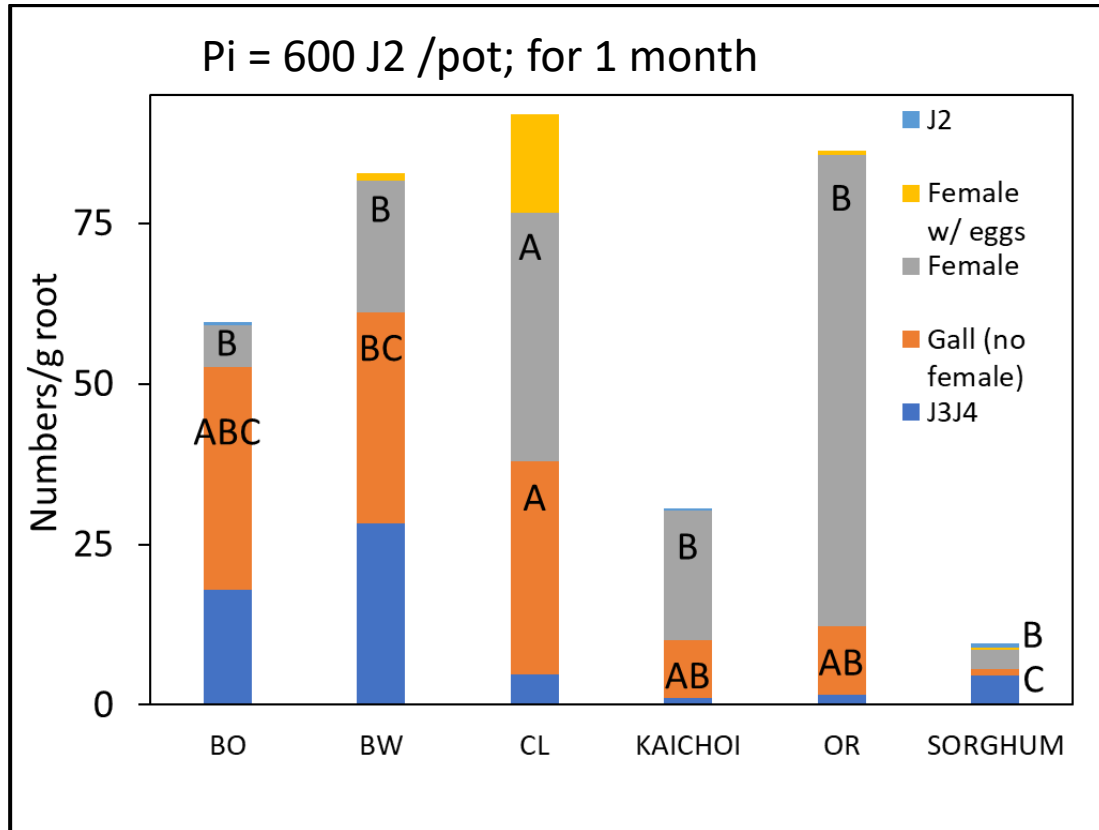
1. White clover (CL)
2. Buckwheat (BW)
3. Black oat (BO) 'Soil Savior'
4. Oil radish (OR) 'Sod Buster'
5. Sorghum (SG) 'NX-D-61'
6. Mustard green (Kai Choi) 'Hiroyama'





# Examine Cover Crop's Susceptibility to *Meloidogyne incognita*

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# Objectives

The objective of this experiment was to explore the long-term changes in soil health and various soil properties of this cover crop mix.

# Materials and Methods

Treatments :

- 1) long-term cover crop mix (CC)
  - 'New Zealand' white clover (55 Kg seeds/ha)
  - buckwheat (66 Kg/ha)
  - 'Soil Saver' black oat (77 Kg seeds/ha)
- 2) no cover crop (Control)

Two Sites

- 1) Magoon Teaching Plot (2021 Fall; 2022 Spring)
- 2) Kahumana Organic Avocado Plot (2021 Fall to present)





# Kahumana Organic Farm

## Avocado

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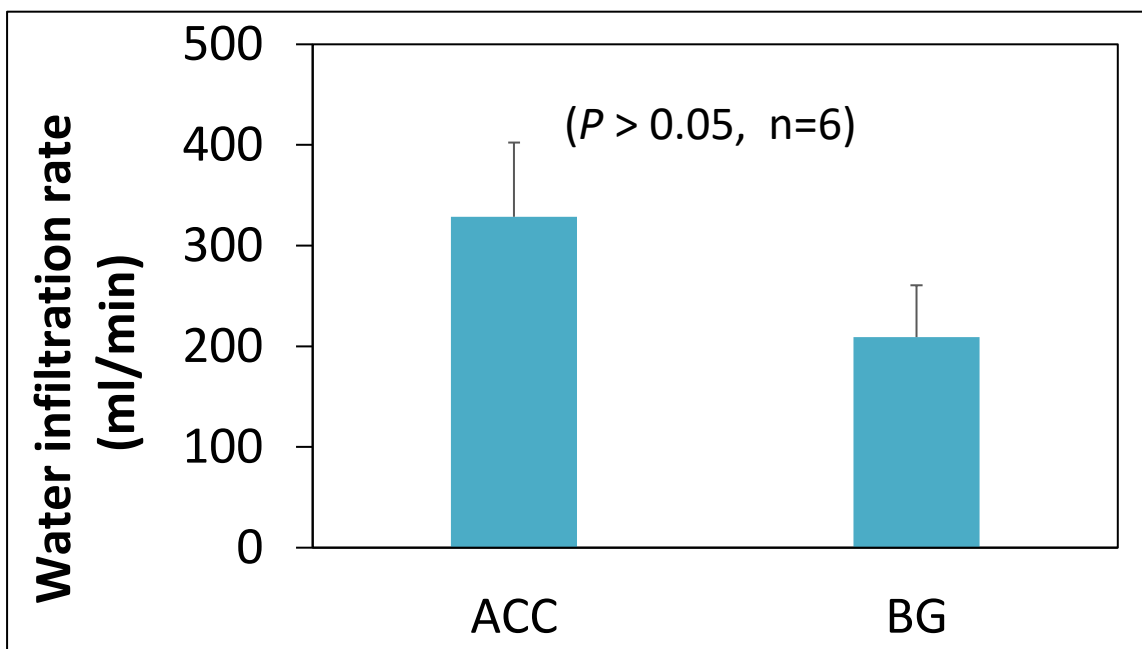
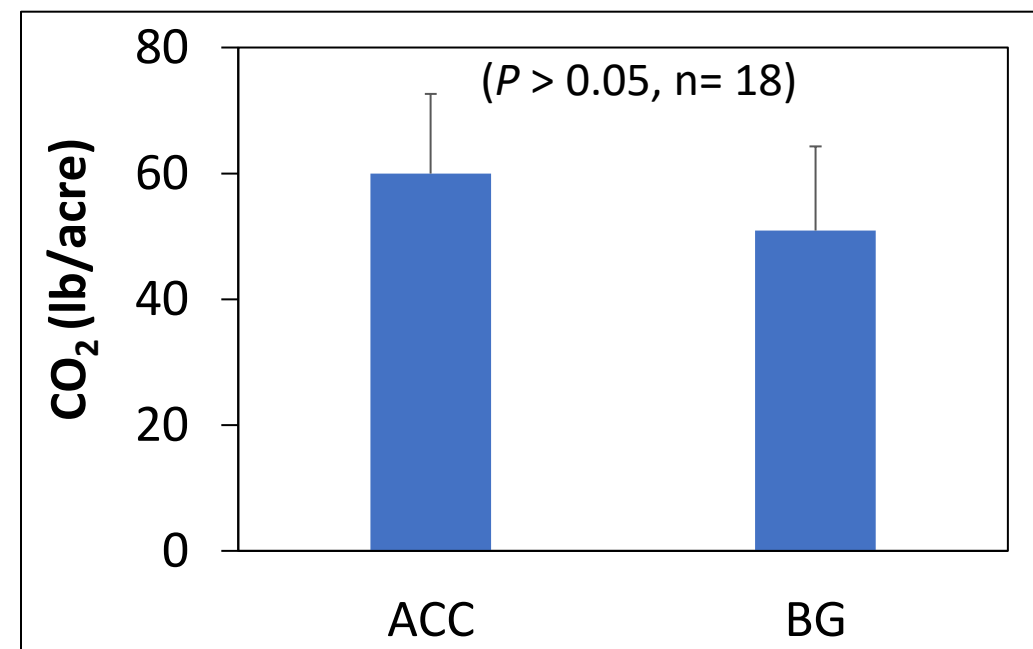
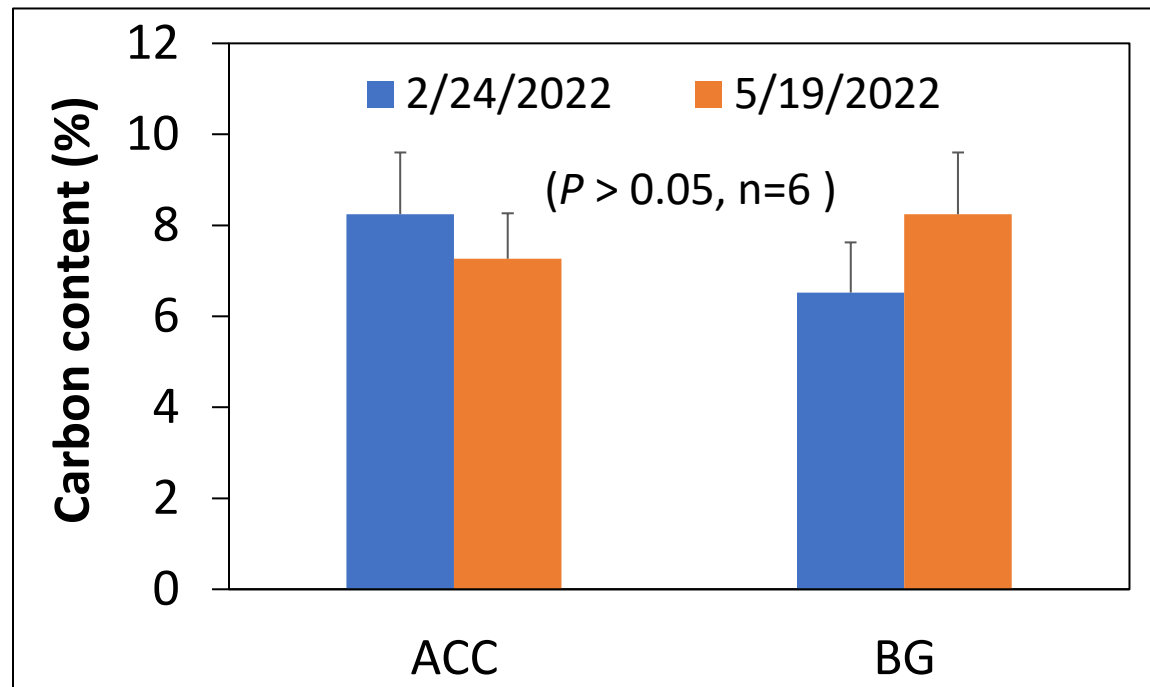


# Kahumana

6 months after cover cropping



Double ring  
Infiltration test





# SOIL HEALTH MANAGEMENT

## Principles:



Improvement of plant health



Stability to disturbance or stress



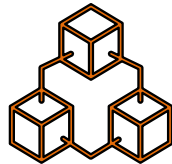
Maintenance of soil nutrient cycling



High biological diversity

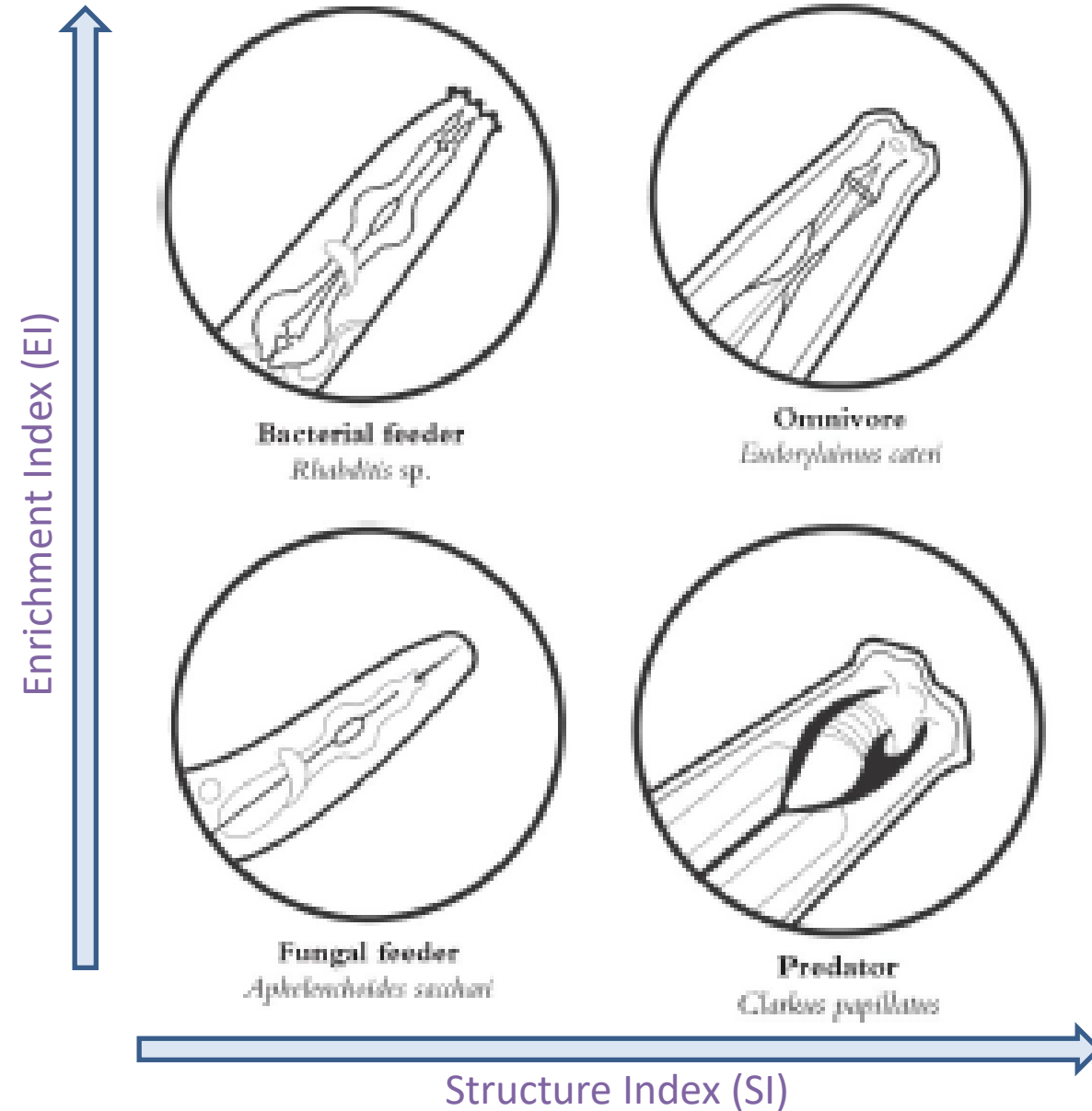


Suppression of multiple pests and pathogens



Enhance Soil Physical properties

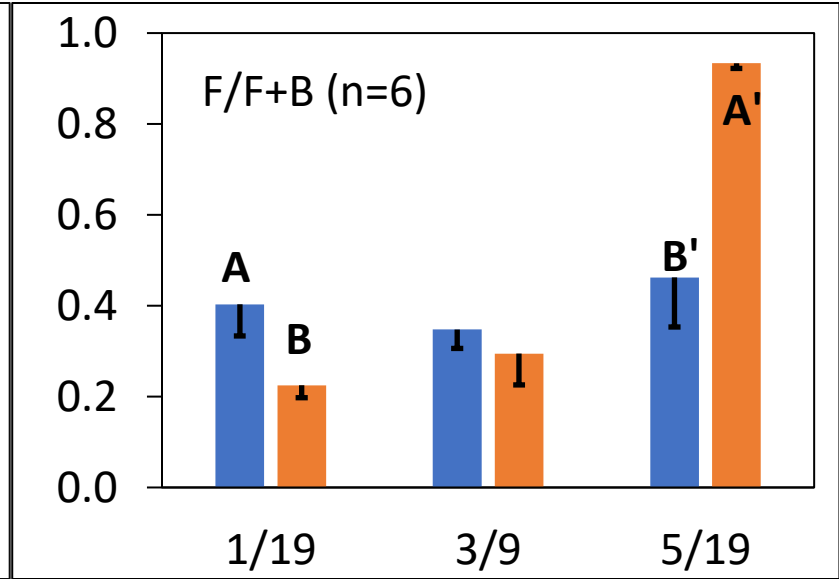
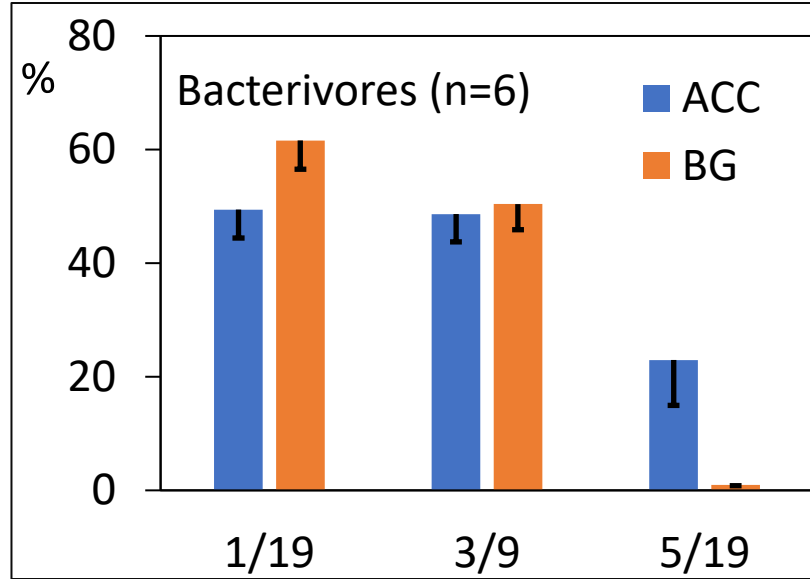
Nematodes are good soil health indicators:





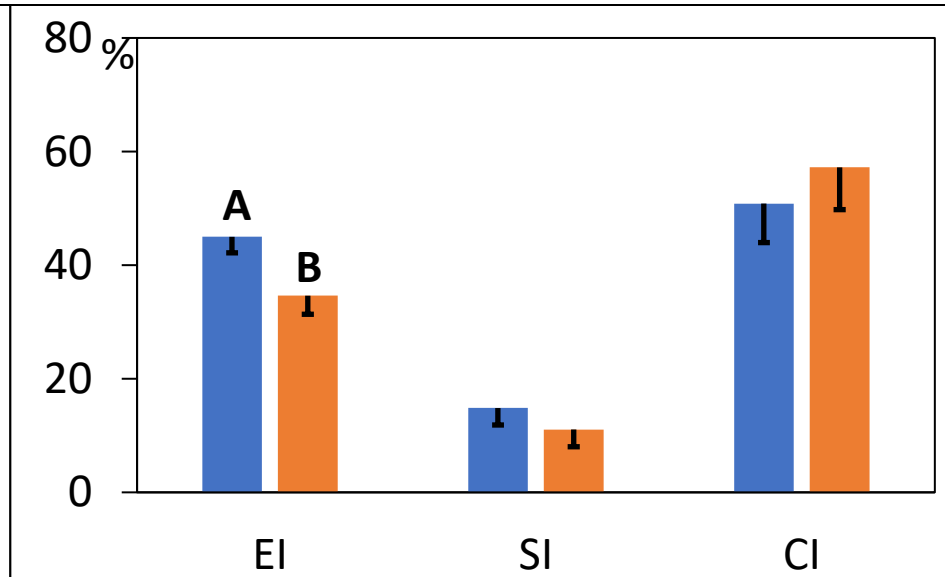
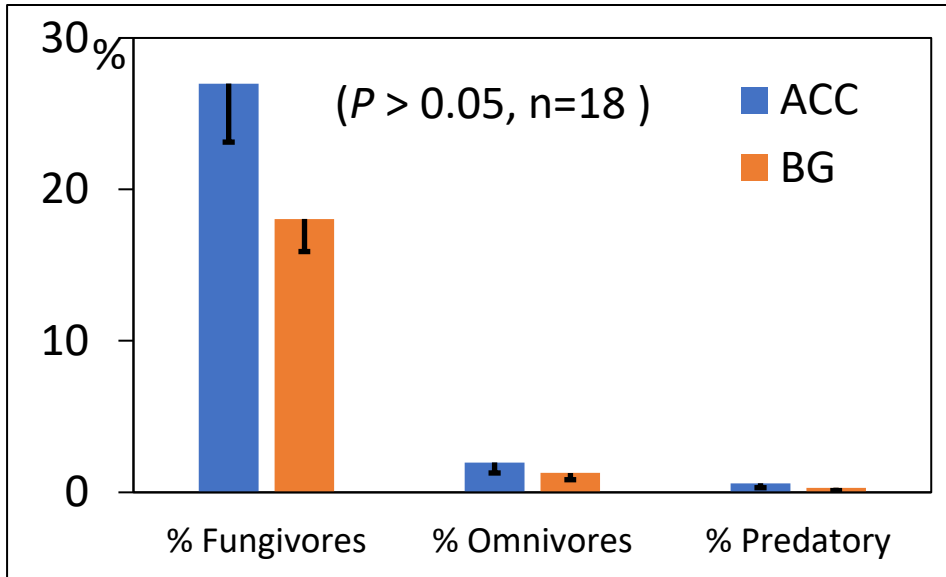


# Kahumana



Planting of akamai cover crop shifted soil food web from fungal dominated to nutrient enriched bacterial dominated decomposition pathways.

## 6 months after cover cropping

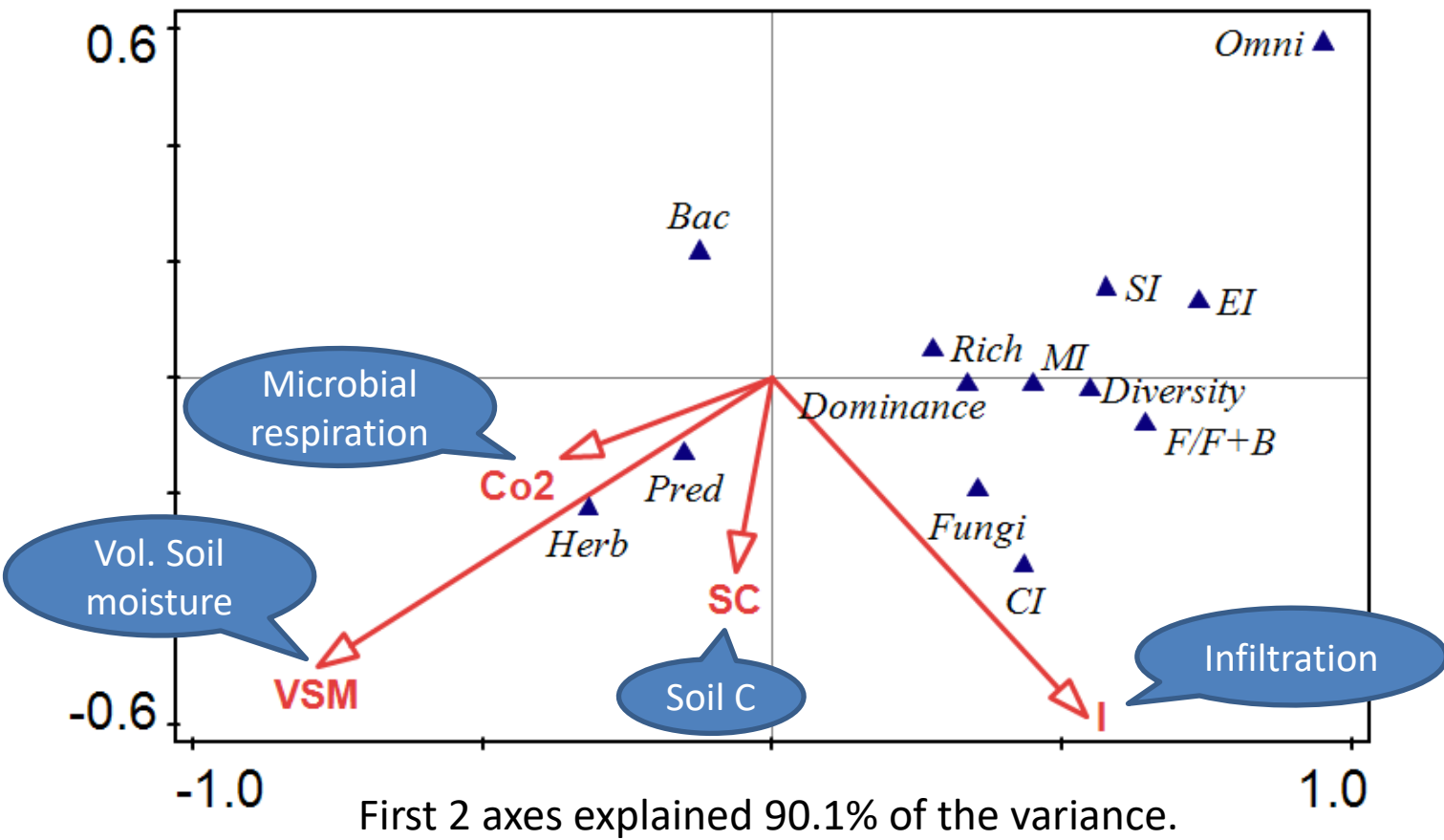
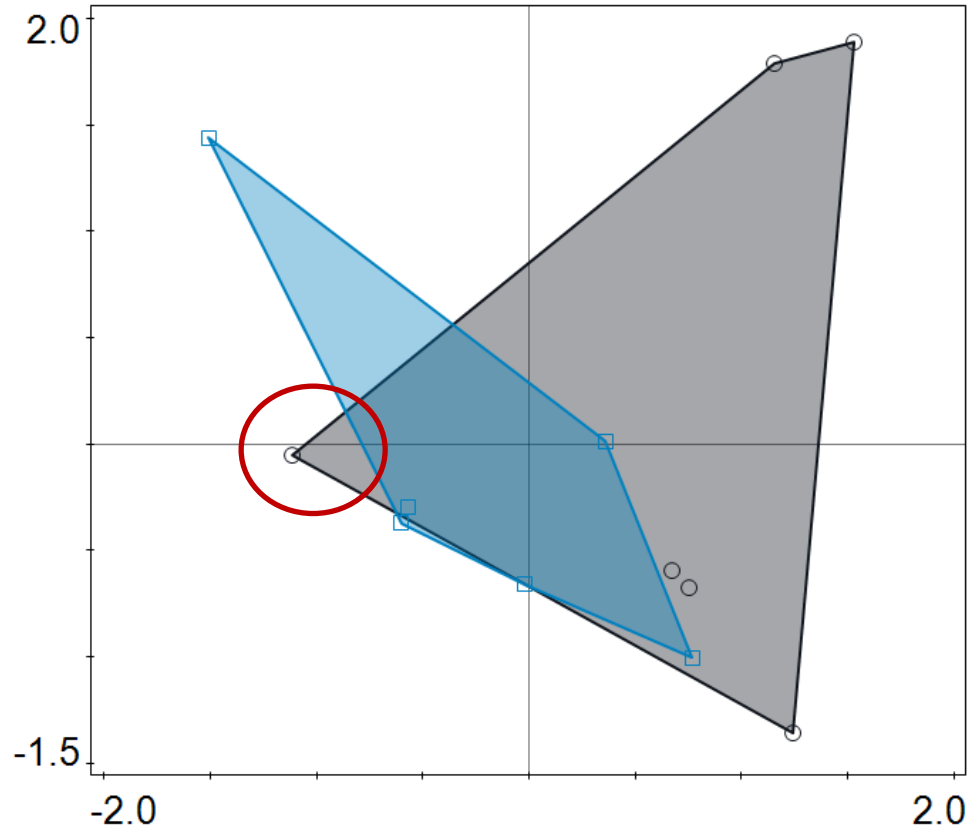
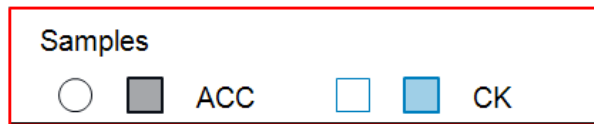


In parts due to irrigation in ACC plots allowed mycorrhizal/ other saprophytic fungi to proliferate initially in ACC. Lead to more nutrient rich conditions later in ACC.





## 6 months after cover cropping



Summary:

- VSM and soil C positively related to soil microbial respiration.
- Infiltration rate was more related to abundance of fungivores/fungal decomposition.
  - However, soil health and quality conditions are still overlapping b/t ACC and BG.



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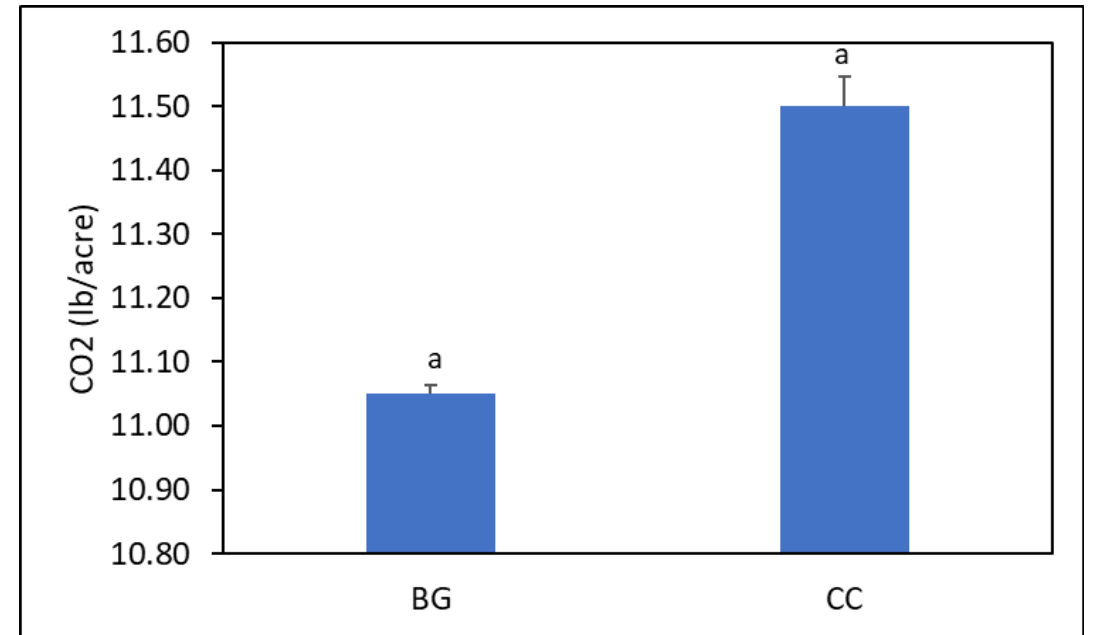
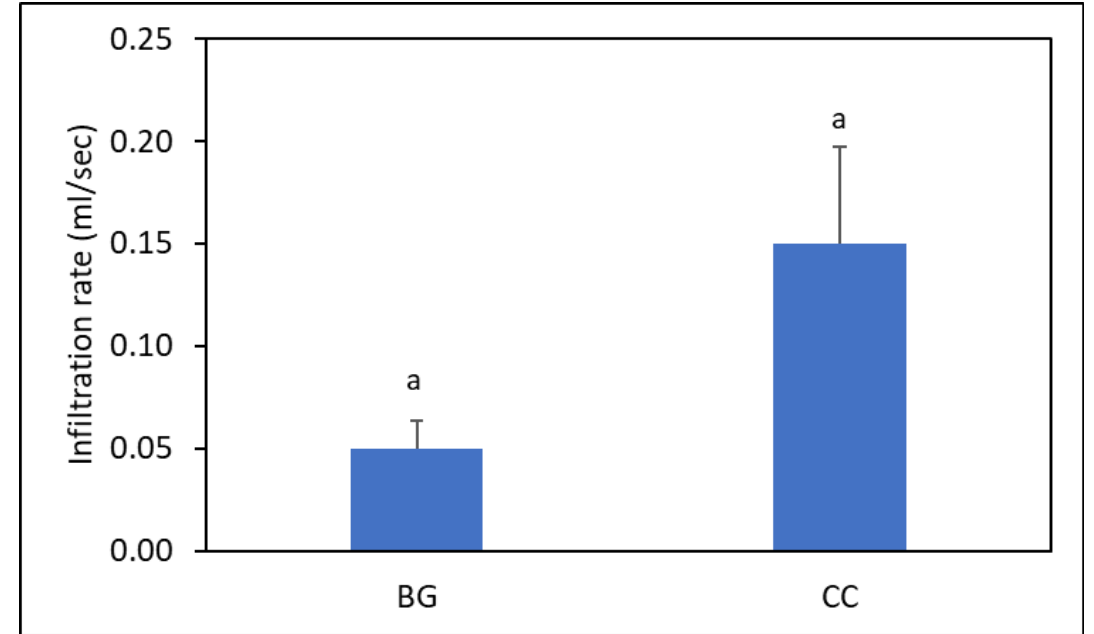


# Magoon

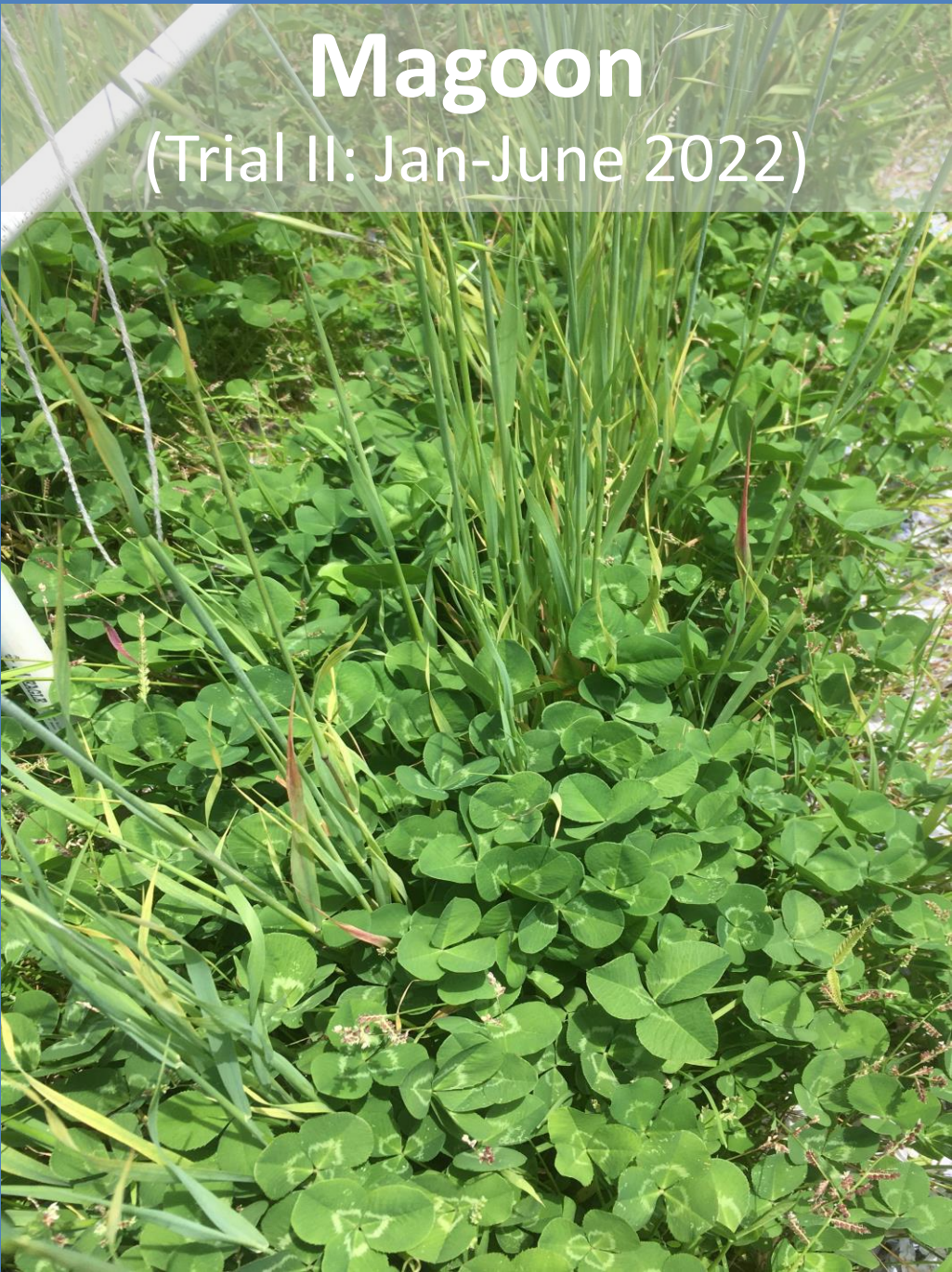
(Trial I Sep - Dec 2021)



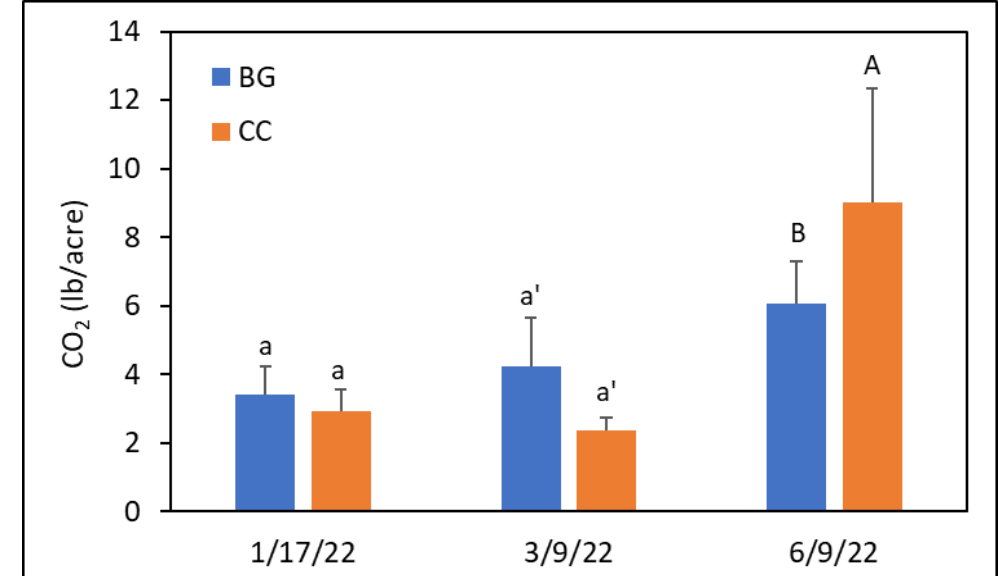
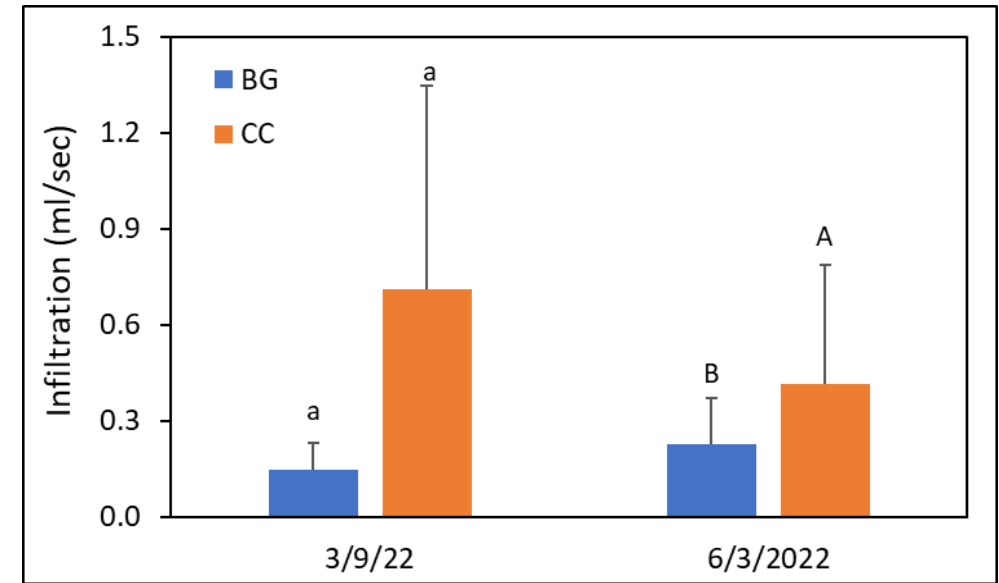
Cover crop terminated as surface mulch 2 months after planting







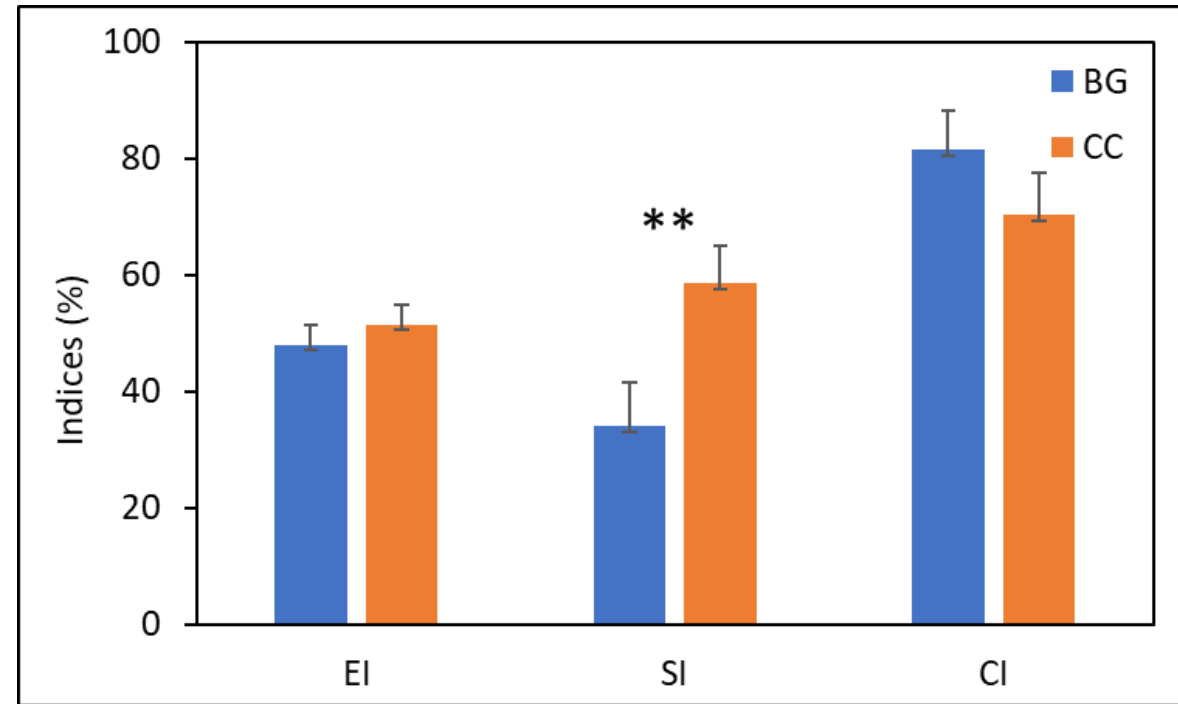
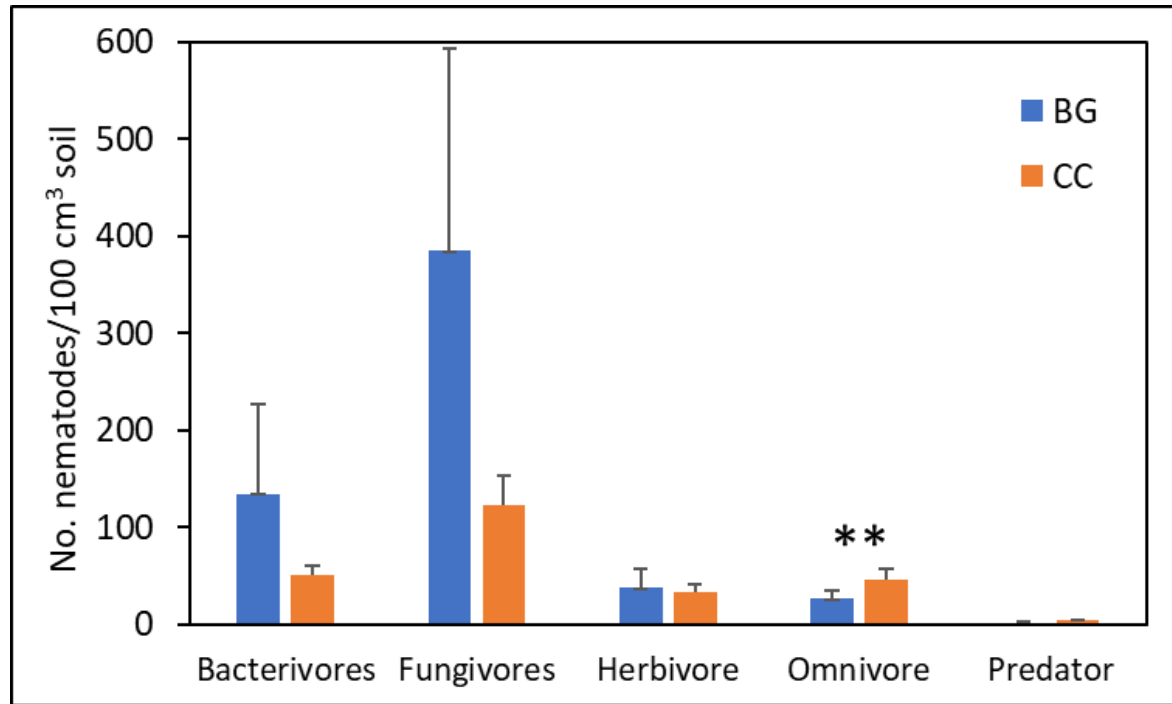
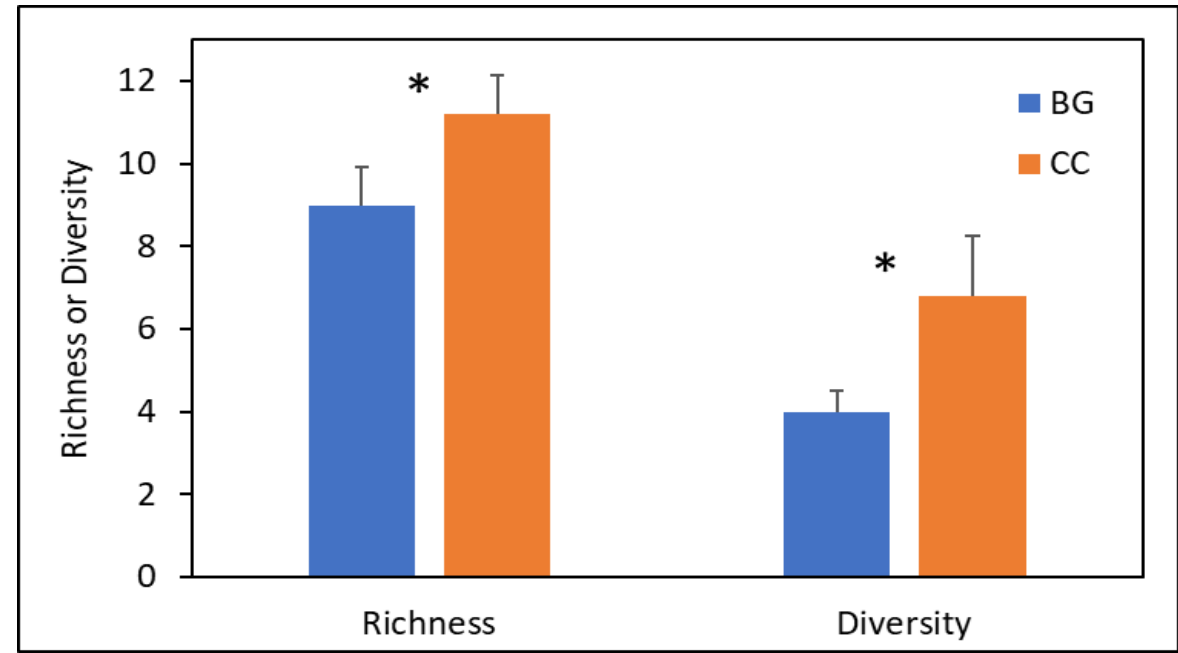
Cover crop maintained as living mulch



Living roots supported better soil properties

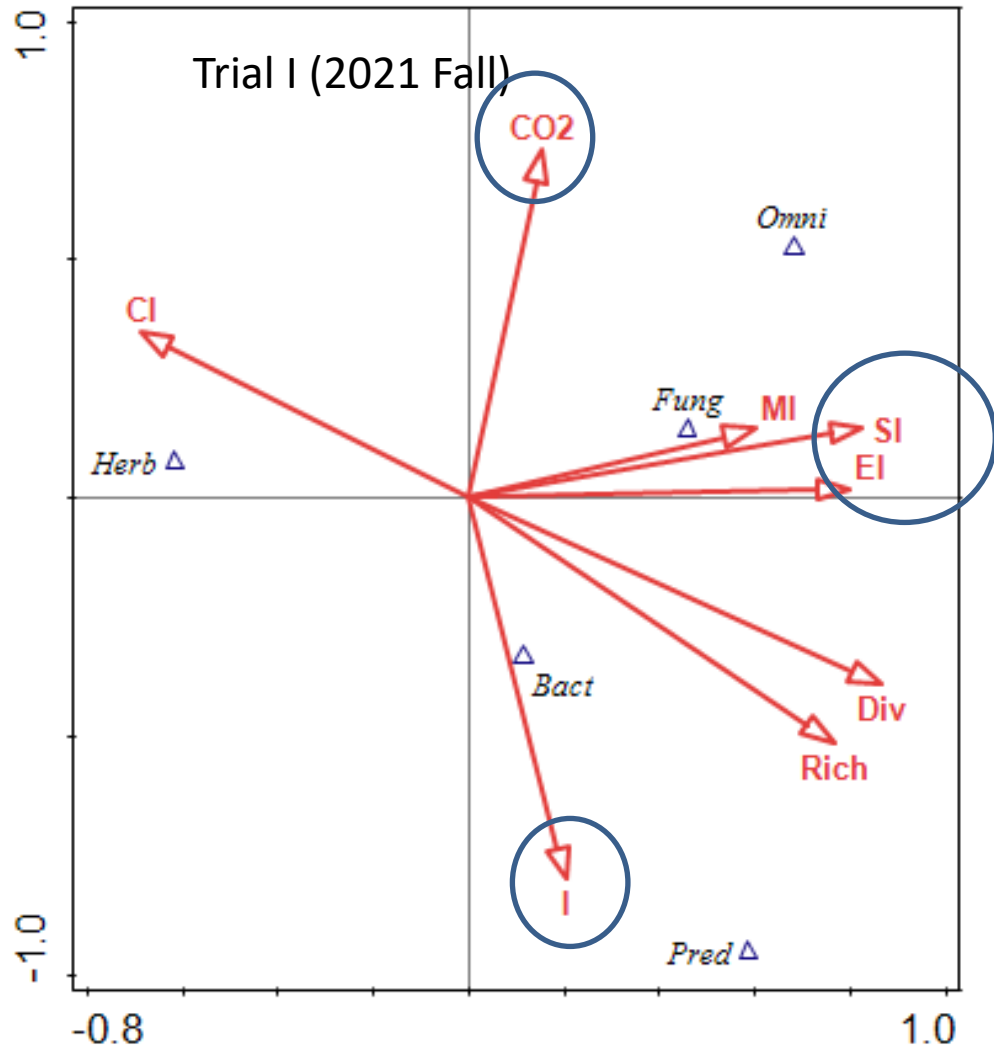
# Soil Health Condition under Akamai Cover Crop Mix (2 cycles: Sep 2021- March 2022)

Akamai CC living mulch increased omnivores, richness and diversity, and improved soil food web structure



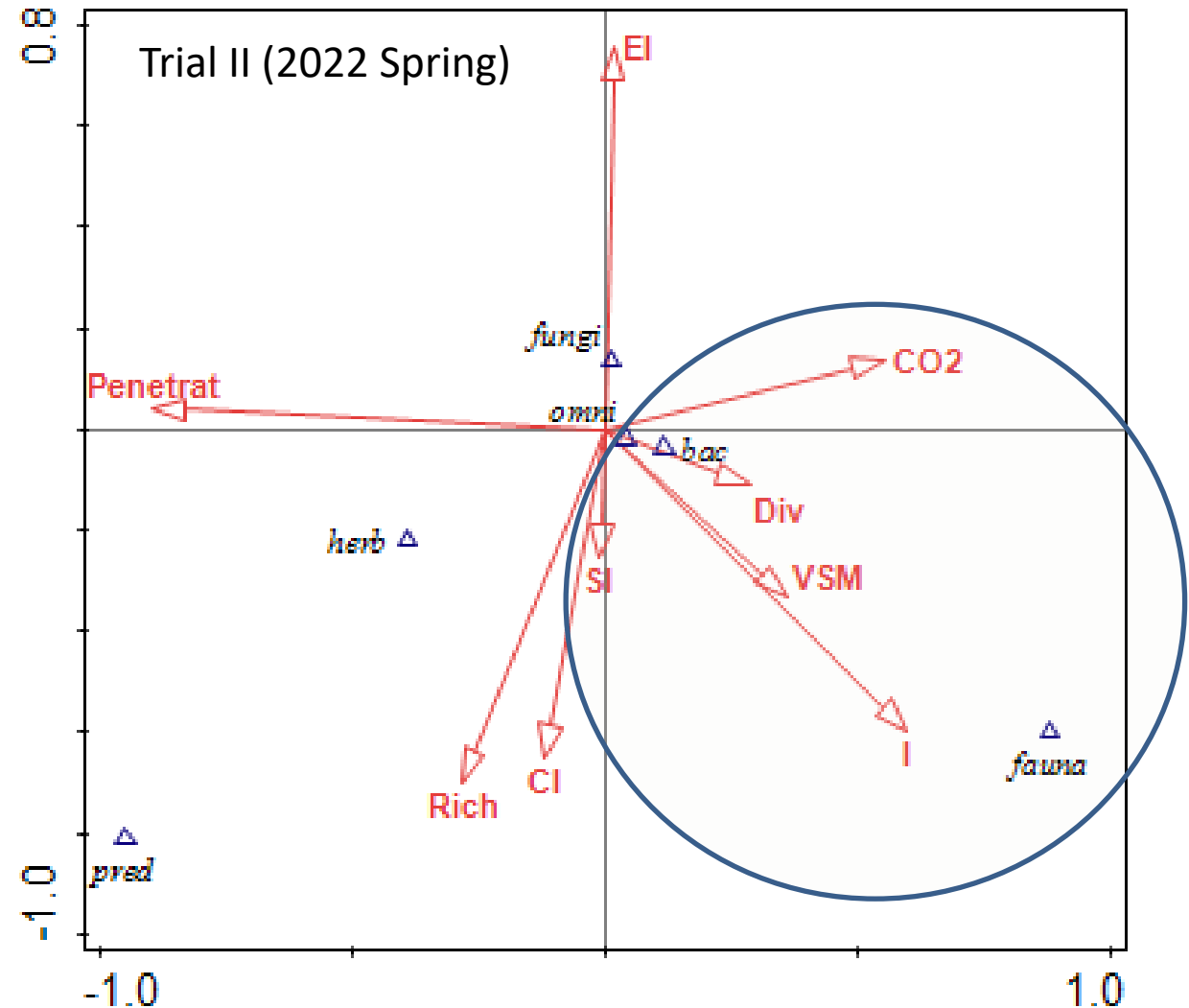


Trial I: Improvement in soil health indices did not relate to soil microbial respiration and infiltration rates.



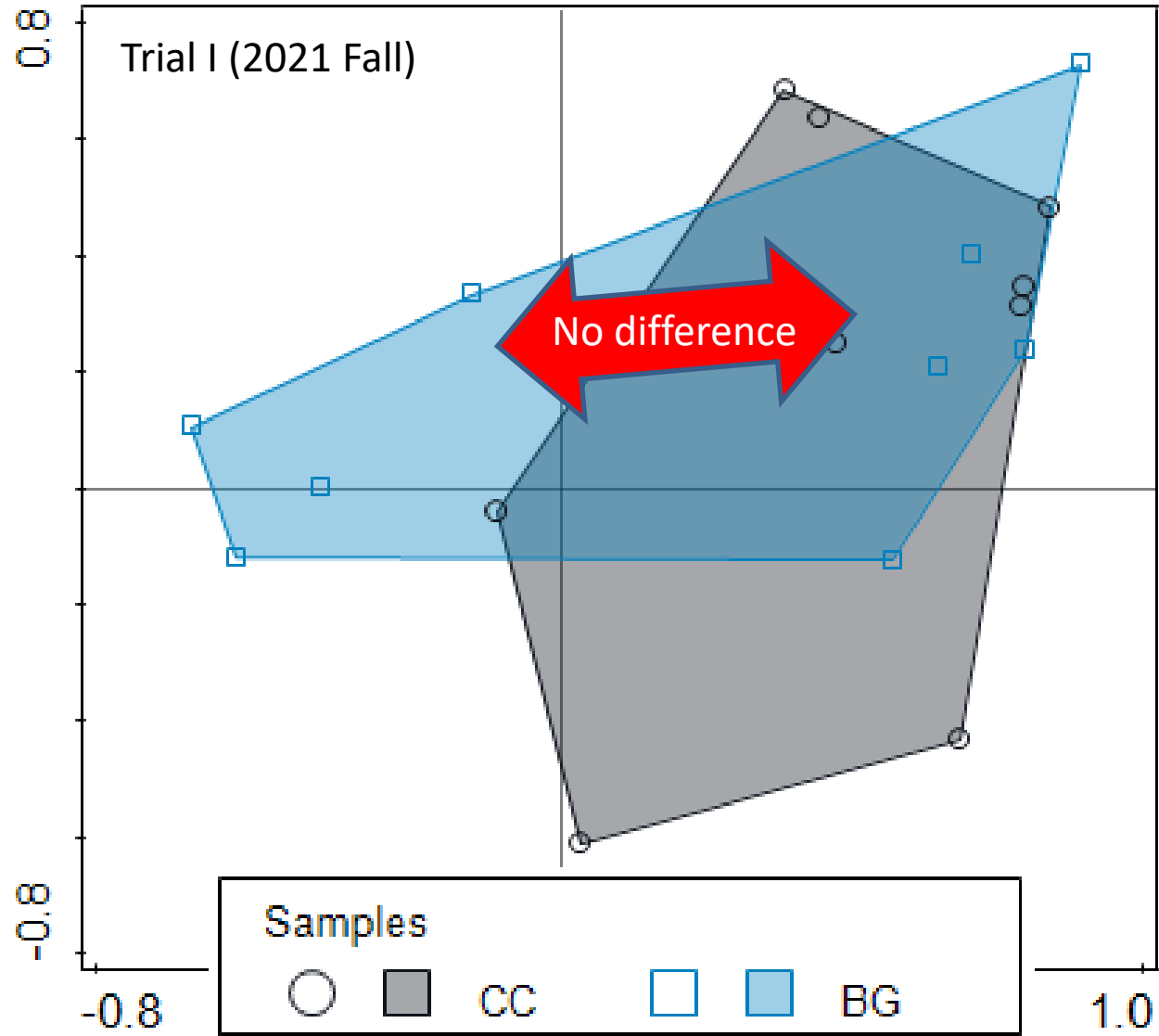
First 2 canonical axes explained 90.24% of the variance.

Trial II: Increase in SI and abundance of other soil fauna (not nematodes) were positively related to infiltration (I) and soil moisture (VSM). Soil microbial respiration (CO2) was more related to abundance of bacterivorous nematodes and diversity).

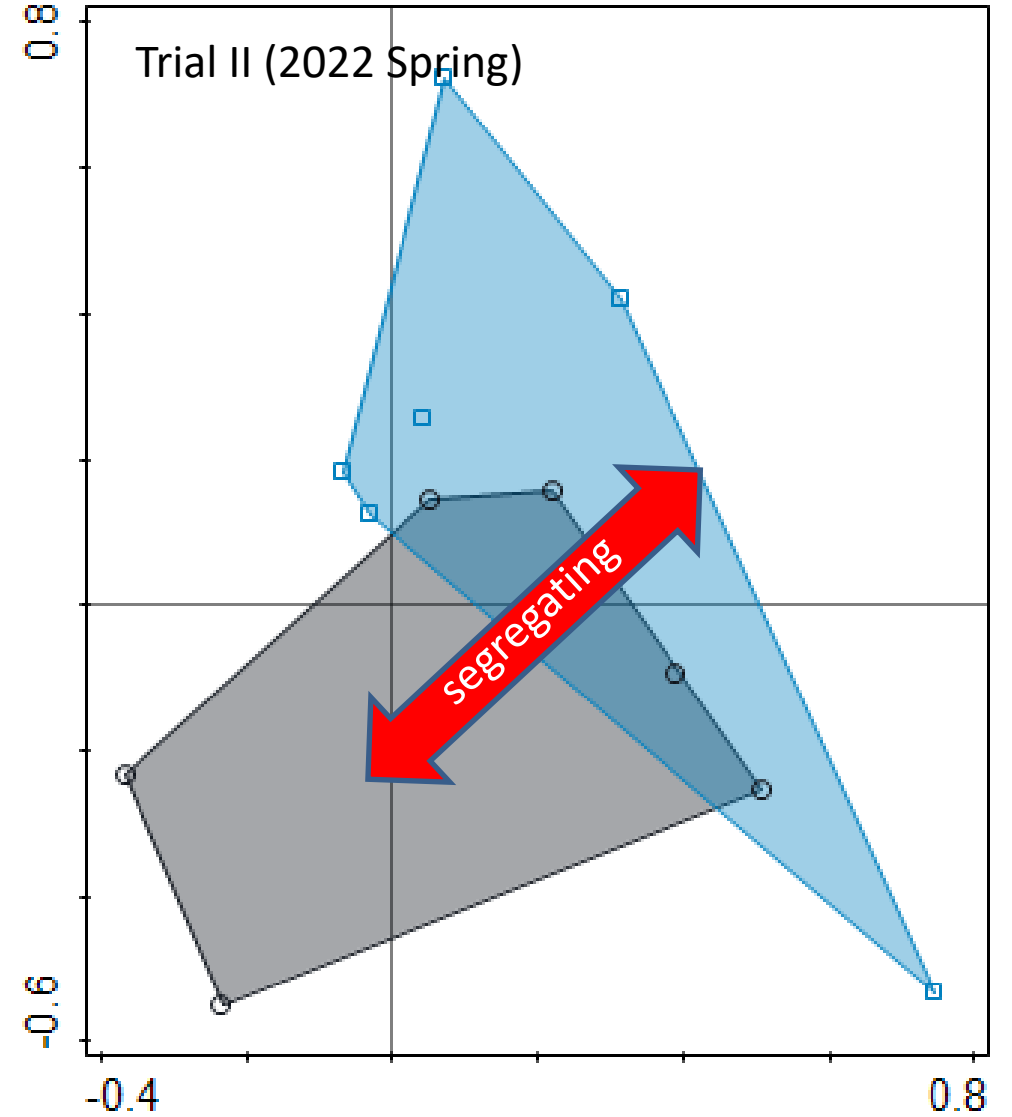


First 2 canonical axes explained 77.94% of the variance.

# Short-term Cover Cropping



# Long-term Living Mulch







### Acknowledgement

Donna Meyer  
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Kira Tobita  
Kahumana Farm



**Sustainable Pest Management Lab**  
University of Hawai'i at Mānoa,  
College of Tropical Agriculture and Human Resources



Magoon Teaching Plot where students transplanted into a solid stand of white clover following Akamai Cover Crop Mix planting strategy.

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**Any Questions?**

